

Table of Contents

Connect through Digital Art	3
Abstract	3
Glossary	4
1. Introduction	6
1.1 Presentation	6
1.2 Motivation	6
1.3 Problem	6
1.4 Objectives	7
1.5 Requirements	7
1.6 Tests	8
1.7 Report Structure	11
1.8 Summary	11
2. Background and Related Work	12
2.1 Introduction	12
2.2 Products	12
2.3 Research	14
2.4 Comparative analysis	17
2.5 Summary	18
3. Project Management	19
3.1. Scope	20
3.2. Time	20
3.3. Cost	21
3.4. Quality	23
3.5. People & Stakeholder Management	28
3.6. Communications	31
3.7. Risk	32
3.8. Procurement	34
3.8.1. Sources	34
3.8.2. Make vs. Buy Decisions	35
3.8.3. Cost and Schedule Control	35
3.9. Project Plan	36
3.10. Sprint Outcomes	39
3.10.1 Sprint 3 Outcome	39
3.10.2 Sprint 4 Outcome	40
3.10.3 Sprint 5 Outcome	41
3.10.4 Sprint 6 Outcome	41
3.10.5 Sprint 7 Outcome	42
3.10.6 Sprint 8 Outcome	43
3.10.7 Sprint 9 Outcome	43
3.10.8 Sprint 10 Outcome	44
3.10.9 Sprint 11 Outcome	44
3.10.10 Sprint 12 Outcome	45
3.11. Sprint Evaluations	46
3.12. Summary	48
4. Marketing Plan	49
4.1 Introduction	49
4.2. Business Idea Formulation	50
4.3. Business Model	51

4.4. Market Analysis	52
4.5. SWOT Analysis	56
4.6. Strategy	58
4.7. Marketing Programmmes	63
4.8. Summary	65
5. Eco-efficiency Measures for Sustainability	65
5.1 Introduction	65
5.2 Theoretical Framework	66
5.3 Environmental	67
5.4 Economic Evaluation and Scalability	68
5.5 Social	68
5.6 Life Cycle Assessment	69
5.7 Summary	72
6 Ethical and Deontological Concerns	72
6.1 Introduction	72
6.2 Engineering Ethics	73
6.3 Sales and Marketing Ethics	73
6.4 Environmental Ethics	74
6.5 Liability	75
6.6 Summary	75
7. Project Development	76
7.1 Introduction	76
7.2 Ideation	76
7.3 Concept	77
7.4 Design	77
7.5 Prototype	97
7.6 Tests & Results	102
7.7 Summary	106
8. Conclusions	107
8.1 Achievements	107
8.2 Limitations	108
8.3 Future Development	108
9. Acknowledgements	109
Bibliography	109

Connect through Digital Art



- Leon Gunsilius
- Paula Macias
- Giulia Vaneeckhout
- Rui Mendes
- Anna Bentzen
- Julian Bednarek

2026/02/16 22:34 · epsatisep · [0 Comments](#)

Abstract

CONNECT and share is an interactive installation designed for metro carriages that addresses the growing phenomenon of digital isolation in urban public transit. Motivated by research demonstrating that perceived overcrowding increases loneliness while shared sensory experience reduces it, the project transforms the metro handrail from a passive structural element into an active interface for collective interaction.

The system operates across two phases. In Phase 1, Velostat pressure sensors embedded in handrail poles detect passenger grip and transmit events via a CAN bus network to a central ceiling node, which drives a WS2813 addressable LED strip to produce individual colour trails that blend across the shared ceiling. In Phase 2, a QR code near the exit doors links to a web platform where passengers can submit or read anonymous messages, with an intentional delay encouraging presence during the ride.

The hardware stack is built around ESP32-C3 microcontrollers and MCP2551 CAN transceivers, selected for their low power consumption and high electromagnetic interference immunity in the metro environment. The web platform is implemented in Next.js with a Supabase backend and an automated content moderation pipeline. A functional two-node prototype was delivered within a 100 € budget constraint.

Validation confirmed a CAN bus packet delivery ratio exceeding 99.9 %, end-to-end sensor-to-LED latency below 100 ms, and a System Usability Scale score of 86.59, placing the web interface in the Excellent category. The prototype passed all software and user-acceptance tests and most functional and performance tests. Two tests failed at the prototype stage: LED signal integrity (a logic-level mismatch) and fire-safety certification (constrained by the €100 budget): both identified as priorities for future revisions.

2026/02/16 22:31 · epsatissep · [0 Comments](#)

Glossary

Abbreviation	Description
3-V	Three-Value framework (Customer, Collaborator, Company value)
4Cs	Customer value, Cost, Convenience, Communication (marketing framework)
4Ps	Product, Price, Place, Promotion (traditional marketing mix)
6-V	Six-Value Framework (Value Exchange model)
ABS	Acrylonitrile Butadiene Styrene
ADC	Analog-to-Digital Converter
ADP	Abiotic Depletion Potential
AI	Artificial Intelligence
B2B	Business-to-Business
B2G	Business-to-Government
BoM	Bill of Materials
CAD	Computer-Aided Design
CAN	Controller Area Network
CANH	CAN High (differential bus line)
CANL	CAN Low (differential bus line)
CED	Cumulative Energy Demand
CSR	Corporate Social Responsibility
DC	Direct Current
ECMD	Electromagnetic Compatibility Directive
EMI	Electromagnetic Interference
EPS	European Project Semester
EU	European Union

Abbreviation	Description
FPS	Frames Per Second
GDPR	General Data Protection Regulation
GND	Ground
GPSD	General Product Safety Directive
GWP	Global Warming Potential
HTTP	Hypertext Transfer Protocol
I2C	Inter-Integrated Circuit
IC	Integrated Circuit
IEEE	Institute of Electrical and Electronics Engineers
IoT	Internet of Things
IP	Ingress Protection
ISEP	Instituto Superior de Engenharia do Porto
ISO	International Organization for Standardization
KPI	Key Performance Indicator
LED	Light-Emitting Diode
LSHF	Low Smoke Halogen Free
LVD	Low Voltage Directive
MCU	Microcontroller Unit
MD	Machinery Directive
ML	Machine Learning
NGO	Non-Governmental Organization
OVP	Optimal Value Proposition
PA	Polyamide
PC	Polycarbonate
PCB	Printed Circuit Board
PDCA	Plan-Do-Check-Act
PDR	Packet Delivery Ratio
PESTEL	Political, Economic, Social, Technological, Environmental, Legal
PLA	Polylactic Acid
PMBOK	Project Management Body of Knowledge
QR	Quick Response (code)
RED	Restriction of Hazardous Substances in Electrical and Electronic Equipment Directive
RGB	Red, Green, Blue
ROI	Return on Investment
RX	Receive (data line)
SDG	Sustainable Development Goal
SI	International System of Units (Système International)
SUS	System Usability Scale
SWOT	Strengths, Weaknesses, Opportunities, Threats
TX	Transmit (data line)
UART	Universal Asynchronous Receiver-Transmitter
UAT	User Acceptance Testing
USB	Universal Serial Bus
UX	User Experience

Abbreviation	Description
VCC	Voltage at the Common Collector
VOC	Volatile Organic Compound
WBS	Work Breakdown Structure
WEEE	Waste Electrical and Electronic Equipment (Directive)

2026/02/16 22:32 · epsatisep · [0 Comments](#)

1. Introduction

1.1 Presentation

This project was developed through an international collaboration between six students representing diverse European academic backgrounds. By integrating technical engineering with creative design, the project seeks to bridge the gap between digital arts and human interaction. As detailed in Table 1, this multidisciplinary approach is foundational to ensuring the resulting solution is sustainable, inclusive, and optimized for public engagement.

Table 1: Project Contributors

Name	Studies	Location
Anna Bentzen	Applied Computer Technology	Norway
Giulia Vaneekhouth	Product Development	Belgium
Julian Bednarek	Computer Science	Poland
Leon Gunsilius	Interactive Media	Germany
Paula Macias	Industrial Organization Engineering	Spain
Rui Mendes	System's Engineering	Portugal

1.2 Motivation

The selection of digital art as the project’s primary theme resulted from an evaluation of various sectors, including healthcare and general well-being. While these initial areas were considered, digital art was ultimately identified as the optimal intersection for the group's diverse expertise. This theme provided a unique synergy between the creative methodologies of the design-oriented members and the technical competencies of the computer science enthusiasts. By leveraging the convergence of artistic expression and digital innovation, the project transitioned from a theoretical concept to the development of an interactive installation designed to foster meaningful public engagement.

1.3 Problem

Although modern public transit systems (particularly metropolitan rail networks) are characterized by high physical density, they frequently function as spaces of significant social isolation. This

phenomenon of collective detachment is driven by two primary factors:

Passive Digital Consumption: Passengers often utilize mobile devices as a primary strategy to mitigate the environmental stressors of crowded transit. This reliance on personal screens facilitates a transition from a shared public journey into a repetitive, solitary experience, a process often described as “digital escapism”.

The Anonymity of the “Non-Place”: Following Marc Augé’s theory of “Non-Places” , the metro is frequently perceived as a purely functional void, a transitional space to be endured rather than experienced. Current transit architectures lack the sensory stimuli required to encourage environmental presence or spontaneous interpersonal interaction. Consequently, these environments represent missed opportunities for community engagement and the promotion of collective mental well-being [1].

This project addresses the deficit of meaningful physical engagement by proposing an immersive, shared environment that challenges the habitual over-reliance on personal technology.

1.4 Objectives

The primary objective of this project is to redefine the metropolitan transit environment by transitioning it from a purely functional corridor into a participatory space. To achieve this, the project focuses on the following four goals:

Mitigate Digital Isolation: To provide tangible, real-world stimuli that incentivize passengers to decrease reliance on mobile devices during transit.

Humanize the Transit Environment: To transform passive, anonymous commutes into human-centered experiences through the integration of interactive sensory design.

Facilitate Collective Agency: To utilize synchronized light and sharing of life lessons via anonymous messages to demonstrate how individual physical presence contributes to a larger, collaborative environmental state.

Promote Environmental Presence: To encourage mindfulness and spatial awareness, ensuring that the commute results in a unique user narrative rather than a standard, repetitive transit cycle.

1.5 Requirements

To ensure compliance with European industrial standards and safety protocols, the project must adhere to the following regulatory framework:

1.5.1 Regulatory and Standard Requirements

The system shall be designed and documented in accordance with the following European Union (EU) Directives:

- **Electromagnetic Compatibility Directive (2014/30/EU):** Ensuring the system does not

interfere with metro signaling or communication.

- **Low Voltage Directive (2014/35/EU):** Governing electrical safety for components operating within specific voltage ranges.
- **Machinery Directive (2006/42/EC):** Applied to the mechanical integration of interactive handrails.
- **Radio Equipment Directive (2014/53/EU):** For any wireless data transmission components.
- **RoHS Directive (2011/65/EU):** Restricting the use of hazardous substances in electronic hardware.
- **Technical Standards:** Mandatory use of the International System of Units (SI) and a preference for open-source software architectures to ensure transparency and scalability.

1.5.2 Functional and Experiential Requirements

- **Universal Accessibility:** The interface shall require no prior instruction or specific language proficiency, ensuring inclusivity for all demographic groups.
- **Interpersonal Connectivity:** The system must utilize shared sensory feedback to actively mitigate digital isolation and promote social interaction among passengers.
- **Asynchronous Narrative (Digital Storytelling):** The installation shall include a Quick Response (QR)-based platform near exit points to facilitate the possibility for users to send and read messages anonymously, creating a temporal link between passengers.
- **Environmental Sustainability:** Material selection and power consumption must prioritize ecological impact and long-term durability in high-traffic environments.

1.5.3 Technical and Hardware Requirements

- **System Architecture:** The hardware stack shall consist of a centralized power supply, a microcontroller unit (MCU), distributed input sensors, and synchronized output modules.
- **Sensor Integration:** The system shall utilize tactile inputs (pressure, heart rate) integrated directly into the metro's physical infrastructure.
- **Real-time Feedback:** Visual (Light-Emitting Diode (LED)) and auditory (sound) outputs must respond with sub-perceptual latency to user interaction.
- **Structural Integration:** Existing metro handrails shall be replaced or modified with translucent housings containing embedded sensor-LED arrays.
- **Visual Logic:** The system must support multi-user light propagation, where individual touchpoints generate unique color pulses that travel vertically and blend on the ceiling to represent collective interaction.

1.6 Tests

The goal of this project is to create a working prototype of a Distributed Smart Lighting System for public transportation. This system enhances the passenger experience by providing interactive visual feedback through addressable LEDs, triggered by touch-sensitive poles equipped with Velostat sensors. By utilizing a Controller Area Network (CAN) Bus network, the system ensures high-reliability communication across the metro car, even in environments with high electromagnetic interference (EMI).

The primary objective of this project is to deliver a functional and robust prototype. To guarantee its performance and safety in a railway-simulated environment, several tests must be conducted. Each

test is outlined below, including the specific Evaluation Methodology used to verify the results.

Functionality Tests:

(FT-01) Velostat Touch Detection: Connect the sensor node to a PC and monitor the Analog-to-Digital Converter (ADC) output via the Serial Plotter. Apply varying hand pressures to ensure the signal changes linearly and triggers the intended software threshold.

(FT-02) CAN Bus Communication: Implement a packet-counter script where the Pole Node sends 1000 sequential messages. The Ceiling Node will log received IDs to calculate the Packet Delivery Ratio (PDR), with a target of > 99.9 %.

(FT-03) LED Visual Response: Trigger the sensor and visually inspect the LED strip for color accuracy (Red, Green, Blue (RGB) values), ensuring no “dead pixels” or flickering occur during the animation cycle.

(FT-04) Sensitivity Calibration: Manually rotate the onboard potentiometer while applying a constant light touch. The test is successful if the trigger threshold can be adjusted to ignore vibrations while still detecting a deliberate touch.

(FT-05) Power Management: Use a high-voltage laboratory power supply set to 72 V and 110 V Direct Current (DC). Use a multimeter to verify that the Buck Converter output remains at a stable 5.0 V ($\pm$ 0.1 V) under full LED load.

Performance Tests:

(PT-01) System Response Time: Record the interaction using a high-speed camera (240 Frames Per Second (FPS)). Count the frames between the initial hand-to-sensor contact and the first LED illumination to calculate total latency (Target: < 100 ms).

(PT-02) EMI Noise Resistance: Operate a brushed DC motor (simulating metro traction noise) within 10 cm of the CAN wiring and Velostat sensor. Monitor the system for “ghost triggers” or communication resets.

(PT-03) Thermal Performance Methodology: Activate the LEDs at 80 % brightness for 4 h in a non-ventilated environment. Use an infrared thermometer to measure the enclosure surface temperature every 30 min (Target: < 50 °C).

(PT-04) Voltage Drop Methodology: With the strip at full white brightness, measure the voltage at the Voltage at the Common Collector (VCC) pin of the very last LED using a multimeter. Ensure it remains above 4.7 V to prevent color distortion.

(PT-05) Long-term Durability: Use an automated mechanical actuator (or repeated manual cycles) to trigger the sensor 1000 times. Inspect the Velostat “sandwich” for delamination or loss of electrical sensitivity.

Software & Simulation Tests:

(ST-01) Components Integration Simulation: Import 3D models of the Printed Circuit Boards (PCBs) and converters into a Computer-Aided Design (CAD) environment (e.g., Fusion 360). Check for mechanical interferences and ensure a minimum 5 mm clearance between high-voltage and low-voltage traces.

(ST-02) CAN Bus Logic Simulation: Use a network simulator or a dual-MCU breadboard setup to force “data collisions” by sending messages from two nodes simultaneously. Verify that hardware arbitration correctly prioritizes the higher-priority ID.

(ST-03) Animation Algorithm: Run the LED code in a simulator (e.g., Wokwi) for 24 h to check for memory leaks or buffer overflows that could lead to software hanging.

(ST-04) Fault Detection: Physically disconnect the CAN High (CANH) wire during operation. The software must detect a “Heartbeat Timeout” within 500 ms and switch the LEDs to a static “Safety White” mode.

Safety Tests:

(SF-01) Electrical Safety: Perform a continuity test between the aluminum enclosure and the system Ground (GND) using a multimeter. Resistance must be $< 0.1 \Omega$ to ensure proper earthing.

(SF-02) Mechanical Safety: Conduct a tactile sweep test. Run a gloved hand over all surfaces and seams of the enclosure to ensure no sharp edges or protruding screws are present.

(SF-03) Fire Safety: Review the manufacturer datasheets for all cables and 3D filaments used. Verify they carry a V-0 (UL94) flammability rating or Low Smoke Halogen Free (LSHF) certification.

(SF-04) Vandalism Resistance: Attempt to peel the sensor off the pole using fingers. Apply a 5 kg impact to the sensor area and verify that the electrical housing remains intact and functional.

(SF-05) Ingress Protection (IP): Lightly spray the enclosure with a fine mist of water (simulating cleaning fluids). Open the box after 5 min to inspect for any moisture ingress near the electronic components.

User Acceptance Testing (UAT):

(UAT-01) Trigger Intuitiveness: Observe 5 non-technical users. Ask them to “activate the interaction” without explaining where the sensor is. More than $> 80 \%$ of users need to identify the pole sensor as the interaction point within 5 s.

(UAT-02) Visual Comfort (Glare Test): Users sit in a “metro seat” 1 m away from the LEDs. Cycle through all colors at max brightness. Users report no eye strain or “dazzle” effect (blinding light).

(UAT-03) Feedback Clarity: Ask users what the light animations signify (e.g., “What does the pulsing blue mean to you?”). Users correctly associate the animation with “System Active” or “Input Received”.

(UAT-04) Ergonomics (Touch Height/Force): Test with users of different heights and hand strengths. All users can comfortably trigger the system regardless of their physical stature.

The testing framework defined in this chapter ensures the transition of the System from a concept to a robust prototype. By addressing EMI, thermal management, and passenger safety, these protocols guarantee that the CAN Bus architecture and Velostat sensing are reliable, scalable, and ready for real-world deployment in public transportation.

1.7 Report Structure

Below we can find in Table 2 the main structure of the report and a short description of every chapter.

Table 2: Report Structure

Chapter	Title	Description
1	Introduction	A comprehensive look at the team’s vision, the core problem we are solving, and the specific technical goals and success criteria for this iteration.
2	Background and Related Work	An evaluative review of current market solutions, identifying gaps in existing research and how our approach differentiates itself.
3	Project management	A breakdown of the operational framework, including the selected development methodology, team roles, and resource allocation.
4	Marketing plan	A targeted plan for market positioning and user engagement, derived from an updated analysis of current industry trends.
5	Eco-efficiency measures for sustainability	Strategies for reducing the project's ecological footprint and an evaluation of the solution’s long-term environmental viability.
6	Ethical and Deontological concerns	A critical examination of the ethical dimensions of our work, focusing on societal impact and deontological standards.
7	Project Development	An in-depth technical walkthrough of the prototype’s architecture, hardware/software components, and the integration process.
8	Conclusions	A final assessment of the project’s outcomes against our initial goals, including a roadmap for future iterations.
9	Bibliography	A curated list of academic, technical, and industry sources that informed the project’s development.

1.8 Summary

Chapter 1 has shown us what CONNECT and share is about. The places where people wait are not really places where people connect with each other. We want to make sure that people can have a shared experience with eachother when they are using the Porto Metro.

We are going to use technology to create digital art to make this happen.

Now that we know what we want to do with CONNECT and share we need to look at similar projects and products that already exist offers. The next chapter will provide background research for the loneliness issue, similar projects and research about the planned components for the final product. We will look at what already exists and what we can learn from it to make CONNECT and share.

2026/02/16 21:05 · epsatisep · [0 Comments](#)

2. Background and Related Work

2.1 Introduction

This chapter presents the background research done to develop CONNECT and share. It covers:

- **Interactive urban light installations:** Public art installations that respond to human presence in real time, where strangers collectively shape a shared visual environment through light and colour.
- **Community stories:** Projects that use everyday technology to connect strangers in a shared space through participation and co-creation.
- **Participatory public art:** Research into design principles that create a sense of connection between strangers in shared spaces.
- **Research:** Academic studies and technical documentation covering loneliness in urban environments, velostat as a pressure-sensing material, the ESP32 microcontroller family, CAN bus communication and addressable LED components.
- **Comparative analysis:** A structured overview of the products, installations, and sources reviewed in this chapter, summarising their relevance to CONNECT and share.

2.2 Products

2.2.1 Interactive urban light installations

Kinetic particles is an interactive art installation that connects human physical movement with digital projections [2]. By using cameras and deep learning technology, the system tracks the body movements of performers and audience members in real-time, as illustrated in Figure 1. This tracking data is then used to control words and letters that are projected onto the walls of the room. When people move, their gestures (like the speed of their wrists) act like a force that pushes the projected text around, turning the words into moving particles. The project is designed to be an immersive experience where multiple people can explore the connection between their physical actions and the digital environment, allowing them to collaborate and interact with each other. This article is highly relevant to our research because both projects use technology to create a shared, physical experience rather than isolating people. In the “Kinetic particles” installation, multiple spectators can simultaneously interact with an immersive digital environment. The authors note that this collective setup invites people to collaborate and synchronize their movements. This directly connects to our idea of blending passengers' light colors in the metro. Additionally, the project demonstrates that giving intuitive, real-time visual feedback based on physical actions creates a lively and organic interaction. We can use these findings as proof that interactive design can effectively pull people out of their digital bubbles and connect them with strangers.



Figure 1: Kinetic Particles installation: text particles responding to audience movement [3]

2.2.2 Community stories

This article describes the project Keitai Trail in which researchers used mobile phones to collect and link personal stories from people in public spaces [4]. During an art festival, the researchers made a workshop, seen in Figure 2. Here participants recorded short videos based on a specific question-and-answer game. Each person answered a question from a previous participant, shared a short story, and then posed a new question for the next participant. All these connected stories were then projected onto a large screen so that participants could view the entire network of videos. The aim was to change users' mindsets by using everyday mobile phones as creative means of expression rather than just for one-way communication [5].

This research is relevant to our project because it demonstrates how technology can be used to collect stories from strangers and connect them in a shared environment. Similar to our concept with QR codes and anonymous messages in the underground, this project utilise an everyday device to lower the threshold for participation and capture human experiences in an “expression mode”. The authors show that providing a clear structure, such as answering a question from a predecessor, acts as an incentive to help people share their thoughts. Furthermore, making these connections visible helps participants understand that their own story has an impact on the bigger picture and that they are part of the world around them. We can use this insight to substantiate that our installation and web application featuring messages will indeed offer travelers a sense of community and connection.



Figure 2: Project installation [6]

2.2.3 Participatory Public Art

This article outlines the evolution of materials used in public art and how new technologies have led to interactive and participatory installations [7]. The authors categorize art forms into static, dynamic, interactive, and participatory levels. In participatory forms, artists do not just create a final object; they design a platform that grows through the creative input of the public. The paper highlights several design cases to illustrate this concept. One example is “Strijp-T-ogether”, an installation designed for a creative industrial area. It uses a mobile app where users can draw or add graphics to a photo of the main hall. These additions are then projected into the physical space and appear on other users' phones, encouraging people to react to each other's drawings and stimulating social interaction among individuals from different companies (see Figure 3). Another example, “Leave Your Mark”, uses projection mapping and a live camera feed to connect two different locations in a city, allowing a person walking by to see a stranger “drawing” on the installation elsewhere, aiming to increase feelings of inclusion and connectedness. This article is relevant to CONNECT and share because it provides a theoretical framework for participatory public art. The examples demonstrate that combining a physical environment with a digital, co-creative layer can foster social interaction between strangers in a shared space. This supports the argument that CONNECT and share's approach, where passengers collectively shape a visual environment through touch follows an established design principle for creating a sense of shared presence.



Figure 3: Strijp-T-together installation: participants co-creating a shared digital environment through a mobile app [8]

While these installations demonstrate how interactive systems can foster shared experiences, they rely on large-scale sensing technologies such as cameras and projection systems. In contrast, CONNECT and share translates these principles into a distributed embedded system suitable for a metro environment, using touch-based sensing, microcontrollers, and LED feedback.

2.3 Research

2.3.1 Loneliness in public spaces

A central motivation behind CONNECT and share is the observation that people in dense urban environments such as metro carriages, often feel more disconnected from those around them, not less. This paradox is supported by the research article “Lonely in a crowd” [9], who investigated the real-time relationship between loneliness and the social environment, published in Scientific Reports. Using a smartphone-based assessment method, 756 participants across multiple countries reported their momentary feelings of loneliness up to three times daily over 14 days, alongside observations about their immediate environment [10].

The study found that perceived overcrowding was positively associated with loneliness (OR: 1.39), meaning that being surrounded by many people did not reduce feelings of isolation, it increased them. In contrast, perceived social inclusivity, defined as feeling welcome, feeling that others would help you, and sensing shared values with those nearby, was significantly associated with lower loneliness (OR: 0.79). Contact with nature similarly reduced loneliness (OR: 0.72), and the two effects amplified each other when combined [11].

The findings from this study highlights the problem we want to solve with our project. They suggest that placing people in proximity to one another is not enough to create a sense of belonging, what matters is whether people feel acknowledged and included by those around them [12]. We aspire to address this by creating a shared experience that makes the presence of fellow passengers visible and meaningful, without requiring explicit social interaction. Rather than demanding conversation or eye contact, it uses light as a medium to signal to passengers that they are part of a collective moment.

It should be noted that the study has limitations. The sample was self-selected and the main

participants was educated, middle-aged, Caucasian participants, which limits how broadly the findings can be generalized. Loneliness was also measured with a single survey item, and the study is observational, meaning the associations found do not establish causation. Still, the core finding, that overcrowding increases loneliness while perceived inclusivity reduces it, provides a meaningful theoretical basis for our project.

Despite these limitations, the finding by Hammoud et al. that perceived overcrowding increases loneliness (OR: 1.39) while inclusivity reduces it (OR: 0.79) directly shaped CONNECT and share's output design. We operationalized this by projecting color across the shared ceiling rather than limiting feedback to a single pole, ensuring each passenger's presence is visible to the entire carriage.

2.3.2 Microcontroller

The decision to use a microcontroller from the ESP32 family is supported by a comparative analysis of microcontroller platforms for the Internet of Things (IoT) and embedded systems [13]. The study evaluates the ESP32 against comparable boards and concludes that its combination of low cost, low power consumption, and compatibility with the Arduino development environment makes it well suited for sensor-driven embedded applications.

In CONNECT and share, the system is distributed across two types of nodes: sensor nodes embedded in each handrail pole, and a central ceiling node that drives the LED strip. Each node handles one task: either reading pressure input from the velostat sensor, or sending colour signals to the LED strip. A single-core microcontroller is sufficient for this, as no parallel processing is required at the node level. The ESP32 microcontroller can handle multiple tasks simultaneously [14], which is not necessary for our project. Therefore we use the WEMOS mini, a development board based on the ESP32-C3 is used for this. It is a single-core RISC-V variant in the ESP32 family. This was chosen due to its compact form factor and lower power consumption compared to the dual-core original [15].

The Arduino-compatible development environment shared across the ESP32 family is a practical advantage for our multidisciplinary student team, as it is «beginner-friendly» and have several libraries for both sensor input and LED control [16].

Maier et al. confirmed that the ESP32-C3 offers sufficient processing capacity for single-task embedded nodes at low power. In CONNECT and share, each Sensor Node performs only ADC polling and CAN transmission, while the Central Node only processes incoming CAN frames and drives LED output. No parallel processing is required at either node, making the single-core WEMOS C3 Mini the appropriate and cost-effective choice.

2.3.3 Velostat sheet

The decision to use velostat sheets for touch detection in the handrails of CONNECT and share is grounded in established research on flexible piezoresistive materials. Velostat is a polyethylene-carbon composite material that changes its electrical resistance in response to applied pressure. When compressed, the resistance decreases, producing a measurable electrical signal [17]. Dzedzickis et al. evaluated the mechanical and electrical characteristics of velostat as a tactile sensor material, testing it under static, long-term, and cyclic load conditions.

The results confirm that velostat produces consistent, repeatable signals across multiple loading cycles, and that it can be implemented using a simple electrode pair [18]. These properties make it

well suited for CONNECT and share, where the sensor must reliably detect the pressure of a passenger gripping a handrail and produce a signal the ESP32 can read.

A practical advantage of velostat for this application is its flexibility. The material is thin and can conform to curved surfaces such as a handrail without requiring rigid mounting. One limitation noted in the research is that velostat's response is not perfectly linear and may drift slightly under repeated use [19]. To account for this, the sensor node includes a 10 k Ω potentiometer that allows the sensitivity to be manually adjusted during prototyping until reliable detection is achieved.

Velostat is not perfectly linear and its sensitivity shifts with repeated use, as Dzedzickis et al. documented under cyclic loading conditions. The Sensor Node PCB addresses this directly: a 10 k Ω potentiometer on the board lets the sensitivity threshold be tuned physically during installation, without touching the firmware, which matters when grip pressure varies significantly between passengers.

2.3.4 CAN Bus and MCP2551 transceiver

CONNECT and share uses a distributed node architecture: each handrail pole contains an independent sensor node, and a central node at the ceiling receives their signals and controls the LED strip. Coordinating these nodes requires a communication protocol that can handle multiple transmitters on a shared line and remain reliable in an electrically noisy environment.

CAN (Controller Area Network) is a serial communication protocol originally developed for automotive applications, where multiple electronic control units must communicate reliably despite high levels of electrical interference [20]. It is standardised under ISO 11898 and is widely used in embedded systems beyond the automotive industry, including industrial and building automation contexts [21]. Of particular relevance to Connect is CAN's use of differential signalling: the bus carries each signal across two lines with opposite voltages, so interference affects both lines equally and is cancelled out at the receiver [22]. This makes CAN significantly more robust against electromagnetic noise than single-ended alternatives, which is important in the context of a metro carriage.

The MCP2551 is a high-speed CAN transceiver developed by Microchip Technology that implements the physical layer of the ISO 11898 standard [23]. It acts as the interface between the microcontroller's digital Transmit (TX) / Receive (RX) pins and the differential CAN bus line. One unit is placed at each node both the sensor nodes in the poles and the central ceiling node.

A metro carriage is electrically hostile. Traction motors and power converters produce continuous EMI that would corrupt single-ended protocols like Inter-Integrated Circuit (I2C) or Universal Asynchronous Receiver-Transmitter (UART). Bozdal et al. document exactly this weakness in non-differential bus architectures, which is why Connect uses CAN throughout.

2.3.5 WS2812B addressable LED strip

The WS2812B is an individually addressable RGB LED component that integrates the control circuit and the RGB emitter into a single 5050-format package [24]. Each unit contains a built-in driver IC that receives colour data, applies it to its own output, and passes the remaining data to the next unit in the chain via a single data line. This daisy-chain architecture means the entire ceiling strip can be controlled from one digital output pin on the microcontroller [25].

Individual addressability is essential for CONNECT and share's core interaction: each passenger's contact with a handrail must produce a distinct colour that travels visibly up the pole and merges with others across the ceiling. The WS2812B supports 256 brightness levels per colour channel, giving a total of approximately 16.7 million possible colours [26].

The strip is compatible with the FastLED library available in the Arduino development environment, which is consistent with the microcontroller platform used across the rest of the system.

CONNECT and share consists of multiple distributed sensor nodes embedded in handrails, each detecting passenger interaction through velostat sensors. These nodes communicate via a CAN bus network to a central controller located in the ceiling, which drives an addressable LED strip to visualise collective interaction.

The component review above evaluated the WS2812B. During implementation, the project adopted the WS2813, an enhanced variant that adds a redundant backup data line, so a single failed LED does not interrupt the rest of the strip. All subsequent hardware, power, and prototype sections refer to this part.

2.4 Comparative analysis

The sources reviewed in this chapter fall into two groups: installations and products that are relevant to the design of Connect, and research or technical literature that informs the component choices. These are summarised in table 3 and table 4.

The three installations in 3 each highlight something relevant to Connect. Kinetic Particles shows that giving people real-time visual feedback based on their physical actions can pull them into a shared experience. Keitai Trail shows that people are more willing to participate when the interaction uses something familiar, like a phone. Strijp-T-together is the closest to what Connect is trying to do: it shows that adding a co-creative digital layer to a physical space can get strangers to interact in a meaningful way.

In 4, the study by Hammoud et al. is the main theoretical motivation for the project. It shows that being surrounded by people does not make you feel less lonely, what matters is whether you feel noticed and included. The other entries in the table are more technical. Maier et al. informed the choice of microcontroller platform, Dzedzickis et al. supports the use of velostat for detecting grip pressure, and Bozdal et al. explains why CAN bus is a good fit for a system that needs to stay reliable in an environment with a lot of electrical noise. The MCP2551 and WS2812B datasheets document the specific components used for the CAN bus connection and the LED output.

Table 3: Products & Installations

Category	Technology/Medium	Interaction Type	Core Focus	Relevance to Connect
Kinetic Particles	Cameras, deep learning, digital projections	Real-time physical movement	Connecting physical movement with a digital environment	Proves that real-time visual feedback pulls people out of their digital bubbles

Category	Technology/Medium	Interaction Type	Core Focus	Relevance to Connect
Keitai Trail	Mobile phones, large projection screens	Asynchronous (recording Q&A videos)	Collecting and linking personal stories	Supports the use of everyday devices to foster a sense of community
Participatory Installations (Strijp-T-ogether)	Mobile apps, projection mapping, live camera feeds	Real-time and asynchronous digital co-creation	Stimulating social interaction through a shared platform	Provides a theoretical framework for passengers co-creating their metro environment

Table 4: Research & Technical Literature

Category	Method	Key Finding	Relevance to Connect
Hammoud et al. – Lonely in a Crowd	Smartphone-based ecological momentary assessment	Overcrowding increases loneliness; perceived inclusivity reduces it	Confirms the problem Connect aims to address
Maier et al. – ESP32	Comparative analysis of microcontrollers for IoT	ESP32 family offers low cost, low power consumption, and Arduino compatibility for embedded applications	Justifies the choice of the WEMOS C3 mini for the sensor and ceiling nodes
Dzedzickis et al. – Velostat	Mechanical and electrical testing under static, long-term, and cyclic load conditions	Velostat produces consistent, repeatable signals and can be implemented with a simple electrode pair	Justifies the use of velostat sheets for pressure detection in the handrails
Bozdal et al. – CAN Bus	Survey of CAN protocol properties and security	CAN's differential signalling provides strong immunity to electrical noise and interference	Justifies the use of CAN bus for communication between nodes in a metro environment
Microchip Technology – MCP2551	Component datasheet	Implements the ISO 11898 physical layer, acting as the interface between microcontroller and CAN bus	Justifies the choice of transceiver for each node in the system
WorldSemi – WS2812B	Component datasheet	Individually addressable RGB LED with integrated driver, controllable via a single data line	Justifies the choice of LED component for producing distinct, blendable colours on the ceiling

2.5 Summary

This chapter has reviewed existing installations, research, and technical literature relevant to CONNECT and share. Kinetic Particles and Strijp-T-ogether demonstrate that physical interaction driving real-time visual feedback can create a genuine sense of shared presence between strangers,

while Keitai Trail shows that lowering the participation threshold through familiar everyday actions produces stronger community engagement. Both observations informed the two-phase structure of CONNECT and share: immediate ambient light response in Phase 1, and the web application where passengers can send messages anonymously in Phase 2.

Hammoud et al. establish the social motivation: that one needs to feel engaged with people around you to reduce the feeling of loneliness. That finding provide more than context for CONNECT and share, it is the reason the light output targets the shared ceiling rather than the individual pole, and why the blending of multiple passengers' colors is the central mechanic rather than a secondary feature.

The technical decisions is backed by research. Velostat handles pressure detection in the handrails because it is flexible, consistent under cyclic load, and manageable despite its non-linearity through the on-board potentiometer. CAN handles inter-node communication because the metro's EMI environment makes single-ended protocols unreliable. The WEMOS C3 Mini handles local processing because the node tasks are simple enough that a single-core microcontroller is sufficient and lower power. The WS2812B handles ceiling output because individual addressability from one data line maps directly onto the distributed node architecture.

In the next chapter the team's work regarding project management is accounted for.

2026/02/16 21:06 · epsatissep · [0 Comments](#)

3. Project Management

This chapter details the project management methodologies and organizational frameworks applied throughout the development of the project. It outlines the team's approach to structuring, executing, and monitoring the workload using an Agile framework organized into 15 distinct sprints.

It covers:

- **Scope & Time Management:** Definition of the product and project boundaries, alongside schedule management, key milestones, and visual timelines mapping project phases to deadlines.
- **Cost & Quality:** An overview of the budget allocation, financial tracking (planned versus effective costs), and the quality metrics and thresholds established to evaluate project deliverables.
- **People, Stakeholders & Communications:** Identification of team roles, responsibilities, stakeholder engagement strategies, and the internal communication channels that guided the group.
- **Risk & Procurement:** The identification, analysis (quantitative and qualitative), and mitigation of product and project-level risks, alongside sourcing strategies and make-versus-buy decisions.
- **Project Plan:** A structural breakdown of the project timeline, detailing the Global Sprint Plan, the comprehensive Project Backlog, and the distribution of Epics across the project lifecycle.
- **Sprint Outcomes & Evaluations:** A review of sprint backlogs, planned capacity versus achieved velocity, and summaries of sprint retrospectives that drove the team's continuous improvement strategy.

3.1. Scope

Defining the scope of CONNECT and share is essential for keeping our efforts focused on the project's objectives: reducing digital isolation and enhancing the passenger experience within the Metro do Porto. By mapping out exactly what is included in the project, we can prevent scope creep and ensure every team member understands the roadmap from conceptualization to final development.

The Work Breakdown Structure (WBS) seen in the Figure 4 illustrates how we have divided the project into manageable phases and specific deliverables.

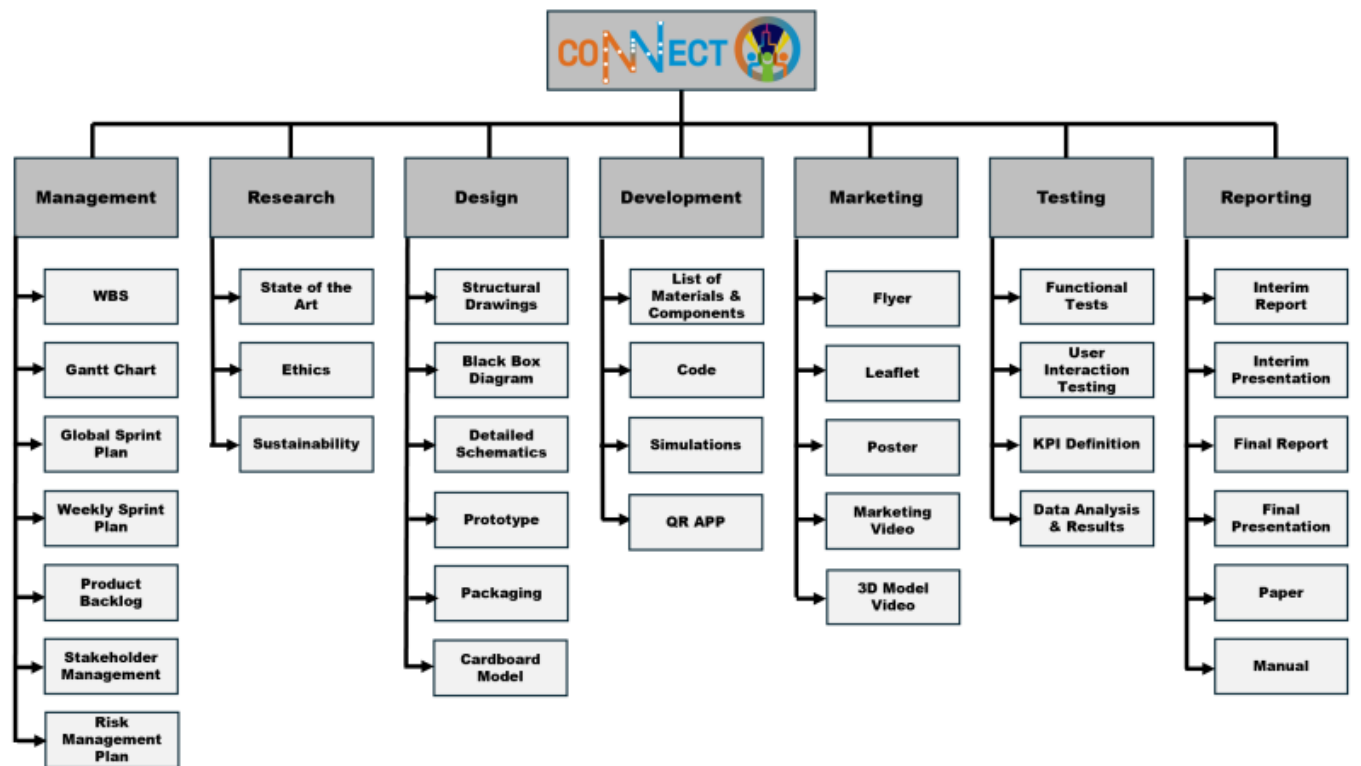


Figure 4: WBS

3.2. Time

The EPS teams have to complete a list of milestones to ensure project succes. The following Table 5 defines the project timeline, acting as the baseline to monitor the project's performance.

Table 5: Project Milestones

Date	Description
2026/02/28	Choose and share the team's top 3 preferred project proposals
2026/03/11	Upload the “black box” System Diagrams & Structural Drafts
2026/03/18	Upload the List of Components and Materials (what & quantity)
2026/03/21	Define the Project Backlog, Global Sprint Plan, Initial Sprint Plan and Release Gantt Chart
2026/03/25	Upload System Schematics & Structural Drawings to the wiki (Deliverables) and do the cardboard scale model of the structure
2026/04/12	Upload the Interim Report and Presentation to the wiki (Deliverables)
2026/04/16	Interim Presentation, Discussion and Peer, Teacher and Supervisor feedbacks

Date	Description
2026/04/22	Upload 3D model video to Deliverables
2026/04/29	Upload the final List of Materials (local providers & price, including VAT and transportation)
2026/05/02	Upload refined Interim Report (based on Teacher & Supervisor Feedback)
2026/05/13	Upload packaging solution to Deliverables and Report
2026/05/27	Upload the results of the Functional Tests to the Report
2026/06/13	Upload the Final Report, Presentation, Video, Paper, Poster and Manual to Deliverables
2026/06/18	Final Presentation, Individual Discussion and Assessment
2026/06/23	Update the wiki, report, paper with all suggested corrections. Hand in to the EPS coordinator a printed copy of the poster, brochure and leaflet
2026/06/25	Demonstration of the operation of the prototype and hand in the prototype and user manual to the client

The timeline reveals a strong concentration of deliverables in April and May, particularly around the interim report and prototype development phases. This required careful sprint planning to balance documentation and technical implementation tasks.

3.3. Cost

This section details both the anticipated and actual expenditures incurred during the development of the CONNECT and share prototype. Tracking financial performance against initial projections allows the team to detect inefficiencies early, justify spending decisions, and demonstrate fiscal responsibility within the constraints set by the project brief.

3.3.1. Ideal Product Cost

This section outlines the projected costs for a full-scale, production-ready deployment of CONNECT and share across a single metro carriage: 11 handrail nodes, 7 power supply units, and 3 ceiling LED strip runs.

Table 6 presents the planned ideal product hardware costs.

Table 6: Ideal product component costs (full carriage deployment).

Component	Type / Model	Qty	Unit Price (€)	Total (€)
Microcontroller	Wemos C3 mini (ESP32-C3)	11	6.20	68.20
Enclosure	PA Rail (fire-resistant, 3D printed)	2	69.30	138.60
Copper tape	Conductive adhesive, 20 mm x 20 m	15	8.86	132.90
Velostat	Piezoresistive sheet (pressure sensor)	15	7.90	118.50
CAN Transceiver	MCP2551-I/P	10	1.99	19.90
LED strip (addressable RGB)	WS2813 IP65, 60 LEDs/m, 1 m	3	30.49	91.47

Component	Type / Model	Qty	Unit Price (€)	Total (€)
Power supply	DC Step-Down 36–72 V to 12 V, 10 A, 120 W	6	24.67	148.02
Wiring, resistors	Miscellaneous passive components	1	10.00	10.00
Power supply	(5 V)	1	37.15	37.15
Delivery	—	—	—	TBC
Total				764.74

Hardware costs per carriage total 764.74 €, with the Polyamide (PA) Rail enclosure being the single most expensive line item at 138.60 € for two units, specified due to its fire-resistance properties required for compliance with metro safety standards. No equivalent Portuguese-based supplier was identified at the time of writing, with the current source located in France. At scale, per-unit hardware costs could be reduced through bulk procurement across multiple carriage deployments.

3.3.2. Prototype Cost

All components were procured through a single supplier ([Mauser](#)) to consolidate shipping and avoid duplicate delivery charges. The 3D-printed PLA enclosure was produced using university fabrication facilities, so the line item covers filament material only. Measurement and testing instruments were obtained on loan from the university laboratory, with no associated purchase cost. Table 7 presents total list and pricing of components for the prototype. Planned cost is 2,63 € below budget ceiling (100 €).

Table 7: Planned prototype component costs.

Component	Type / Model	Qty	Unit Price (€)	Total (€)
Microcontroller	Wemos C3 mini (ESP32-C3)	2	6.20	12.40
Enclosure	PLA biodegradable (3D printed)	1	13.99	13.99
CAN bus cable	2×1.0mm CCA speaker wire, 10m	1	2.20	2.20
LED strip diffuser	Opaque sliding diffuser for aluminium profile, 2m	1	3.27	3.27
Potentiometer	10 kΩ linear mono	1	0.49	0.49
Copper tape	Conductive adhesive, 50 mm × 20 m	1	17.60	17.60
Velostat	Piezoresistive sheet (pressure sensor)	2	7.90	15.80
CAN Transceiver	MCP2551-I/P	2	1.99	3.98
LED strip (addressable RGB)	WS2813 IP65, 60 LEDs/m, 2m	1	11.27	11.27
Barrel jack adapter	DC female 5.5×2.1mm screw terminal	1	0.92	0.92
Power supply	5 VDC 4 A 20 W, 5.5×2.1mm	1	11.75	11.75
Jumper cables	120-piece Dupont set M-M/M-F/F-F, 200mm	1	3.20	3.20
Resistors	Metal film 1 kΩ 0.6 W	10	0.05	0.50
Total				97.37

3.4. Quality

Quality management is needed to ensure that every deliverable meets the technical requirements and the expectations of our primary stakeholders: Porto Metro passengers and EPS coordination. Following the Project Management Body of Knowledge (PMBOK) standards, quality is managed as a continuous process rather than a final check. By defining clear metrics and verification protocols, we minimize risks and guarantee that the final prototype is safe, functional and socially impactful.

3.4.1 Quality Requirements and Metrics

To quantify the success of our work, we have established specific metrics and acceptance thresholds. As seen in Table 8 each deliverable is associated with a measurable requirement. The selected quality metrics focus on three dimensions: technical functionality, user experience, and project completeness. This ensures that CONNECT and share is not only operational, but also meaningful and usable in its intended social context.

Table 8: Quality Requirements and Metrics

WP	Deliverable (WBS)	Requirement	Quality Metric	Threshold (Acceptance)
1. Management	1.1 WBS	Organize tasks	Complete list of deliverables	All mandatory deliverables included
	1.2 Gantt Chart	Control deadlines	Approved schedule	Finalized timeline
	1.3 Global Sprint Plan	Plan sprints	Sprint dates	Approved sprint plan
	1.4 Weekly Sprint Plan	Weekly tracking	Weekly version	Updated weekly plan
	1.5 Product Backlog	Distribute workload	Jira	All active sprint tasks assigned
	1.6 Stakeholder Management	Identify key people	Stakeholder map	Closed list of stakeholders
	1.7 Risk Managemet Plan	Prevent issues	Response plan	Critical risks under control
2. Research	2.1 State of the Art	Learn from others	Market analysis	Similar solutions reviewed
	2.2 Ethics	Comply with the law	Ethics report	Standards met
	2.3 Sustainability	Environmental care	Environmental report	Materials analyzed
3. Design	3.1 Structural Drawings	Assembly clarity	Final version of drawings	Approved blueprints
	3.2 Black Box Diagram	Define connections	Block diagram	Error-free logic flow
	3.3 Detailed Schematics	Circuit design	Electronic schematic	Finished and reviewed drawing
	3.4 Prototype (CAD)	3D Design	Final digital model	Components fit correctly

WP	Deliverable (WBS)	Requirement	Quality Metric	Threshold (Acceptance)
	3.5 Packaging	Casing protection	Casing material	> 95% recyclable material
	3.6 Cardboard Model	Physical 3D “twin”	Real-scale model	Design matches 3D model
4. Development	4.1 List of Materials	Control spending	Final budget	Max. 100 € total cost
	4.2 Code	System programming	Correct operation	Code runs without error
	4.3 Simulations	PC Testing	On-screen results	Approved simulation
	4.4 QR APP	Create the link	QR Functionality	QR code works correctly
5. Marketing	5.1 Flyer	Create brochure	Visual appeal	Professional, non-pixelated design
	5.2 Leaflet	Explain the project	Message clarity	Passengers understand it instantly
	5.3 Poster	Design poster	Impact on the Metro	Visible colors and CONNECT and share logo
	5.4 Marketing Video	Record promotion	Promo quality	Fluid image and engaging message
	5.5 3D Model Video	Show the interior	Technical fidelity	Internal mechanism is clearly visible
6. Testing	6.1 Functional Tests	Test operation	Test results	System is fully functional
	6.2 User Interaction	Test with people	User opinion	Positive user feedback
	6.3 KPI Definition	Set goals	Success definition	Project targets fixed
	6.4 Data Analysis	Analyze results	Data charts	Analyzed and clear data
7. Reporting	7.1 Interim Report	Mid-term report	Wiki chapters	Approved draft
	7.2 Interim Pres.	Present progress	PowerPoint presentation	Presentation performed
	7.3 Final Report	Final report	Final Wiki document	All required chapters finalized
	7.4 Final Pres.	Final defense	Project defense	Final presentation performed
	7.5 Paper	Write article	Paper format	Finished article
	7.6 Manual	User guide	Instructions for use	Easy-to-follow guide

To quantify the success of our work at the product level, we have established specific metrics and acceptance thresholds for the physical and digital architecture of CONNECT and share. As seen in Table 9, each technical subsystem and deliverable is associated with a measurable requirement. The selected quality metrics focus on three dimensions: hardware stability, network communication, and software performance. This ensures that the CONNECT and share prototype is not only operationally sound under railway simulation constraints but also structurally safe and robust for real-world user interaction.

Table 9: Product Quality Requirements and Metrics

WP	Deliverable (WBS)	Requirement	Quality Metric	Threshold (Acceptance)
3. Design	3.1 Main Ceiling Housing	Anchoring and PCB protection	Geometric dimensional accuracy	Physical parts stay within ± 1 mm of CAD model
	3.2 Pole Secondary Node	Isolate internal components	Localized structural tension	Stress below 10% of yield strength under 100N load
	3.3 Enclosure Materials	Comply with railway fire safety	Flammability certification	V-0 (UL94) / LSHF compliance under EN 45545-2
4. Development	4.1 Central Node PCB	Regulate node power supply	Voltage stability under full load	Output voltage stays at $5.0\text{ V} \pm 0.1\text{ V}$
	4.2 Sensor Node PCB	Condition Velostat input	Analog baseline voltage	Absolute 0 V baseline with stable 2.2 k Ω pull-down
	4.3 LED Strip Array	Drive digital lighting array	Signal noise margin (VIH)	Amplitude $\geq 3.5\text{ V}$ to prevent data line flickering
	4.4 CAN Bus Network	Broker distributed node data	Packet Delivery Ratio (PDR)	$\geq 99.9\%$ frame delivery over 1000 messages
	4.5 Interaction Firmware	Implement low-power states	Standby current consumption	Current draw dropped below $< 15\text{ mA}$ in deep-sleep
	4.6 QR Web Application	Scale message database	API route failure rate	0.0% error rate under 1000 concurrent write requests
	4.7 AI Moderation Layer	Filter toxic text entries	Content approval classification	100% rejection of harmful or offensive strings
6. Testing	6.1 System Response Time	Real-time ambient animation	Processing & propagation delay	Total latency from touch to light pulse $< 100\text{ ms}$
	6.2 Ergonomic Usability	Ensure universal accessibility	Interaction intuitive rate	$\geq 80\%$ of users trigger the system in ≤ 5 seconds
	6.3 System Usability Scale	Validate user experience (UX)	Standardized 10-item questionnaire	Mean SUS score higher than the industry average (> 68)

3.4.2 Verification Sheets

While metrics define “what” we want to achieve, our verification system ensures “how” we check it. Table 10 presents a series of Yes/No questions for every deliverable. These sheets act as a final quality gate: if the answer to the question is “Yes”, the deliverable is accepted.

Table 10: Verification Sheets for Deliverables

WP	Deliverable (WBS)	Necessary Steps (Checklist)
1. Management	1.1 WBS	Map 100% of the 35 mandatory EPS deliverables inside the work breakdown hierarchy.
	1.2 Gantt Chart	Ensure the project baseline duration variance stays strictly below 5% on critical paths.
	1.3 Global Sprint	Define and align 100% of the milestone timelines across the sprints.
	1.4 Weekly Sprint	Update real task progress logs in Jira every Thursday.
	1.5 Product Backlog	Verify that $\geq 95\%$ of all active Jira tasks have an owner and a Story Point estimate assigned before sprint activation.
	1.6 Stakeholders	Complete the communication mapping matrix for 100% of the identified stakeholder groups.
	1.7 Risk Mgmt	Allocate a dedicated mitigation or avoidance action plan for 100% of high-exposure risks (Score ≥ 60).
2. Research	2.1 State of Art	Complete a detailed competitive benchmarking study analyzing ≥ 3 similar market solutions.
	2.2 Ethics	Enforce a zero-data collection architecture to ensure 100% GDPR compliance with 0 bytes of personal data stored.
	2.3 Sustainability	Ensure $\geq 80\%$ of the structural deployment design specifies sustainable or circular materials (Cork / PA Rail).
3. Design	3.1 Structural	Finalize CAD assembly drawings including complete physical measurement annotations and ± 1 mm clearances.
	3.2 Black Box	Close 100% of data network signals, integrating hardware timeouts and error-handling loops for open nodes.
	3.3 Schematics	Validate the design circuit with 0 short-circuit flags and maintain ≥ 5 mm trace separation between voltage rails.
	3.4 Prototype (CAD)	Run spatial interference check to verify 0 mm volumetric overlapping between embedded electronic PCBs and the enclosure.
	3.5 Packaging	Construct a 100% monomaterial, 100% recyclable cork housing that can sustain a physical load ≥ 100 kg.
	3.6 Cardboard	Complete a 1:1 scale physical ergonomics mock-up and secure formal approval by a unanimous team review.
4. Development	4.1 List Materials	Limit total prototype materials and shipping expenditure to stay strictly under the €100 project cap.
	4.2 Code	Log 0 memory leaks, stack overflows, or software lockups during a continuous 24-hour runtime simulation.
	4.3 Simulations	Achieve a localized structural safety factor > 2.0 against the yield limit of the housing material under FEA load states.
	4.4 QR APP	Validate that 100% of scanned quick response paths trigger immediate HTTP 200 routing to the production landing URL.
5. Marketing	5.1 Flyer	Verify that all visual assets are exported with a professional graphic density of at least 300 DPI.

WP	Deliverable (WBS)	Necessary Steps (Checklist)
	5.2 Leaflet	Measure that non-technical testers can decode the core CONNECT and share value proposition within ≤ 10 seconds.
	5.3 Poster	Ensure the corporate CONNECT and share logo identity remains perfectly legible from a physical distance of at least 3 meters.
	5.4 Marketing Video	Render a full high-definition video track (1080p @ 60fps) with audio levels normalized strictly to -14 LUFS.
	5.5 3D Video	Display 100% of internal mechanism structures, including PCB positioning and internal CAN Bus network pathways.
6. Testing	6.1 Functional	Measure a Packet Delivery Ratio (PDR) $\geq 99.9\%$ across the serial communication bus under 1000 iterative data frames.
	6.2 User Test	Achieve an excellent mean usability score ≥ 68 using the standardized 10-item System Usability Scale (SUS) ($n = 11$).
	6.3 KPI Def.	Quantify 100% of success metrics with distinct mathematical limits, eliminating descriptive, non-measurable targets.
	6.4 Data Analysis	Plot 100% of test result graphs with explicit variance indicators, mean standard deviations, or error bars.
7. Reporting	7.1 Interim Report	Deliver 100% of mid-term Wiki chapters completely filled with 0 empty pages before the academic deadline.
	7.2 Interim Pres.	Format the speech presentation structure to fit strictly within the 15-minute allocation window (± 30 seconds).
	7.3 Final Report	Execute automated spell-check and peer review to ensure 0 linguistic errors and 100% compliance with standard SI formatting.
	7.4 Final Pres.	Ensure 0 hardware resets, connection dropouts, or power failures occur during the live presentation demo.
	7.5 Paper	Verify 100% structural layout compliance against the mandatory IEEE / academic conference publishing template.
	7.6 Manual	Measure a success rate $\geq 90\%$ for independent, non-technical users attempting to operate the system using the step-by-step instructions.

Similarly, to verify the physical and digital architecture of the product without repeating project management milestones, Table 11 provides the specific verification checklist for the technical deliverables of CONNECT and share. These product-level questions serve as the final engineering gate before hardware deployment.

Table 11: Product Verification Sheets for Deliverables

WP	Deliverable (WBS)	Necessary Steps (Checklist)

WP	Deliverable (WBS)	Necessary Steps (Checklist)
3. Design	3.1 Main Ceiling Housing	Do all physical fabrication dimensions of the printed enclosure stay within a ± 1 mm tolerance band when measured against the Fusion 360 CAD model?
	3.2 Pole Secondary Node	Does the localized structural tension remain below 10% of the material yield strength under a 100 N distributed load during SimScale FEA testing?
	3.3 Enclosure Materials	Do the structural housing compounds and internal wire insulation layers carry official V-0 (UL94) flammability or LSHF certifications under standard EN 45545-2?
4. Development	4.1 Central Node PCB	Does the output voltage of the central node power rail maintain a stable $5.0\text{ V} \pm 0.1\text{ V}$ output under a continuous 100% white LED brightness load?
	4.2 Sensor Node PCB	Does the analog sensor conditioning circuit maintain an absolute 0.00 V baseline on the ESP32 ADC pin when the Velostat grip is completely idle?
	4.3 LED Strip Array	Does the digital data line driven by the MCU reach a signal amplitude high enough ($V_{IH} \geq 3.5\text{ V}$) to completely eliminate high-frequency pixel flickering?
	4.4 CAN Bus Network	Does the communication interface achieve a Packet Delivery Ratio (PDR) $\geq 99.9\%$ when transmitting 1000 consecutive data frames under simulated engine EMI?
	4.5 Interaction Firmware	Does the standby electrical current consumption of the distributed nodes drop below $< 15\text{ mA}$ during interrupt-driven deep-sleep states?
	4.6 QR Web Application	Does the production database API route achieve a 0.0% failure rate when subjected to a heavy load test of 1000 concurrent write operations?
	4.7 AI Moderation Layer	Does the server backend automatically reject 100% of toxic, harmful, or offensive message strings with an immediate HTTP 400 bad request error?
6. Testing	6.1 System Response Time	Is the total end-to-end delay between the physical touch contact and the visual LED trail ignition strictly under $< 100\text{ ms}$ when analyzed at 240 FPS?
	6.2 Ergonomic Usability	Do $\geq 80\%$ of non-technical sample passengers instinctively locate and successfully trigger the handrail interaction area in ≤ 5 seconds?
	6.3 System Usability Scale	Does the final calculated mean score from the 10-item System Usability Scale (SUS) survey sit comfortably above the industry baseline (> 68)?

3.5. People & Stakeholder Management

To make CONNECT and share and share a success, it is necessary to strategically manage all parties affected by the project. Following the PMBOK standards, this section identifies the key individuals and groups, defines their roles and outlines the management strategy.

3.5.1. Project Team and Internal Dynamics

We operate under a structure where all members share responsibility for project management. However, as we are a team of students with diverse backgrounds, special tasks are delegated based on individual expertise.

Using the weekly sprint plan helps us to redistribute tasks if a member is overburdened to prevent burnout and ensure quality.

3.5.2. Stakeholders Identification and Roles

Apart from the main teams, several external entities are involved in the project. In the Table 12 below, we identified them, their roles and their responsibilities.

Table 12: Stakeholders, Roles, and Responsibilities

Entity / Name	Project Role	Primary Responsibility
Team Members	Project owners	Responsible for the full development cycle and all mandatory deliverables.
Coaches	EPS Supervisors	Supervise, evaluate progress, and provide strategic feedback.
ISEP Faculty	Advisors	Offer specialized knowledge in Electronics, Sustainability, Project Management, Ethics, Marketing, among others.
ISEP	Main sponsor	Provides infrastructure and funding for the components (BOM).
Metro do Porto	External client	Provides the operational context and establishes security and infrastructure standards.
Security Department (Metro)	Regulatory body	Validates that the handle complies with fire, electrical, and physical safety regulations.
Metro do Porto Users	Target group	Live the CONNECT and share experience during their commutes and provide feedback.
Suppliers	Suppliers	Responsible for the timely delivery of components.
Legal	Regulatory compliance	Guarantees that the QR app and data management comply with European regulations.
Maintenance Team (Metro)	Operational stakeholder	Evaluates ease of installation, durability, and maintenance of the smart handle.
Cleaning Staff (Metro)	Operational support	Provides hygiene, accessibility, and resistance of the materials.

Among all stakeholders, Metro do Porto, the Security Department (Metro), and end users are considered critical, as they directly influence feasibility, approval, and user acceptance.

3.5.3. Stakeholders Management Strategy

To manage these relationships effectively, we have analyzed each stakeholder based on their Power

and Interest. This analysis allows us to prioritize our communication and engagement efforts.

A) POWER/INTEREST MATRIX

The following matrix, seen in the Figure 5, categorizes our stakeholders into four quadrants to determine the necessary level of engagement for each group.

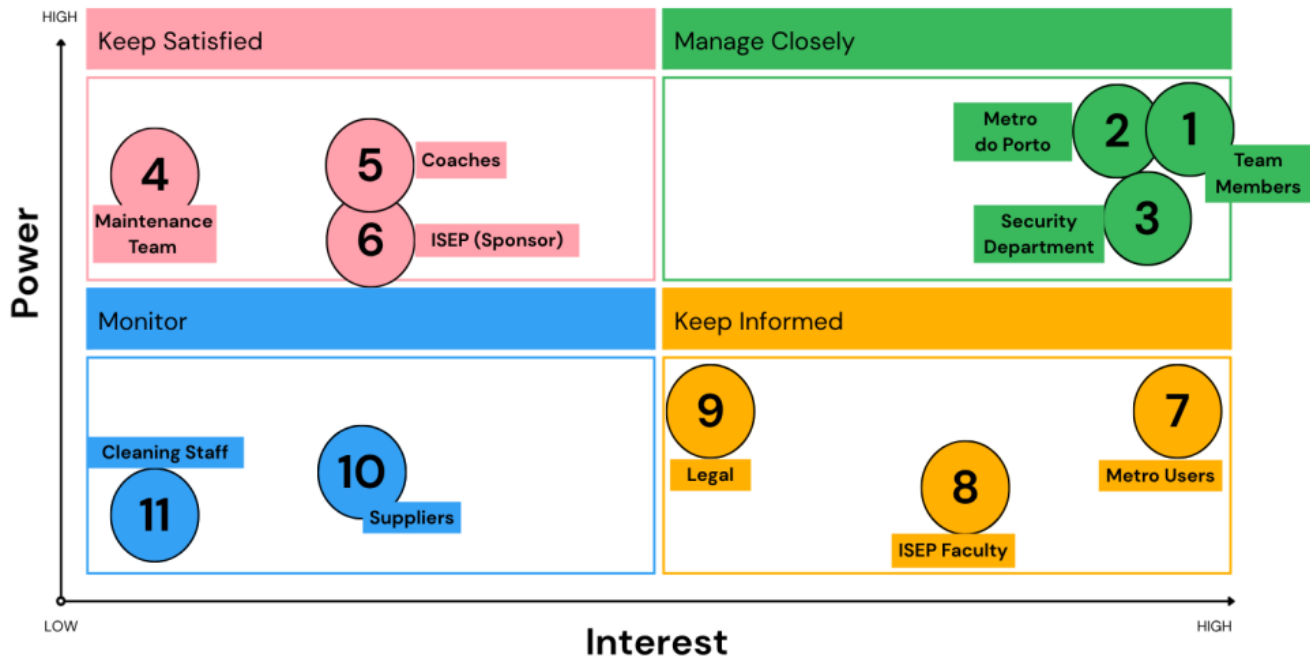


Figure 5: Stakeholder Matrix

B) ENGAGEMENT STRATEGY TABLE

While the matrix identifies the “where”, the following Table 13 defines the “how”. It establishes the specific strategy for each group and assigns a point person from the internal team to manage the relationship.

Table 13: Stakeholder Engagement Plan

ID	Stakeholder Group	Quadrant	Management Strategy	Point Person
1	Team Members	Manage Closely	Daily collaboration, stand-up meetings, and shared decision-making	All Members
2	Metro do Porto	Manage Closely	Continuous alignment with their operational context and branding requirements	Management Lead
3	Security Department	Manage Closely	Strict adherence to fire and electrical safety rules to ensure final approval	Technical Lead
4	Maintenance Team	Keep Satisfied	Ensure the design is durable and provide a clear installation manual	Hardware Lead
5	Coaches	Keep Satisfied	Weekly progress reports, Wiki updates, and formal meetings	Management Lead
6	ISEP (Sponsor)	Keep Satisfied	Compliance with budget (BOM) and laboratory facility usage rules	Management Lead
7	Metro Users	Keep Informed	Gather feedback through surveys and haptic testing to improve the UX	Marketing Lead

ID	Stakeholder Group	Quadrant	Management Strategy	Point Person
8	ISEP Faculty	Keep Informed	Consulting on technical challenges (Electronics, CAD, and Marketing)	Technical Lead
9	Legal	Keep Informed	Ensure all digital interactions and data handling follow EU regulations	Legal Lead
10	Suppliers	Monitor	Tracking component availability and lead times for hardware integration	Hardware Lead
11	Cleaning Staff	Monitor	Selecting materials that resist the Metro's chemical cleaning protocols	Hardware Lead

3.6. Communications

To ensure CONNECT and share's success, communication is key. A communication strategy has been established to guarantee alignment between team members, supervisors and stakeholders.

3.6.1. Communication Channels and Tools

The team uses multiple tools to maintain a continuous flow of information:

- WhatsApp: Used for urgent, informal and daily communication.
- Microsoft Teams: Serves as the primary repository for all project documentation. Also for remote meetings.
- Jira: Used to track the backlog, manage sprints and assign tasks to team members.
- Miro: A digital whiteboard used during brainstorming sessions.
- Outlook: Reserved for formal communication with external stakeholders, suppliers and ISEP coordinators.

3.6.2. Communication Matrix

Table 14 presents our activities and the way of realization, covering the frequency, medium, and participants involved in each communication event throughout the project.

Table 14: Communication Matrix

Activity	Objective	Frequency	Medium	Participants
Daily Stand-up	Daily tasks and identify blockers.	Daily	WhatsApp / Face-to-Face	Team Members
Weekly Meeting	Review weekly progress and plan next Sprint.	Every Thursday	Face-to-Face	Team & Supervisors
Sprint Planning	Define tasks and goals for the next cycle.	Weekly	Jira	Team Members
Retrospective	Evaluate team performance and workflow.	Weekly	Face-to-Face	Team Members

Interim Demo	Present project status to coordinators.	Milestone-based	Presentation	Team & Supervisors
--------------	---	-----------------	--------------	--------------------

3.6.3. Stakeholder Management

We maintain a specific communication frequency with external parties:

- **ISEP Supervisors:** Weekly feedback sessions every Thursday to ensure the project meets academic requirements.
- **Target Users:** Feedback gathered through surveys and testing sessions.

3.7. Risk

Risk management for CONNECT and share involves a systematic approach to identify and address potential challenges. Following the PMBOK standards, we have performed qualitative analyses to ensure that risks are treated effectively.

3.7.1. Identification of Key Risks

We have identified the following risks categorized into project and product levels.

PROJECT LEVEL RISKS:

- **Delivery:** Delays in receiving components
- **Financial Constraint:** Exceeding the budget due to component value or price fluctuations
- **Team Synchronicity:** misalignment in tasks leading to delays in the final assembly

PRODUCT LEVEL RISKS:

- **Safety Rejection:** Failure to meet safety standards
- **Vandalism:** Intentional damage or theft of the internal electronics
- **Environmental Durability:** Material degradation
- **Cybersecurity:** QR code spoofing
- **Power Supply Instability:** Failure of the internal battery or power management system during long commutes
- **Ergonomic Strain:** The handle design causing discomfort or safety issues for passengers
- **Privacy Breach:** Unauthorized collection or exposure of user data through the interaction app.

3.7.2. Qualitative and Quantitative Evaluation

To evaluate these risks, we adopt a 5×5 Risk Matrix seen on the Figure 6. The exposure score is calculated by multiplying Probability (1-5) and Impact (1-5).

Probability Scale: 1 (Rare) to 5 (Almost Certain)

Impact Scale: 1 (Insignificant) to 5 (Severe)

5x5 Risk Matrix Example

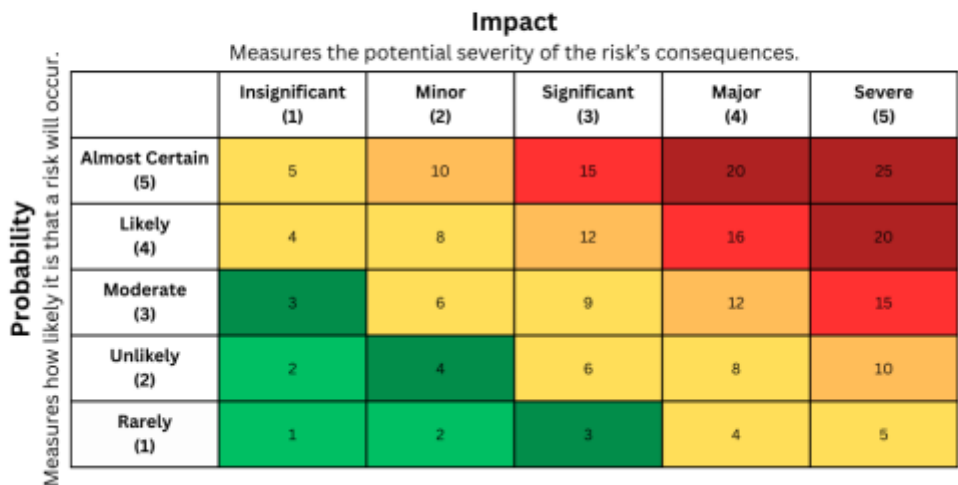


Figure 6: Risk Matrix

EXPOSURE LEVELS:

- Low (1-3): Acceptable; minimal monitoring.
- Moderate (4-6): Manageable; requires routine control.
- High (8-12): Significant; requires a specific mitigation plan.
- Extreme (15-25): Critical; requires immediate action and response.

3.7.3. Risk Analysis, Handling, and Monitoring Table

The risk analysis highlights that logistical and physical risks (delivery and vandalism) pose the greatest threat to project success, like it is shown in Figure 15.

Table 15: Risk Analysis

ID	Risk Description	Probability	Impact	Score	Response	Management (Action)	Follow-up
R1	Delivery (Component delays)	4	4	16	Avoid	Purchase from local suppliers as soon as possible.	Weekly tracking of shipment ID.
R2	Financial Constraint (Budget)	3	4	12	Mitigate	Use recycled materials for non-critical parts.	Bi-weekly review of expense log.
R3	Team Synchronicity	3	3	9	Mitigate	Maintain open communication and shared task boards.	Weekly stand-up progress checks.
R4	Safety Rejection (Metro)	2	5	10	Avoid	Strictly follow the Porto Metro technical manuals.	Regular design reviews with coaches.
R5	Vandalism	3	4	12	Mitigate	Use tamper-proof screws and a robust housing.	Physical integrity testing.

ID	Risk Description	Probability	Impact	Score	Response	Management (Action)	Follow-up
R6	Environmental Durability	2	4	8	Mitigate	Select chemical-resistant polymers for the housing.	Cleaning agent exposure tests.
R7	Cybersecurity	2	4	8	Avoid	Implement encryption and secure QR protocols.	Firmware penetration testing.
R8	Power Supply Instability	3	3	9	Reduce	Implement deep sleep modes in the ESP32 code.	Log power consumption.
R9	Ergonomic Strain	2	3	6	Reduce	Create several 3D-printed prototypes for testing.	User feedback surveys.
R10	Privacy Breach	1	5	5	Avoid	No personal data is collected via the application.	Legal checklist verification.

3.7.4. Definition of Appropriate Risk Responses

Based on the results, our strategy prioritizes Extreme and High risks. Delivery (R1) and Vandalism (R5) require immediate mitigation through early procurement and robust mechanical design.

For safety and privacy risks (R4, R10) and avoidance strategy is mandatory. We ensure the project is never at risk of legal or institutional rejection by following external regulations.

All secondary risks are monitored through iterative testing to detect any score escalation.

3.8. Procurement

The CONNECT and share procurement strategy balances regulated industrial components with cost-effective prototyping through centralized purchasing and institutional resource utilization. All components are sourced with a primary supplier and a defined fallback to ensure prototype assembly is not blocked by availability issues.

3.8.1. Sources

Three procurement streams are defined:

- Primary Hardware (Buy): Electronic components including microcontrollers (Wemos C3 Mini), WS2813 LED strips, MCP2551 CAN transceivers, and resistors are sourced from Mauser.pt, chosen for its Portuguese presence, competitive pricing, and reliable lead times. In the event Mauser.pt cannot fulfill an order, the fallback suppliers are Mouser Electronics (mouser.com) and Worten (worten.pt), both of which stock equivalent or pin-compatible parts and ship to Portugal within 3 to 5 business days.
- Specialty Materials (Buy): Nanovia PA Rail filament is procured directly from the manufacturer, as it is the only identified EN 45545-2 compliant fire-retardant filament certified for metro rail

applications. No equivalent Portuguese supplier exists. Should Nanovia be unavailable or delivery be delayed, the fallback is Polymaker PC-FR or BASF Ultrafuse FR filament, which carry comparable fire-retardancy ratings and are available through 3DJake.com or Filamento.pt with shorter regional lead times.

- Fabrication (Make): Enclosures are 3D printed using ISEP laboratory facilities, reducing cost to raw material only. If ISEP printers are unavailable, a local print service such as Fablab Porto or an online service such as Craftcloud can produce parts from supplied STL files within 2 to 4 days.

3.8.2. Make vs. Buy Decisions

The following Table 16 summarizes the strategic choices for key project elements.

Table 16: Make vs. Buy Decision Summary

Item	Decision	Rationale
Electronic Nodes	Buy	Wemos C3 Mini boards offer greater reliability and lower cost than custom PCBs at prototype stage.
Enclosures	Make	3D printing enables rapid design iteration and custom fit to metro handrail geometry.
Sensing Material	Buy	Velostat is a specialized piezoresistive material with no viable in-house alternative.
Web Platform	Make	Custom React/Supabase implementation ensures delayed-gratification logic and anonymization requirements are precisely met.

3.8.3. Cost and Schedule Control

Expenditure is tracked against a detailed bill of materials within the program budget constraints. Component procurement is milestone-gated to ensure availability before prototype assembly begins. For each line item, the primary supplier, unit price, and quantity required are recorded in the BOM alongside the identified fallback supplier and its estimated lead time differential. Miscellaneous passive components are sourced locally where possible to reduce lead times. If a primary supplier quotes a lead time exceeding five business days at a critical milestone, the fallback supplier is activated without waiting for the primary order to fail.), both of which stock equivalent or pin-compatible parts and ship to Portugal within 3 to 5 business days.

- Specialty Materials (Buy): Nanovia PA Rail filament is procured directly from the manufacturer, as it is the only identified EN 45545-2 compliant fire-retardant filament certified for metro rail applications. No equivalent Portuguese supplier exists. Should Nanovia be unavailable or delivery be delayed, the fallback is Polymaker PC-FR or BASF Ultrafuse FR filament, which carry comparable fire-retardancy ratings and are available through 3DJake.com or Filamento.pt with shorter regional lead times.
- Fabrication (Make): Enclosures are 3D printed using ISEP laboratory facilities, reducing cost to raw material only. If ISEP printers are unavailable, a local print service such as Fablab Porto or an online service such as Craftcloud can produce parts from supplied STL files within 2 to 4 days.

3.9. Project Plan

As detailed in the Global Sprint Plan (see [17](#)), the project is divided into 15 distinct sprints.

Table 17: Global sprint plan

Sprint	Start	Finish	Working days
1	5 march	12 march	4 days of availability
2	12 march	19 march	5 days of availability
3	19 march	26 march	5 days of availability
4	26 march	2 april	5 days of availability
5	2 april	16 april	2 days of availability
6	16 april	23 april	5 days of availability
7	23 april	30 april	5 days of availability
8	30 april	14 may	4 day of availability
9	14 may	21 may	5 days of availability
10	21 may	28 may	5 days of availability
11	28 may	4 june	5 days of availability
12	4 june	11 june	5 days of availability
13	11 june	18 june	5 days of availability

The specific tasks and deliverables assigned to these periods are managed in the Project Backlog (see [Table 18](#)).

Table 18: Project backlog

Timeline	Epic	Ticket code	Ticket title	Status
Sprint 1 (5 Mar - 12 Mar)	General / No Epic	SCRUM-3	Communication presentation	Done
Sprint 1 (5 Mar - 12 Mar)	INITIATION & PLANNING	SCRUM-74	Ideation discussion	Done
Sprint 1 (5 Mar - 12 Mar)	SYSTEM DESIGN & DRAWINGS	SCRUM-2	Blackbox diagram	Done
Sprint 1 (5 Mar - 12 Mar)	SYSTEM DESIGN & DRAWINGS	SCRUM-21	Drawings	Done
Sprint 1 (5 Mar - 12 Mar)	SYSTEM DESIGN & DRAWINGS	SCRUM-48	Structural Drafts	Done
Sprint 2 (12 Mar - 19 Mar)	FINAL DELIVERABLES	SCRUM-26	Flyer	Done
Sprint 2 (12 Mar - 19 Mar)	General / No Epic	SCRUM-75	Selection of Materials & Components V2	In Progress
Sprint 2 (12 Mar - 19 Mar)	General / No Epic	SCRUM-76	Presentation for Teachers	Done
Sprint 2 (12 Mar - 19 Mar)	INITIATION & PLANNING	SCRUM-42	Backlog, Gantt and Sprint Plan	Done
Sprint 2 (12 Mar - 19 Mar)	INTERIM REPORT-WIKI CONTENT	SCRUM-55	Background and Related Work	In Progress

Timeline	Epic	Ticket code	Ticket title	Status
Sprint 2 (12 Mar - 19 Mar)	INTERIM REPORT-WIKI CONTENT	SCRUM-57	Marketing Plan	In Progress
Sprint 2 (12 Mar - 19 Mar)	INTERIM REPORT-WIKI CONTENT	SCRUM-58	Eco-Efficiency Measures for Sustainability	In Progress
Sprint 2 (12 Mar - 19 Mar)	INTERIM REPORT-WIKI CONTENT	SCRUM-73	Canvas	Done
Sprint 2 (12 Mar - 19 Mar)	INTERIM REPORT-WIKI CONTENT	SCRUM-79	4.1 Introduction	To Do
Sprint 2 (12 Mar - 19 Mar)	INTERIM REPORT-WIKI CONTENT	SCRUM-80	4.2 Business Idea Formulation	To Do
Sprint 2 (12 Mar - 19 Mar)	INTERIM REPORT-WIKI CONTENT	SCRUM-81	4.3 Business Model	To Do
Sprint 2 (12 Mar - 19 Mar)	INTERIM REPORT-WIKI CONTENT	SCRUM-82	4.4 Market Analysis	To Do
Sprint 2 (12 Mar - 19 Mar)	INTERIM REPORT-WIKI CONTENT	SCRUM-83	4.5 SWOT Analysis	To Do
Sprint 2 (12 Mar - 19 Mar)	INTERIM REPORT-WIKI CONTENT	SCRUM-84	4.6 Strategy	To Do
Sprint 2 (12 Mar - 19 Mar)	INTERIM REPORT-WIKI CONTENT	SCRUM-85	4.7 Marketing Programs	To Do
Sprint 2 (12 Mar - 19 Mar)	INTERIM REPORT-WIKI CONTENT	SCRUM-86	4.8 Conclusion	To Do
Sprint 2 (12 Mar - 19 Mar)	SYSTEM DESIGN & DRAWINGS	SCRUM-49	Selection of Materials & Components v1	Done
Sprint 2 (12 Mar - 19 Mar)	SYSTEM DESIGN & DRAWINGS	SCRUM-50	Name and Logo	Done
Sprint 3 (19 Mar - 26 Mar)	General / No Epic	SCRUM-77	Ethics Scandal PowerPoint	To Do
Sprint 3 (19 Mar - 26 Mar)	SYSTEM DESIGN & DRAWINGS	SCRUM-51	Detailed Schematics	To Do
Sprint 3 (19 Mar - 26 Mar)	SYSTEM DESIGN & DRAWINGS	SCRUM-52	Structural Drawings	To Do
Sprint 3 (19 Mar - 26 Mar)	SYSTEM DESIGN & DRAWINGS	SCRUM-53	Cardboard Model	To Do
Backlog	CLOSING	SCRUM-63	Update Wiki & MS Teams (Final Deliverables)	To Do
Backlog	FINAL DELIVERABLES	SCRUM-20	Final List of Materials & Components	To Do
Backlog	FINAL DELIVERABLES	SCRUM-23	Code	To Do
Backlog	FINAL DELIVERABLES	SCRUM-24	3D Model Video	To Do
Backlog	FINAL DELIVERABLES	SCRUM-25	Flyer	Done
Backlog	FINAL DELIVERABLES	SCRUM-27	Packaging Solution	To Do
Backlog	FINAL DELIVERABLES	SCRUM-28	Manual	To Do
Backlog	FINAL DELIVERABLES	SCRUM-29	Simulations	To Do
Backlog	FINAL DELIVERABLES	SCRUM-32	Final Report	To Do
Backlog	FINAL DELIVERABLES	SCRUM-33	Final Presentation	To Do
Backlog	FINAL DELIVERABLES	SCRUM-34	Paper	To Do
Backlog	FINAL DELIVERABLES	SCRUM-35	Poster	To Do

Timeline	Epic	Ticket code	Ticket title	Status
Backlog	FINAL DELIVERABLES	SCRUM-36	Video	To Do
Backlog	FINAL DELIVERABLES	SCRUM-62	Selection of Local Providers	To Do
Backlog	General / No Epic	SCRUM-30	Interim Report	To Do
Backlog	INTERIM REPORT-WIKI CONTENT	SCRUM-54	Introduction	To Do
Backlog	INTERIM REPORT-WIKI CONTENT	SCRUM-56	Project Management	To Do
Backlog	INTERIM REPORT-WIKI CONTENT	SCRUM-59	Ethical and Deontological Concerns	To Do
Backlog	INTERIM REPORT-WIKI CONTENT	SCRUM-60	Project Developments	To Do
Backlog	INTERIM REPORT-WIKI CONTENT	SCRUM-61	Conclusions	To Do
Backlog	PROTOTYPE DEVELOPMENT	SCRUM-69	Figma Designs for Message Application	To Do
Backlog	PROTOTYPE DEVELOPMENT	SCRUM-78	Message Application code	To Do
Backlog	TESTING	SCRUM-66	Functional testing	To Do
Backlog	TESTING	SCRUM-67	Non-functional testing	To Do
Backlog	TESTING	SCRUM-68	User-acceptance testing	To Do

The high-level distribution of Epic responsibilities across the timeline is summarized in the Initial Sprint Plan (see Table 19).

Table 19: Initial sprint plan

Sprint	Start	Finish	Epics	Responsible
1	5 march	12 march	INITIATION & PLANNING	All
2	12 march	19 march	INITIATION & PLANNING; SYSTEM DESIGN & DRAWINGS; FINAL DELIVERABLES	All
3	19 march	26 march	INITIATION & PLANNING; SYSTEM DESIGN & DRAWINGS	All
4	26 march	2 april	SYSTEM DESIGN & DRAWINGS; INTERIM REPORT & PRESENTATION	All
5	2 april	9 april	INTERIM REPORT & PRESENTATION	All
6	9 april	16 april	PROTOTYPE CONSTRUCTION; FINAL DELIVERABLES	All
7	16 april	23 april	PROTOTYPE CONSTRUCTION; FINAL DELIVERABLES	All
8	23 april	30 april	PROTOTYPE CONSTRUCTION; FINAL DELIVERABLES	All
9	30 april	7 may	PROTOTYPE CONSTRUCTION; FINAL DELIVERABLES	All
10	7 may	14 may	PROTOTYPE CONSTRUCTION; FINAL DELIVERABLES	All
11	14 may	21 may	PROTOTYPE CONSTRUCTION; FINAL DELIVERABLES	All
12	21 may	28 may	PROTOTYPE CONSTRUCTION; FINAL DELIVERABLES	All
13	28 may	4 june	FINAL REPORT, PRESENTATION & VIDEO	All
14	4 june	11 june	FINAL REPORT, PRESENTATION & VIDEO	All
15	11 june	18 june	FINAL REPORT, PRESENTATION & VIDEO ; FINAL DELIVERABLES	All

Lastly, the visual dependencies and duration of these tasks are illustrated in the Gantt Chart (see Figure 7).

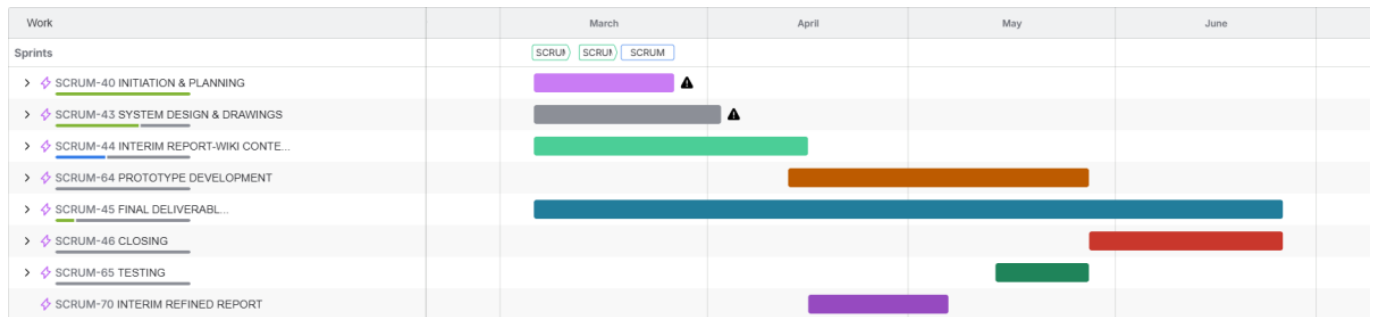


Figure 7: Timeline for this project (Gantt chart)

3.10. Sprint Outcomes

Sprints 1 & 2 were not managed in Jira and there were no specific tasks to be done. However, the idea of the project had been forming before Sprint 3 and some outcomes were achieved such as:

- **Black Box Diagram V1**
- **Structural Drawings V1**
- **Selection of materials and components V1**
- **Initial sketches of our project idea**

3.10.1 Sprint 3 Outcome

As illustrated in Figure 8, the Sprint 3 Burndown Chart captures our very first agile tracking cycle and the initial progress trends of the team.

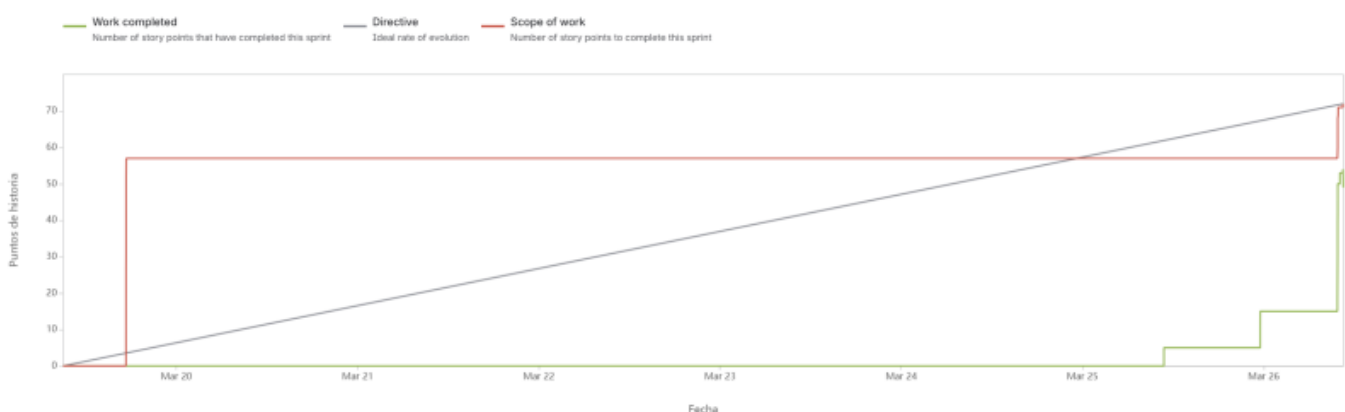


Figure 8: Sprint 3 Outcome

In Sprint 3 we consolidated both the technical foundation of the project and the supporting documentation. The team completed all planned issues in Jira, with no carry-over work. Key outcomes included updated structural drawings and schematics (V2), the cardboard model, and a refined selection of materials and components. We also advanced the digital side with Figma designs for the message application and progressed written deliverables such as the background/related work and eco-efficiency measures. Routine work like daily meetings, the sprint retrospective, and logbook updates was completed, ensuring the project stayed aligned and well documented.

- **Why the velocity report/burndown looks like this:** Being our first sprint managed in Jira,

the chart reflects initial planning chaos. The scope (red line) suddenly spiked mid-sprint because we committed the mistake of scope creep, adding major deliverables like the Cardboard Model and V2 designs on the fly instead of locking the backlog on day one.

- **The Good and the Bad (Why we didn't complete 100%):** The bad habit was a prolonged flatline at zero due to last-minute status changes; the team was working in the lab but forgot to update Jira progressively. On the good side, a powerful final surge allowed us to bulk-update and close the core technical foundations just before the deadline.
- **Retrospective & Group Dynamic:** We realized that our initial estimations were pure guesswork due to a lack of historical data. For the next cycles, we officially banned adding any new tasks once a sprint is active and established a strict rule for real-time status updates.

3.10.2 Sprint 4 Outcome

To analyze our development velocity during the middle phase of development, Figure 9 outlines the task execution line and workload behavior for Sprint 4.

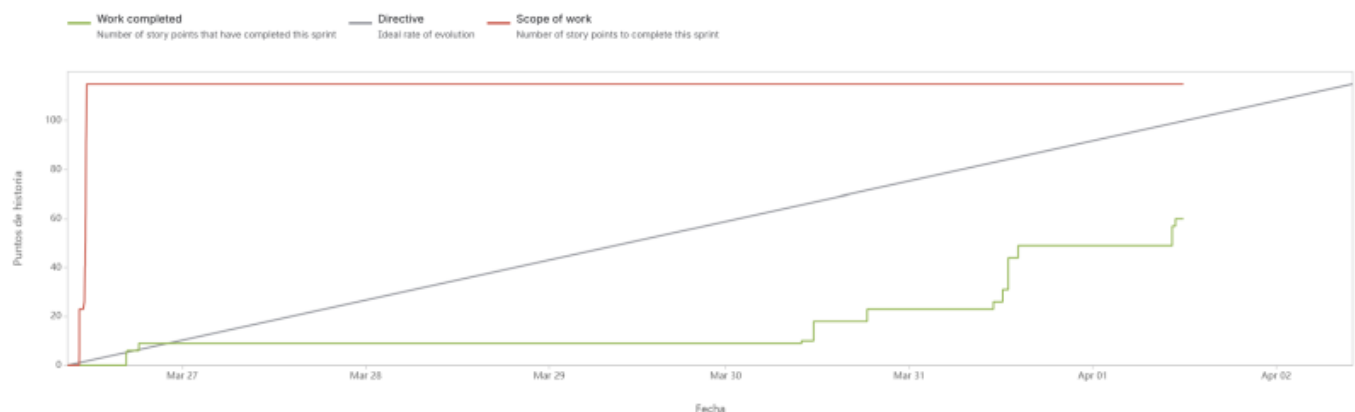


Figure 9: Sprint 4 Outcome

In Sprint 4 we advanced both the written deliverables and the technical foundations of the CONNECT and share system. The team completed the core report chapters (Introduction, Background & Related Work, Marketing Plan, Eco-Efficiency Measures, Ethical & Deontological Concerns) and updated the project wiki start page, ensuring the documentation is coherent and aligned with the project vision. On the technical side, we produced Structural Drawings V3 with measurements, Detailed Schematics V3, a general software flow chart, and updated the list of materials and components, while also finalizing the clickable web app prototype and the design system/brand guidelines. Routine process tasks such as daily meetings, the sprint retrospective, and logbook updates were completed, keeping communication and traceability strong. Some higher-effort items like Chapter 3 – Project Management, Chapter 7 – Project Developments, and the Interim Presentation remained in progress and will be continued in Sprint 5.

- **Why the velocity report/burndown looks like this:** In Sprint 4, we grew overly ambitious and massive overestimation took place, setting a giant baseline of over 110 Story Points. The scope stayed flat, but our completed work (green line) shows that we finished barely 50% of what we promised, revealing a clear bottleneck in our velocity.
- **The Good and the Bad (Why we didn't complete 100%):** The bad part was a severe technical roadblock: our hardware team hit a logic level nightmare with the WS2813 LED strips and the ESP32 (3.3V vs 5V logic), which paralyzed firmware progression. The good part was that we successfully advanced massive blocks of written documentation and finalized the clickable web app prototype layout.
- **Retrospective & Group Dynamic:** The team learned a harsh lesson about technical

dependencies. We agreed that high-risk hardware integrations must be prioritized early in the sprint and assigned fewer story points to general documentation to balance the workload.

3.10.3 Sprint 5 Outcome

The tracking data exported from Jira in Figure 10 displays the evolution of our remaining effort during Sprint 5, highlighting a noticeable stagnation phase.

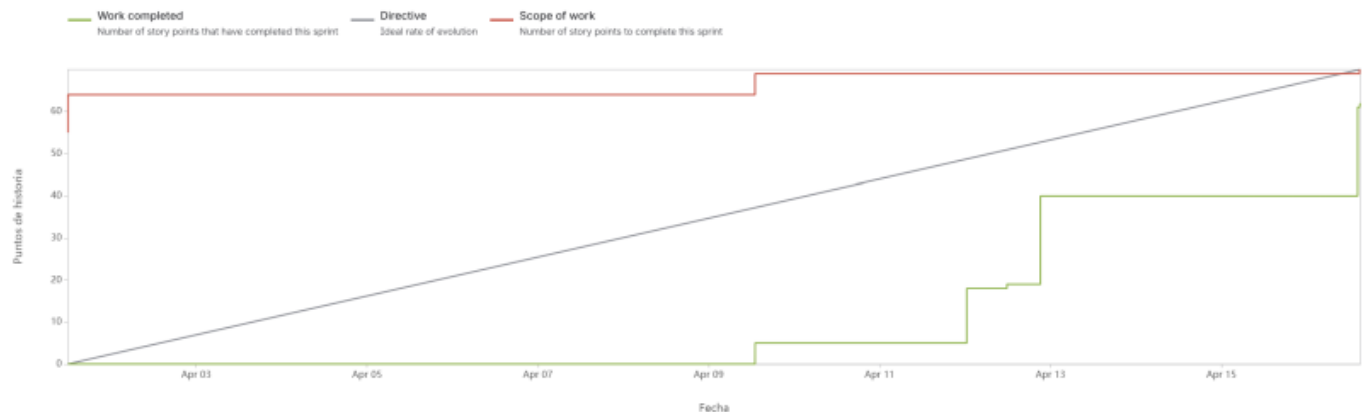


Figure 10: Sprint 5 Outcome

- **Why the velocity report/burndown looks like this:** The burndown line shows a flat zero progress for the first full week of the cycle, followed by mid-sprint scope changes where the red line expanded. We suffered a noticeable completion gap, leaving nearly a third of the story points completely uncompleted at the deadline.
- **The Good and the Bad (Why we didn't complete 100%):** The bad side was a total drop in group momentum due to the Easter holidays. The festive break and travel schedules completely destabilized our operational cadence. On the good side, our high resilience allowed the team to reunite immediately after the break to front-load effort, pushing structural drawings (V3) and detailed schematics over the line.
- **Retrospective & Group Dynamic:** We recognized that statutory holidays can completely break the project flow if tasks are not scheduled around them. We determined that for future holiday periods, we must front-load deliverables or officially downscale the sprint capacity beforehand to align with real availability.

3.10.4 Sprint 6 Outcome

In Figure 11, the generated sprint report uncovers a pronounced flatline pattern that dominated the majority of our Sprint 6 tracking timeline.

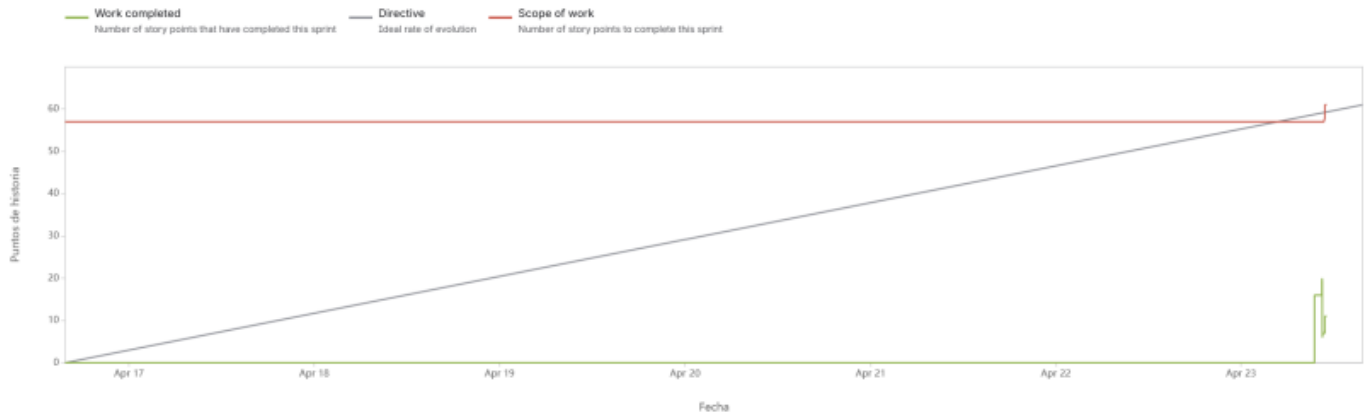


Figure 11: Sprint 6 Outcome

- **Why the velocity report/burndown looks like this:** This chart shows an extreme case of “Student Syndrome” flatlining. The green line stays flat at zero points for almost the entire duration of the sprint, showing a single sharp vertical drop on the absolute final day to clear less than half of the total commitment.
- **The Good and the Bad (Why we didn't complete 100%):** The bad element was a severe communication breakdown regarding task ownership, leading to multiple team members waiting for others to finish pre-requisite components. The good aspect was that the work completed, although late, successfully cleared critical low-power firmware states and standby current optimizations.
- **Retrospective & Group Dynamic:** We realized that unassigned tasks in the backlog lead to total operational paralysis. The group enforced a strict retrospective rule: every single active Jira task must have a clear individual owner and explicit sub-tasks before a sprint is cleared to launch.

3.10.5 Sprint 7 Outcome

Figure 12 presents the real-world metrics from our seventh sprint iteration, demonstrating how technical challenges affected our daily work logging.

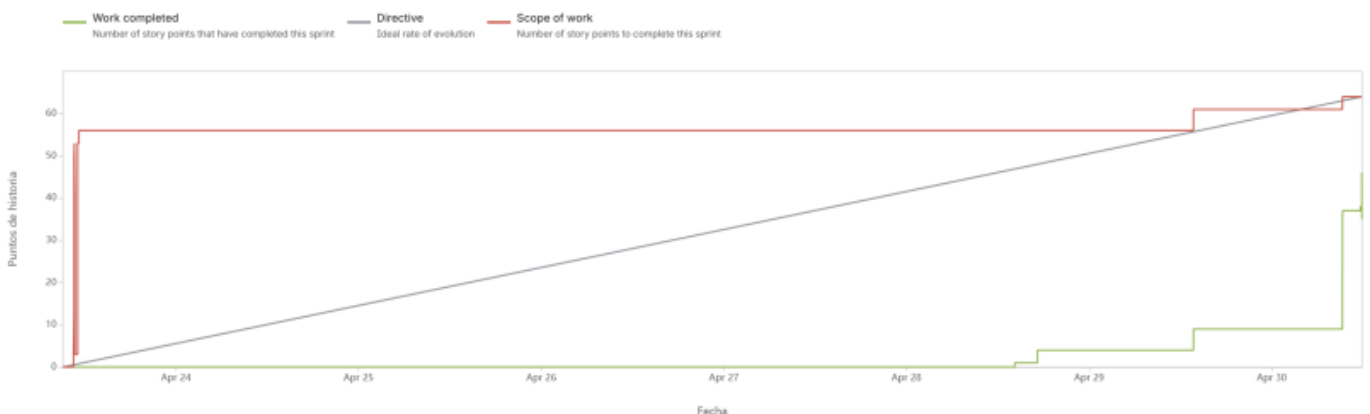


Figure 12: Sprint 7 Outcome

- **Why the velocity report/burndown looks like this:** The chart displays an erratic scope line at the start and another flatline spanning the entire middle week. While we managed to increase our overall velocity compared to past weeks, we still faced a major deficit at the close of the cycle.
- **The Good and the Bad (Why we didn't complete 100%):** The bad habit was our ongoing resistance to daily logging, keeping task updates confined to the weekend. On the positive side, the hardware team successfully mitigated floating ADC noise on the Velostat sensor by

validating the new mechanical housing, which unblocked the core input conditioning firmware.

- **Retrospective & Group Dynamic:** We resolved to schedule mandatory, physical co-working sessions instead of relying on individual remote tracking.

3.10.6 Sprint 8 Outcome

The graphic evaluation provided in Figure 13 highlights the operational changes made during Sprint 8, where a downscaled scope strategy was implemented.

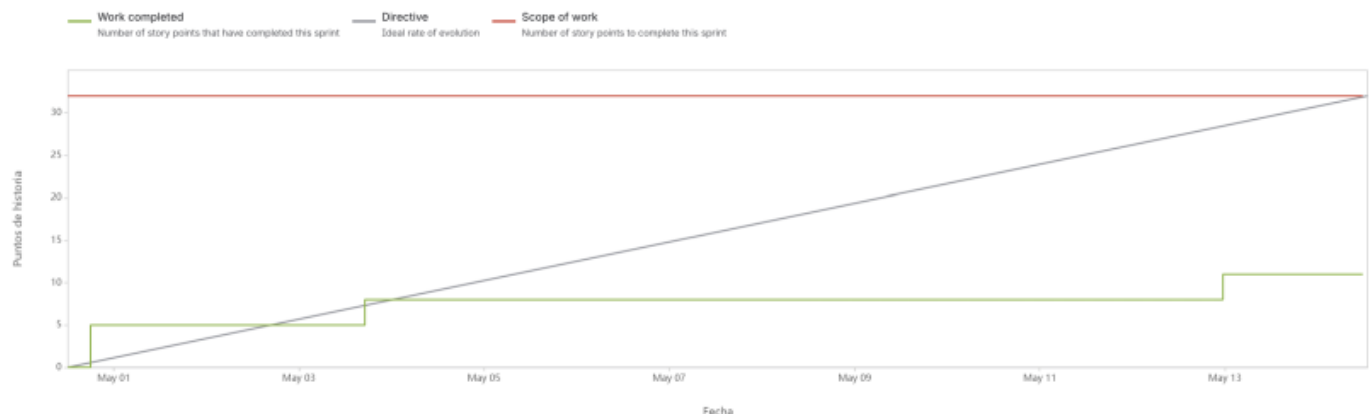


Figure 13: Sprint 8 Outcome

- **Why the velocity report/burndown looks like this:** In Sprint 8, we significantly lowered our target capacity to roughly 32 Story Points. The burndown line looks slightly better, showing an early step-down drop before flatlining in the middle and concluding with a small final delivery gap.
- **The Good and the Bad (Why we didn't complete 100%):** The good part is that lowering our scope allowed the team to breathe and focus on quality, achieving a much higher completion percentage. The bad part was that a critical dependency on the cork housing assembly delayed our physical integration, preventing a perfect 100% completion rate.
- **Retrospective & Group Dynamic:** This sprint proved that downscaling our capacity based on historical reality was the correct management choice. We decided to keep our sprint targets realistic rather than over-promising unachievable milestones to the supervisors.

3.10.7 Sprint 9 Outcome

As detailed in Figure 14, the sprint history reveals a more progressive and steady downward burn of tasks, indicating a maturation of team logging discipline.



Figure 14: Sprint 9 Outcome

- **Why the velocity report/burndown looks like this:** This chart reflects an improved, more progressive downward trend in the green line during the mid-sprint phase, breaking our traditional flatline habit, though a sudden late scope increase slightly altered the final tracking margin.
- **The Good and the Bad (Why we didn't complete 100%):** The good habit was that the team finally began updating Jira tasks mid-week, reflecting true daily laboratory efforts.
- **Retrospective & Group Dynamic:** Our group velocity finally started to show predictable patterns. The retrospective focus centered on padding out our software testing windows, acknowledging that external API integrations always introduce unpredictable delays.

3.10.8 Sprint 10 Outcome

Figure 15 details the workload distribution and steep final steps that occurred during the closing phase of Sprint 10 as assembly deadlines neared.

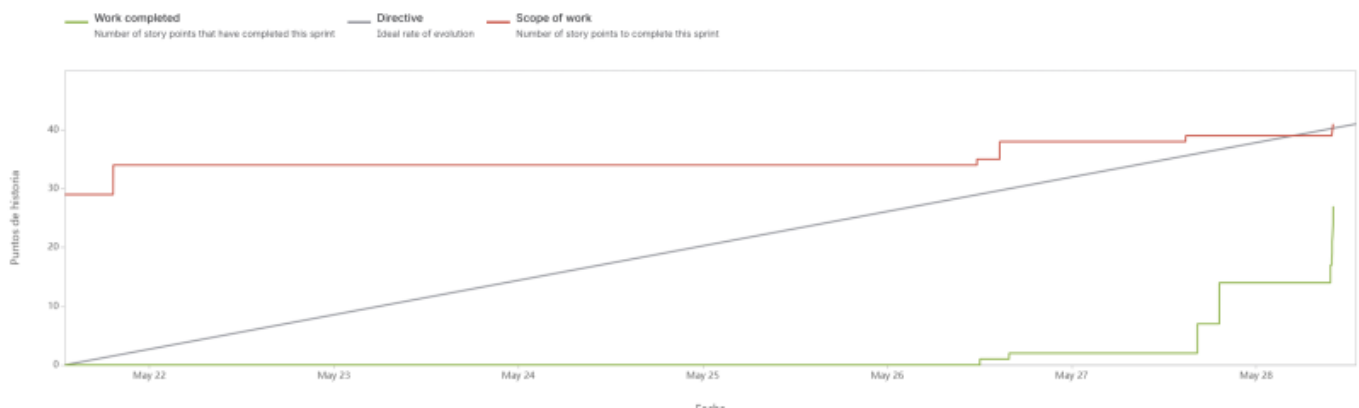


Figure 15: Sprint 10 Outcome

- **Why the velocity report/burndown looks like this:** This burndown shows a very slow start with a sudden, massive vertical drop on the absolute last day. The scope line was modified with late additions towards the end of the timeline, pushing our target limits.
- **The Good and the Bad (Why we didn't complete 100%):** The bad side was a return to bulk-updating tasks at the last minute due to the rush of preparing final project deliverables.
- **Retrospective & Group Dynamic:** With the final presentations approaching, group dynamics shifted into high-pressure execution mode. We learned that while last-minute rushes deliver results, they compromise our tracking accuracy, highlighting the need for better stress distribution across the weeks.

3.10.9 Sprint 11 Outcome

The final metrics dashboard visualized in Figure 16 displays our optimal burndown alignment, matching our most efficient development cycle.



Figure 16: Sprint 11 Outcome

- **Why the velocity report/burndown looks like this:** Sprint 11 shows a highly progressive step-like burndown chart, displaying clear, active drops across the middle days of the cycle. Although a late scope expansion was introduced, the green line closely followed the ideal directive slope.
- **The Good and the Bad (Why we didn't complete 100%):** The great success was that we achieved our highest task completion rate of the semester, successfully stabilizing the CAN Bus network and locking down the QR web application routing. The only negative aspect was that minor presentation formatting details had to be pushed to Sprint 12.
- **Retrospective & Group Dynamic:** This sprint proved that breaking down tasks into granular pieces (under 5 story points) yields excellent tracking metrics and constant progress. The group dynamic reached full agile maturity just in time for the final project closeout.

3.10.10 Sprint 12 Outcome

Figure 17 presents the tracking metrics and burndown trend from Sprint 12, highlighting the critical challenges faced by the team during the late-stage integration phase.



Figure 17: Sprint 12 Outcome

- **Why the velocity report/burndown looks like this:** The chart shows a severe execution gap, where we completed less than 50% of our planned tasks (reaching only around 17 Story Points out of 38). Furthermore, the scope (red line) shows unexpected increases both at the very beginning and at the absolute deadline, proving that we suffered from late-stage scope creep by adding unplanned emergency tasks on the fly.
- **The Good and the Bad (Why we didn't complete 100%):** When combining the hardware and software systems, we discovered critical bugs, communication lags, and power instability that flatlined our progress (green line) between June 4th and June 8th. The good side was that once these technical bottlenecks were unblocked, the team achieved an acceleration during the

final days to rescue the core data routing features.

- **Retrospective & Group Dynamic:** We realized that leaving complex integrations for the next sprint was a high-risk management mistake. In our retrospective, we decided that the final cycle (Sprint 13) must be completely locked with zero new features, dedicating 100% of our remaining capacity to fixing small things and perfecting the final presentation.

3.11. Sprint Evaluations

Sprint evaluations and retrospectives are fundamental to the team's Agile workflow, allowing for continuous process improvement. Starting from Sprint 3, the team implemented formal retrospective sessions to identify bottlenecks and refine internal methodologies.

3.11.1. Sprint 3 Retrospective

In this sprint, the focus was on establishing the technical foundation. The retrospective revealed significant gaps in task granularity and time management.

Retrospective Summary:

- Positive (+): Effective feedback loops with professors and proactive note-taking during presentations.
- Negative (-): Vague backlog items, inconsistent Jira updates, and poor workload distribution.
- Action Plan: The team committed to breaking down tasks into sub-tasks (max 4h each) and ensuring Jira is updated daily.

3.11.2. Sprint 4 Retrospective

Following the action plan from the previous sprint, Sprint 4 showed a marked improvement in organization and team morale.

Retrospective Summary:

- Positive (+): High motivation, excellent mutual support, and a much more balanced task distribution.
- Negative (-): No major process blockers identified; the workflow reached a stable state.
- Action Plan: Focus on maintaining the current communication frequency and standardizing the documentation style for the upcoming deliverables.

3.11.3. Sprint 5 Retrospective

Sprint 5 centered on the team's first formal presentation. The retrospective highlighted strong collaboration and timely delivery, but identified gaps in presentation rehearsal and logistics.

Retrospective Summary:

- Positive (+): Strong mutual support, high motivation, timely task completion, and a well-received presentation.

- Negative (-): Last-minute changes to slides and script, lack of in-person group rehearsal, and unclear stage roles and transitions.
- Action Plan: The team agreed to freeze presentation content 24 hours before the deadline, schedule a mandatory in-person dry run, and explicitly assign stage positions and slide control responsibilities during planning.

3.11.4. Sprint 6 Retrospective

Sprint 6 focused on production of key deliverables, including the promotional video, 3D model, and marketing materials. The retrospective reflected strong output but flagged recurring carry-over as an area for improvement.

Retrospective Summary:

- Positive (+): Clear task ownership, consistent progress on the web app, and successful completion of major deliverables including the video and 3D model.
- Negative (-): Some tasks carried over across multiple sprints, indicating insufficient task breakdown during planning.
- Action Plan: The team committed to decomposing tasks into smaller, more manageable steps from the outset of each sprint to reduce carry-over.

3.11.5. Sprint 7 Retrospective

Sprint 7 saw the completion of several key deliverables and continued web app progress. The retrospective identified procrastination as the main obstacle to a smoother workflow.

Retrospective Summary:

- Positive (+): Clear task division, steady web app progress, and successful completion of the provider list, materials list, video, and 3D model.
- Negative (-): Procrastination led to tasks being completed later in the sprint than planned.
- Action Plan: The team committed to starting tasks earlier in each sprint cycle to maintain a more consistent workload distribution.

3.11.6. Sprint 8 Retrospective

Sprint 8 we had strong team cohesion and worked efficient with tasks. The retrospective identified no significant areas for improvement.

Retrospective Summary:

- Positive (+): Strong collaboration and communication across the team, clear task ownership, and well-balanced workload distribution.
- Negative (-): No process issues identified.
- Action Plan: The team agreed to maintain the current working dynamic and communication standards going forward.

3.11.7. Sprint 9 Retrospective

Sprint 9 delivered communication/visual material that received good feedback and continued web app progress, but exposed workflow gaps tied to component delays and tasks that carried over several sprints.

Retrospective Summary:

- Positive (+): Positive supervisor feedback, completion of the leaflet, poster, and visual materials, and continued steady progress on the web app.
- Negative (-): Several tasks carried over across multiple sprints, and prototype work was blocked pending component delivery.
- Action Plan: The team committed to improving workflow oversight to better anticipate blockers and prevent task accumulation.

3.11.8. Sprint 10 Retrospective

Sprint 10 was a stable sprint with most tasks completed as expected. The team acknowledged the need to pick up the pace as the project deadline draws closer.

Retrospective Summary:

- Positive (+): Tasks were mostly completed as planned.
- Negative (-): The team recognized the need to work more intensively in the final sprints.
- Action Plan: The team committed to increasing the work pace to meet final deadlines.

3.11.9. Sprint 11 Retrospective

Sprint 11 featured a successful marketing pre-presentation and good team communication. Carrying over tasks remained as an ongoing challenge.

Retrospective Summary:

- Positive (+): Successful marketing pre-presentation and strong team communication.
- Negative (-): Some tasks carried over across multiple sprints.
- Action Plan: The team committed to breaking tasks into smaller steps from the start of each sprint so they don't carry over several sprints.

3.12. Summary

This chapter detailed the management strategies used to organize and track the project's progress. We established the core foundations for scope, time, and cost, while also setting up protocols for quality, risk, and procurement. Managing communications and stakeholders was also key to keeping the workflow consistent and transparent.

These management pillars are put into practice through a cycle of continuous planning and execution. The Sprint outcomes and evaluations documented here reflect our ongoing effort to refine the workflow and hit project milestones. With the management structure in place, the focus now shifts to the Marketing Plan to define the project's market strategy and value proposition.

2026/02/16 21:07 · epsatissep · [0 Comments](#)

4. Marketing Plan

4.1 Introduction

This chapter outlines the formulation of the business idea and the strategic marketing approach developed to bring CONNECT and share to the market.

It covers:

- **Business Idea Formulation:** Definition of the core concept, outlining the multisensory value proposition, and establishing the problem-solution fit to combat digital isolation on public transport.
- **Business Model:** Identification of both B2B (public transport authorities) and B2C (daily commuters) target markets, alongside the differential value of a zero-friction interactive experience.
- **Market Analysis:** A comprehensive evaluation of the macro-environment using the PESTEL framework to assess the Political, Economic, Social, Technological, Environmental, and Legal factors influencing the project.
- **SWOT Analysis:** A structured assessment of the project's internal strengths and weaknesses, combined with external market opportunities and threats.
- **Strategy:** The strategic roadmap detailing the segmentation and targeting of Young Urban Commuters, and how the project is positioned against passive digital consumption.
- **Marketing-Mix & Brand:** The application of the 4 Cs framework (Customer value, Cost, Convenience, Communication) to center the user perspective, and the definition of CONNECT and share's core values and brand personality.
- **Marketing Programmes:** The planned marketing initiatives, budget allocation, and control mechanisms required to execute the strategy.
- **Summary:** The final conclusions that justify the product's market fit and bridge the strategic decisions to the next phase of development.

The traditional aim of marketing is to identify and meet the needs of consumers in a way that creates value and builds long-term relationships. For the CONNECT and share project, however, we specifically apply the principles of social marketing. Social marketing uses marketing knowledge and techniques to achieve social goals, with the benefits primarily accruing to the target group or society as a whole, rather than solely to the seller.

CONNECT and share transforms the monotonous daily commute on public transport into an interactive experience that breaks through the modern-day 'digital bubble'. Using sensors and LED lighting, we turn a routine journey into a multi-sensory experience that reconnects people with the real world. For the CONNECT and share project, we apply the principles of social marketing, which focuses on influencing voluntary behavior to improve societal welfare rather than just building awareness [\[27\]](#).

4.2. Business Idea Formulation

To successfully bring our vision to market, we place the traveller's needs at the very heart of our design process. According to the core concept of marketing, everything revolves around identifying and fulfilling customer needs. Our Business Idea Formulation therefore starts with a sharp analysis of a current social pain point, to which we propose a solution that is not so much a 'product' as one that delivers tangible, emotional value.

4.2.1 Problem-Solution Fit

- The Problem: Shared transport has nowadays become a space of digital isolation and social disconnection. Passengers avoid eye contact, and excessive screen use contributes to stress, passivity and mental fatigue.
- The Solution: CONNECT and share breaks through this isolation in an accessible way. As soon as a passenger holds onto a handrail in the metro (an everyday and necessary action), a personal light colour travels to the ceiling, blending with the colours of other passengers. To continue this shared experience outside the metro, a QR code at the exit allows passengers to exchange anonymous messages, about life lessons. An intentional delay, whereby passengers can read the messages after their journey, ensures that they remain in the moment and away from their screens during the journey.

4.2.2 Value Creation

A fundamental principle in marketing is that customers do not buy products, but benefits [28]. CONNECT and share focuses strongly on the emotional dimension of brand value and creates profound emotional benefits for the user. We maximise Perceived Value by offering a moment of calm and human connection in what is typically a stressful environment. Our value proposition rests on three pillars: - Sensory Grounding & Visualisation: Solitary scrolling is replaced by a real-time visual representation of human connection, where the user's touch translates into streams of light.

- Zero-Friction Socialising: Strangers are connected through a simple action without the need for screens or phones during the journey.
- Active Co-creation & Emotional Exchange: Passengers transform from passive travellers into active co-creators of their physical environment (lights) and digital community (messages).

4.2.3 Optimal Value Proposition

A successful market offering requires an Optimal Value Proposition (OVP) based on the 3-V framework, which means it must create superior value for the three core entities in the market:

1. Customer Value (The Passenger): We increase value for the customer by responding to emotional needs. Passengers experience moments of wonder, intimacy and a sense of connection without having to make any extra effort.
2. Collaborator Value (Metro do Porto & Sponsors): We create superior value for our key partners (Collaborators), such as Metro do Porto, by humanising their infrastructure and significantly improving the customer experience. This leads to higher customer satisfaction, stronger brand loyalty and an innovative image as a forward-thinking 'Smart City' solution.

3. Company Value (Our Team/Company): The project creates value for us as an organisation by positioning us as pioneers in ethical, well-being-focused urban technology. This opens doors to future scalability, grants and B2G collaborations.

4.3. Business Model

To access the Big Idea Canvas please follow this

link

.

A Business Model Canvas has been drawn up to define the value of CONNECT and share. This strategic tool provides a clear visualisation of how the project generates, delivers and captures value from two main perspectives:

- Passenger experience and social impact
- Logistics, engineering and infrastructure

CONNECT and share's business model operates within a hybrid Business-to-Government (B2G) and Business-to-Business (B2B) structure. To understand how we exchange value, we apply the "6-V Framework" (Value Exchange). This model identifies the key entities in the target market: customers, the company, collaborators and competitors. Within CONNECT and share, this is closely linked to Relationship Marketing: our aim is to build meaningful, long-term relationships with both our users and our partners in the wider marketing environment.

4.3.1 Customer Segments & Relationships

Our target group (Customer Segments) consists mainly of "The Digital Exhausted" (young, urban commuters aged 18–45), regular travellers and city enthusiasts. The relationship we build with them (Customer Relationships) is not transactional, but revolves around active co-creation and a shared sense of urban connectedness. The channels (Channels) used to reach them are primarily direct and tactile (via the sensors in the handrails) and then digital (via the QR codes in the underground stations).

4.3.2 Primary Exchange Relationship & Object Pillar

To understand CONNECT and share as a brand, we use Paulo Lencastre's Brand Triangle [29], which looks at a brand from three angles: identity, object, and response.

- The Identity Pillar covers what the brand looks and feels like — the name, the flowing light patterns on the ceiling, and the minimalist QR interface.
 - The Object Pillar is the actual exchange offered: an interactive installation that improves the passenger experience, in return for infrastructure access and financial support from partners like Metro do Porto.
 - The Response Pillar is about perception: the emotional associations we want to build with passengers and partners. We want CONNECT and share to feel warm and human.
- Each of these pillars is developed further in Section 4.6.5.

4.3.3 Revenue Streams and Cost Structure

The logistics, engineering and infrastructure entail a Cost Structure, including the production of hardware kits (sensors, microcontrollers), installation, and crucial maintenance (where protection against and repair following vandalism plays a key role). However, the financing is not borne by the end-user. Instead, we generate revenue through the following revenue streams:

- B2G Contracts: Service fees paid by public authorities, such as Metro do Porto, for improving the User Experience (UX).
- Corporate Sponsorships (B2B): Revenue from socially responsible brands wishing to promote themselves in relation to mental wellbeing and social impact.
- Urban Social Analytics: Providing anonymised reports on urban wellbeing and sentiment to city councils.
- Grants: Financial support from cultural or innovation funds focused on urban social dynamics.

Figure 18 maps out the hybrid Business-to-Government and Business-to-Business approach, ensuring the project's sustainability within the Porto Metro ecosystem.

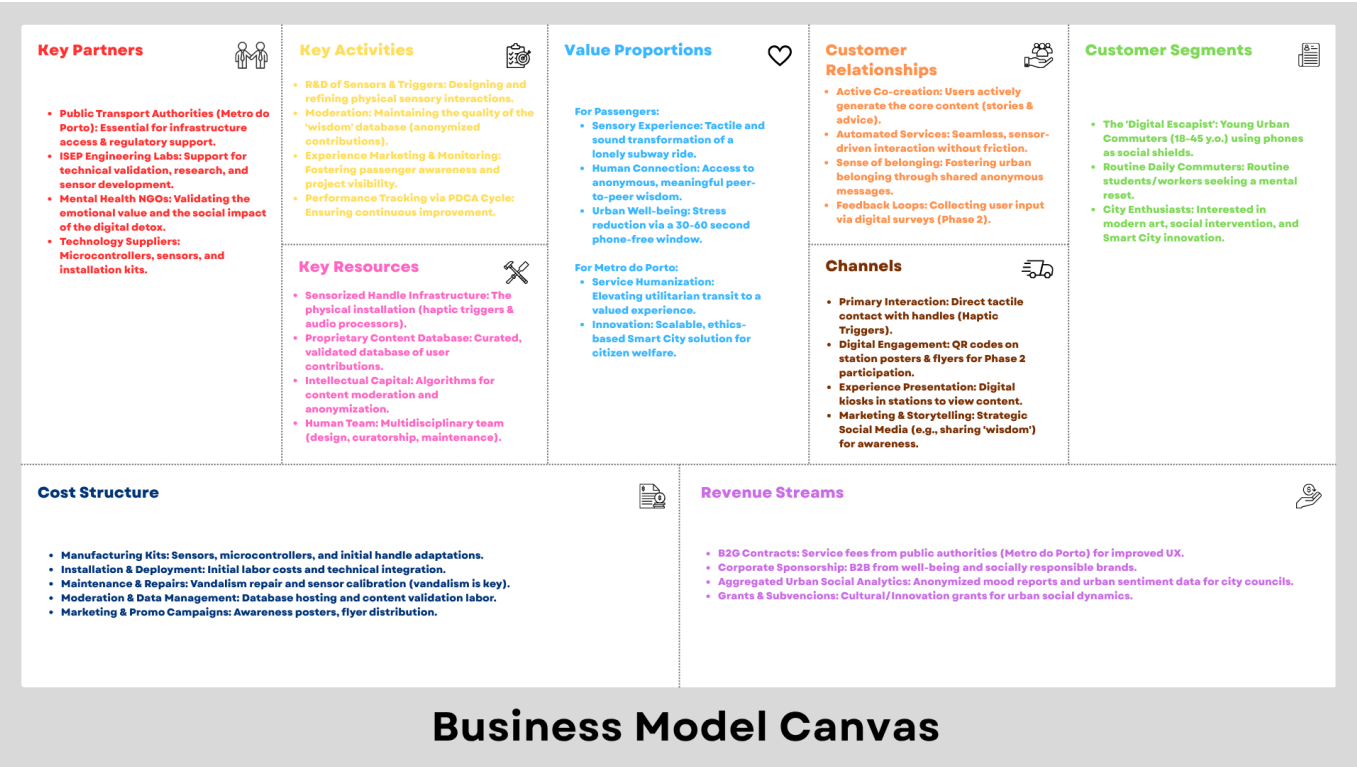


Figure 18: Business Model Canvas

4.4. Market Analysis

A successful marketing strategy must always be grounded in a thorough market analysis. To shape our strategy, we analyse the marketing environment: the external factors and forces that influence our ability to build and maintain successful relationships with our target audience. This environment is divided into the macro-environment and the micro-environment.

4.4.1. Macro-environment (PESTEL Factors):

The Macro-environment consists of the broader societal forces that influence the Micro-environment. To systematically examine these external variables and anticipate challenges and opportunities, we use a Political, Economic, Social, Technological, Environmental, Legal (PESTEL) analysis, a widely recognized tool to categorize macro-environmental drivers of change [30].

By identifying these factors, we can anticipate potential challenges and see the opportunities. Figure 19 provides a summary of these external drivers.

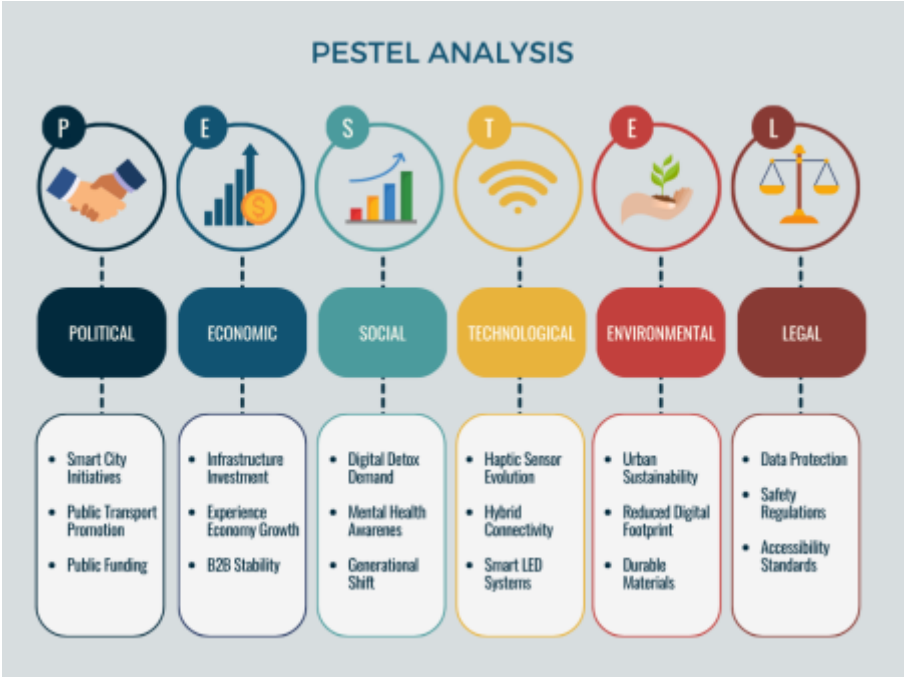


Figure 19: PESTEL Analysis for CONNECT and share

Table 20 offers a detailed breakdown of how each specific factor directly relates to the development and strategic goals of CONNECT and share.

Table 20: Detailed Analysis of PESTEL Factors

Factor	Rationale
P - Political	- Smart City Initiatives: Strong institutional support for projects that integrate technology into urban infrastructure to improve citizens' quality of life. - Promotion of Public Transport: Government incentives to encourage the use of the metro over private cars, aligning with urban mobility objectives. - Public Funding: Availability of EU or municipal grants for social innovation, mental health, and sustainable mobility.
E - Economic	- Infrastructure Investment: Municipal budgets allocated to modernizing public transport networks. - Growth of the Experience Economy: Increased institutional spending on services that offer emotional value and well-being over material products. - B2B Stability: Steady revenue streams through long-term maintenance contracts and licenses with public administrations.

Factor	Rationale
S - Social	• Demand for Digital Detox: Growing social demand for tools that combat “interaction fatigue” and digital isolation in shared spaces. • Mental Health Awareness: Greater focus on reducing urban stress and regaining “lost attention” during daily commutes. • Generational Shift: Generation Z and Millennials increasingly value brands with purpose and ethical interventions in the real world.
T - Technological	• Evolution of Haptic Sensors: Advances in the “sensing” of everyday objects, such as handrails, to process physical interactions in real time. • Hybrid Connectivity: Use of QR codes to bridge the gap between physical facilities and digital human exchange. • Intelligent LED Systems: Energy-efficient LED technology that enables complex and dynamic visual co-creation on train ceilings.
E - Environmental	• Urban Sustainability: Improving the public transport experience to promote green mobility and reduce the city's carbon footprint. • Reduced Digital Footprint: By encouraging passengers to put away their phones, the project indirectly reduces data-intensive consumption during journeys. • Durable Materials: Use of sustainable, high-resistance sensors integrated into the metro's standard hardware.
L - Legal	• Data Protection (GDPR): Guarantee of ethical and anonymous management of messages written through the QR code system. • Safety Regulations: Compliance with strict railway safety standards, including the use of fire-resistant materials for all onboard installations. • Accessibility Standards: Ensuring the installation is inclusive and does not obstruct the passage of passengers with reduced mobility.

4.4.2. Micro-environment (Porter's 5 Forces):

The micro-environment comprises the forces close to the company that influence our ability to serve the customer, such as customers, competitors and suppliers. To evaluate the competitive intensity within the Porto Metro ecosystem, we apply Porter's Five Forces model, which asserts that industry competition is rooted in its underlying economic structure [31].



Figure 20: Porter's 5 Forces [32]

1. Customer Bargaining Power:

- Very High

- The customer is defined within a Business-to-Government (B2G) structure, or what the theory refers to as 'Government markets'. Our primary customer is the infrastructure operator: Metro do Porto. As they are the sole entity with absolute control over the public space, they possess enormous bargaining power. CONNECT and share must align perfectly with their Corporate Social Responsibility (CSR) objectives to be successful.

2. Threat of Substitution:

- High
- The biggest "competitor" and also the most disruptive force for CONNECT and share is not another media company, but the traveller's personal smartphone. The desire for digital isolation is a direct substitute for our physical interaction. Our mitigation strategy is not to fight the phone, but to use it as an ally in "Phase 2" via the QR code, provided there is an intentional delay.

3. Competitive Rivalry:

- Low
- Our traditional competitors serve the same target market with similar services. Although the advertising market in public transport is saturated with static and digital screens, we are creating an entirely new niche: sensory wellbeing. We have no direct rivals who transform street furniture (such as handrails) into a human, co-creative interface.

4. Threat of New Entrants:

- Low / Medium
- The barriers to entry are significant. Strict technical and safety certifications (fire safety,

electrical inspections) are required to install hardware in railway rolling stock. Once CONNECT and share has been integrated via a public concession, the infrastructure forms a solid barrier to new competitors.

5. Supplier Power:

- Low / Medium
- Suppliers are the link that provides us with the necessary resources (sensors, LEDs). However, the components for CONNECT and share are open-market technologies offered by many manufacturers. Our dependence is low; the real value lies in our software integration and 'experience design', not in the exclusivity of the hardware.

CONNECT and share's success in this microenvironment depends on managing the high dependence on the institutional client (Metro) and offering an experience attractive enough to overcome the inertia of isolation generated by mobile devices.

4.5. SWOT Analysis

According to the Marketing Strategy Planning Process, the Strengths, Weaknesses, Opportunities, Threats (SWOT) analysis is the strategic intersection where our internal business environment (Company) and the external market environment (Customers & Competitors) converge [33] [34]. This model, presented in Figure 21, helps us to balance the internal Strengths and Weaknesses of the CONNECT and share concept with the external Opportunities and Threats in the market. This analysis forms the basis for our differentiation and positioning strategy.



Figure 21: SWOT analysis CONNECT

Internal Factors (Company's Internal Environment)

Strengths:

- **Strong Emotional Value Proposition:** Within the Value Creation framework, CONNECT delivers significant emotional benefits by combating loneliness and facilitating genuine human connection.
- **Intuitive and Frictionless Design:** The interaction requires no learning curve and is extremely accessible. Passengers naturally hold onto the handrails, which enables 'Zero-Friction Socialising'.
- **Reduction in Screen Time:** Phase 1 of our project requires no smartphones, allowing passengers to be fully present in the physical space.
- **Delayed Digital Reward (Delayed Gratification):** The deliberate delay in Phase 2, where the QR code is only scanned upon exiting the train ensures that the physical journey remains a shared, mindful experience.
- **High Scalability:** Once proven successful, this ambient media concept can be rolled out relatively easily to other cities or modes of transport (buses, trains).

Weaknesses:

- **Early Development Stage & Limited Resources:** As a start-up concept, we have a limited initial budget, which makes the development and testing of robust physical prototypes challenging.
- **Dependence on Public Administration (Micro-environment):** As the design requires physical modifications to the rolling stock, implementation is heavily dependent on permits and approvals from public authorities (Metro do Porto).
- **Vulnerability of Hardware & Maintenance:** The use of physical technology (sensors, RGB LEDs) in a public, high-traffic area entails significant risks in terms of vandalism and high maintenance costs.
- **User friction in Phase 2:** Asking passengers to scan a QR code whilst alighting introduces a barrier (friction) that may reduce the participation rate for listening to or recording messages.

External Factors (External Market Environment)

Opportunities:

- **Cultural Shift Towards Mental Wellbeing (Macro - Social/Cultural):** There is a growing social trend (particularly among younger generations) focused on mental wellbeing and digital detoxing. CONNECT aligns seamlessly with this as an ethical intervention.
- **Social Marketing Funding:** As CONNECT serves a social and societal purpose (Social Marketing), the concept is highly attractive for grants and funding from public and private NGOs.
- **Partnerships in Shared Transport (Micro - Collaborators):** Governments and local transport companies are constantly seeking innovative ways to increase customer satisfaction and encourage the use of public transport.

Threats:

- **Inherent Consumer Habits (Cultural Inertia):** It is extremely difficult to change the ingrained behaviour of passengers who are accustomed to ignoring their surroundings and remaining in their digital bubble.
- **Strict Safety Regulations (Macro-Political/Legal):** The rail sector is subject to extremely strict safety standards (such as fire safety), which can impose significant limitations on the materials we are permitted to install on handrails and ceilings.

- Economic Constraints (Macro-Economic): Economic recessions or cuts to local authority budgets may lead transport authorities to be reluctant to invest in infrastructure.

4.6. Strategy

4.6.1 Strategic Objectives

CONNECT's strategic direction is based on tangible objectives, designed to validate our impact on urban social dynamics. As we operate from a social marketing perspective, our primary objective is not to generate financial profit, but to influence and transform passenger behaviour.

- Behavioural Change: We aim to break through passive consumption inertia. The objective is to measurably increase the percentage of passengers who put their smartphones away for 30 to 60 seconds between stops during the three-month pilot phase.
- Co-creation & Engagement (Customer Involvement): To bridge the gap between physical presence and digital reflection, we are focusing on active participation in Phase 2. Our goal is to establish a baseline engagement rate by collecting an initial corpus of anonymous contributions (stories or life lessons) via the QR interface to validate platform viability within the first 30 days.

4.6.2 Segmentation and Targeting

To design an effective marketing mix, we cannot target every metro passenger. We use market segmentation to define a specific target group. Our primary target group is the Young Urban Commuter (Gen Z and Millennials, aged 18–45). This segment meets the criteria for effective segmentation: it is measurable, accessible, substantial in size, actionable and responds conceptually differently to our campaigns than other groups. We define this segment using the following variables: Demographic: University students and young professionals (aged 18–45) who live, study or work in Porto. Behavioural: Daily commuters whose current habit (usage rate and status) consists of passively scrolling on a smartphone during their journey. They are highly digitally literate, meaning the barrier to interacting with QR codes (Phase 2) is virtually non-existent. Psychographic: This group has a lifestyle strongly influenced by the paradox of 'being alone together'. They often experience digital fatigue, yet at the same time place great value on authentic self-expression, mental wellbeing and purpose-driven initiatives in the real world.

4.6.3 Positioning

Positioning determines how we want our target group to perceive CONNECT in relation to competitors. Our biggest competitor for the commuter's attention is the smartphone. A strong positioning strategy requires two elements: Identification and Differentiation.

- Identification (Points of Parity): Just like the smartphone or traditional underground adverts, we are a legitimate way of passing the time and processing stimuli during the commute.
- Differentiation (Points of Differentiation): Whilst phones encourage passive consumption and isolation, CONNECT positions itself through a unique competitive advantage: active, shared physical co-creation.

Our Positioning Statement: 'For young, urban commuters who value real-world connection, CONNECT

is the sensory metro experience that transforms an everyday journey into a moment of shared art and authentic human connection.'

4.6.4. Marketing-Mix

To implement our strategy, we shift from the traditional seller-focused 4Ps to the 4Cs framework to better align with a modern, customer-centric marketing approach [35]. Our marketing-mix is explained in Figure 22.



Figure 22: Marketing mix CONNECT

Customer Value (instead of Product):

- Customers do not buy products; they buy benefits. CONNECT is not a collection of sensors and LEDs; the true customer value lies in the emotional value of shared creativity and the elimination of isolation.

Cost (instead of Price):

- Price is more than just money; it encompasses monetary costs, time, and energy/effort. Because CONNECT is free, our cost consists solely of the physical and psychological effort required of the user. Through intuitive design, we keep this 'psychological price' extremely low.

Convenience (rather than Place):

- Accessibility is crucial. Rather than forcing passengers to go to a new location, we integrate CONNECT right where they already are and what they're already touching: the handrails on the busiest underground lines.

Communication (rather than Promotion):

- Promotion is about one-way broadcasting; communication is a two-way street. We use guerrilla marketing in stations and focus on sharing the real stories collected during Phase 2 to build authentic, long-term relationships (Relationship Marketing).

4.6.5 Brand

Building a strong brand involves much more than simply slapping a name on a product. Within modern marketing management, we analyse CONNECT using Paulo Lencastre's holistic Brand Triangle, which consists of three pillars:

- Identity Pillar (Identity Mix): This encompasses the brand's identity. For CONNECT, this comprises our core identity (the name) and our augmented identity, consisting of the distinctive, flowing light patterns on the metro ceiling and the minimalist QR interface.
- Object Pillar (Marketing Mix): This is the actual exchange relationship with the market. For our brand, this is the physical, interactive technological installation that we provide to Metro do Porto and its passengers.
- Response Pillar (Image & Public Mix): This concerns the associations that the target audience has with our brand. We consciously build a strong emotional dimension (Emotional Branding). The brand personality is not a cold technological system, but a warm, honest 'friend' in the city. By employing Relationship Marketing, we build trust and ensure a high share of mind and share of esteem among both passengers and public sector employees.

Design System

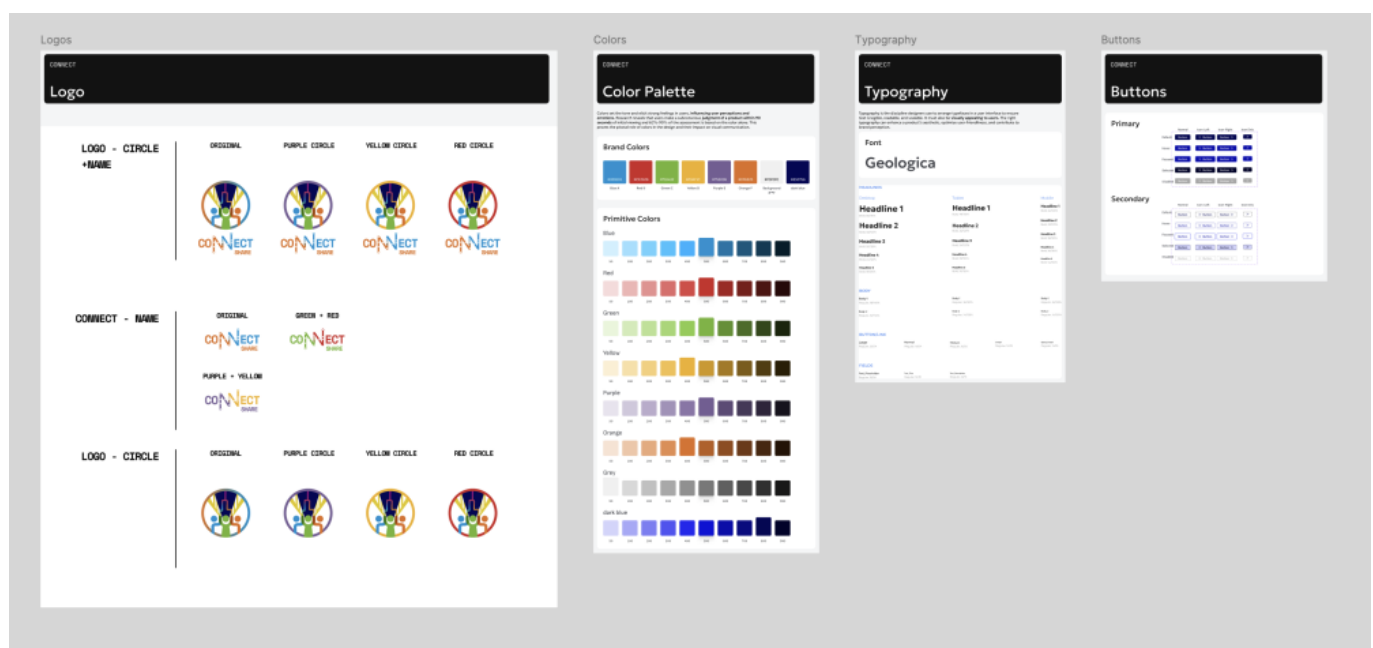


Figure 23: Style guide

To ensure a consistent user experience and streamline the development process, our project is built upon a custom-developed, comprehensive Design System. This serves as the central framework for all

visual and functional interfaces within our web application.

Importance of the Design System for our Project

A unified design system is essential to the success of our product for the following reasons:

- **Consistency:** Users can recognize the brand instantly. A cohesive appearance builds trust and conveys professionalism.
- **Development Efficiency:** By defining reusable components, there is no need to “reinvent the wheel” for every new feature.
- **Scalability:** New functions can be integrated seamlessly because design rules (layout grids, spacing, colors) are already established.
- **Accessibility:** By strictly defining contrasts and font sizes, we ensure that the application remains accessible to all target groups.

Core Components of our Style Guide

Color Palette

Our color strategy is deeply rooted in the application's functionality.

- **Contextual Derivation:** The primary colors and their respective shades were derived directly from metro line branding. This ensures high recognition and creates an immediate visual link to the urban mobility context.
- **Color Hierarchy:** We utilize a system of primary, secondary, and accent colors, complemented by a grayscale palette for backgrounds and text to effectively manage visual hierarchy.

Typography

- **Typographic Scale:** We use a fixed scale for font sizes, line heights, and weights.
- **Application:** This scale is applied consistently across all touchpoints from large headlines for orientation to optimized body text for detailed information. This guarantees a harmonious typographic appearance on all devices.

UI Component Library

A key part of the system is the library of reusable elements:

- **Modularity:** All elements, such as buttons and input fields, were developed modularly.
- **Optimization:** Components are specifically optimized for web application requirements (e.g., clear click targets, feedback states like hover or disabled).
- **Reusability:** Developers can easily access these components, which reduces the margin for error and seamlessly translates the design into the technical implementation.

The Design System forms the visual foundation of our project. It bridges the gap between aesthetic brand identity and technical precision, ensuring that the web application is perceived as a unified, professional, and cohesive piece of work.

Two-Step Marketing Communication Strategy

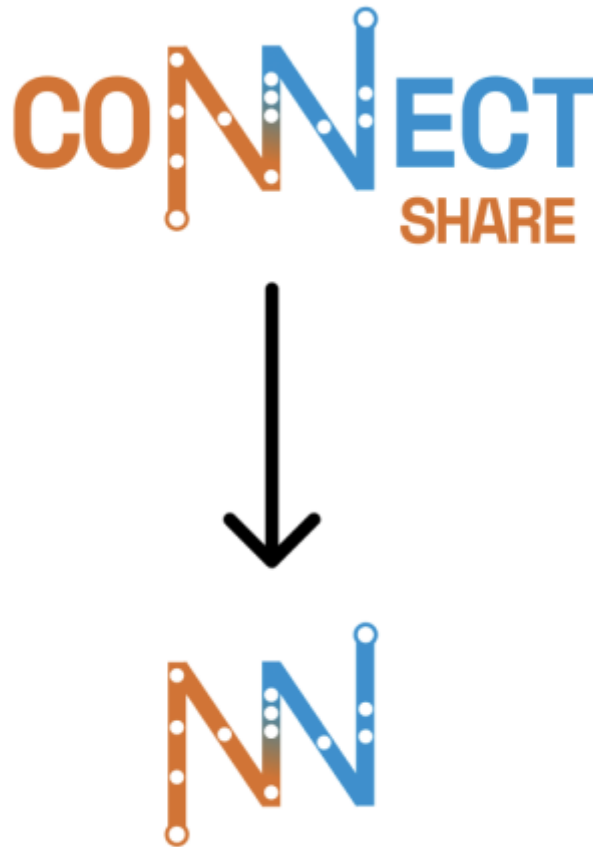


Figure 24: Two step Marketing Communication

To build a sustainable brand identity, we are pursuing a two-step communication strategy. The objective is to transition the brand from purely text-based recognition toward iconic symbolic power.

Phase 1: Awareness & Literacy (Initial Phase)

During the launch phase, the focus lies on establishing brand awareness. As the project and the brand are new to Porto's urban landscape, we will exclusively utilize the full wordmark (full logo).

Implementation: The merged "n" symbol is always presented in combination with the complete "connect" logotype.

Objective: The target audience should develop a cognitive link between the abstract symbol and the brand name. During this stage, commuters "learn" what the symbol represents. Readability is prioritized to eliminate communication barriers.

Phase 2: Iconic Recognition & Symbolism (Establishment Phase)

Once a critical mass of interactions and visual touchpoints has been achieved, the transition to de-branded symbolic communication takes place.

Implementation: The "connect" logotype is removed. The merged "n" stands as a solitary icon—featured on digital screens, projections on platform walls, or physical floor markings within the metro.

Psychological Effect: This step leverages the effect of visual saliency. The symbol has become so deeply embedded in the users' visual memory that the brand name is implicitly associated without being read.

Advantage: Reducing the brand to a pure symbol makes it appear less like traditional advertising and more like an integrated component of the digital art itself. It fosters curiosity and underscores the project's minimalist, artistic ambition.

4.7. Marketing Programmmes

Whilst the strategy (section 4.6) defines what we aim to achieve, the marketing programme describes how we will put this into practice. This is the translation of our 4Cs into a concrete action plan.

4.7.1 Programmes (Action Plan)

Our marketing programme for the launch of CONNECT and share is divided into three concrete action pillars during a three-month pilot phase:

- **Physical Installation (Customer Value & Convenience):** In collaboration with engineers from ISEP and Metro do Porto, we are equipping one specific, heavily used metro line (the pilot line) with our sensor-equipped handrails and LED ceilings. This requires no extra effort from passengers, as we are integrating the technology into their existing routine.
- **Guerrilla Marketing & Station Promotion (Communication):** We avoid traditional, loud advertising. Instead, we place minimalist, intriguing posters, flyers and floor stickers in the metro stations along the pilot line. This arouses curiosity just before passengers board the metro.
- **Digital Launch & Storytelling (Phase 2):** Activating the QR codes near the metro doors. To encourage adoption, we launch an organic social media campaign (focused on Instagram and TikTok). Here, we will share the most beautiful, most inspiring 'life lessons' (messages) left via the QR code anonymously on a weekly basis. This creates a viral, emotional effect (Emotional Branding) and motivates others to share their stories too.

4.7.2 Budget

As CONNECT and share is a social marketing initiative operating within a Business-to-Government (B2G) model, the budget is not funded by the end user, but through public funds, ISEP, grants and Metro do Porto. The estimated costs are based on the list of materials in deliverables. The marketing and operational budget for the pilot phase is allocated as follows:

- **R&D and Hardware (Largest cost item):** The hardware for a single carriage deployment totals approximately €730 (as detailed in the initial cost analysis, Section 3.3.1). This covers all core components including microcontrollers, enclosures, pressure sensors, LED strips, and supporting electronics.
- **Digital Infrastructure:** Currently €0. Hosting the Phase 2 web platform via Vercel and Supabase falls within free tiers for a pilot-scale deployment. Should the platform be formally launched or scaled to additional lines, monthly costs are estimated at €50–100 or more.
- **Promotional materials:** €150–300. Design and printing of guerrilla marketing posters, QR code

stickers, and flyers for stations along the pilot line.

- Maintenance & Management (Contingency): Est. 15% of hardware cost (≈€110). A reserved budget for repairs and component replacement.

Estimated total (pilot phase): €1000-1200

4.7.3. Control

To ensure the success of the marketing strategy, a structured monitoring plan is needed. This plan focuses on tracking progress, evaluating effectiveness and making adjustments where necessary. To achieve our marketing goal, the Plan-Do-Check-Act (PDCA) cycle will be used, as illustrated in Figure 25.

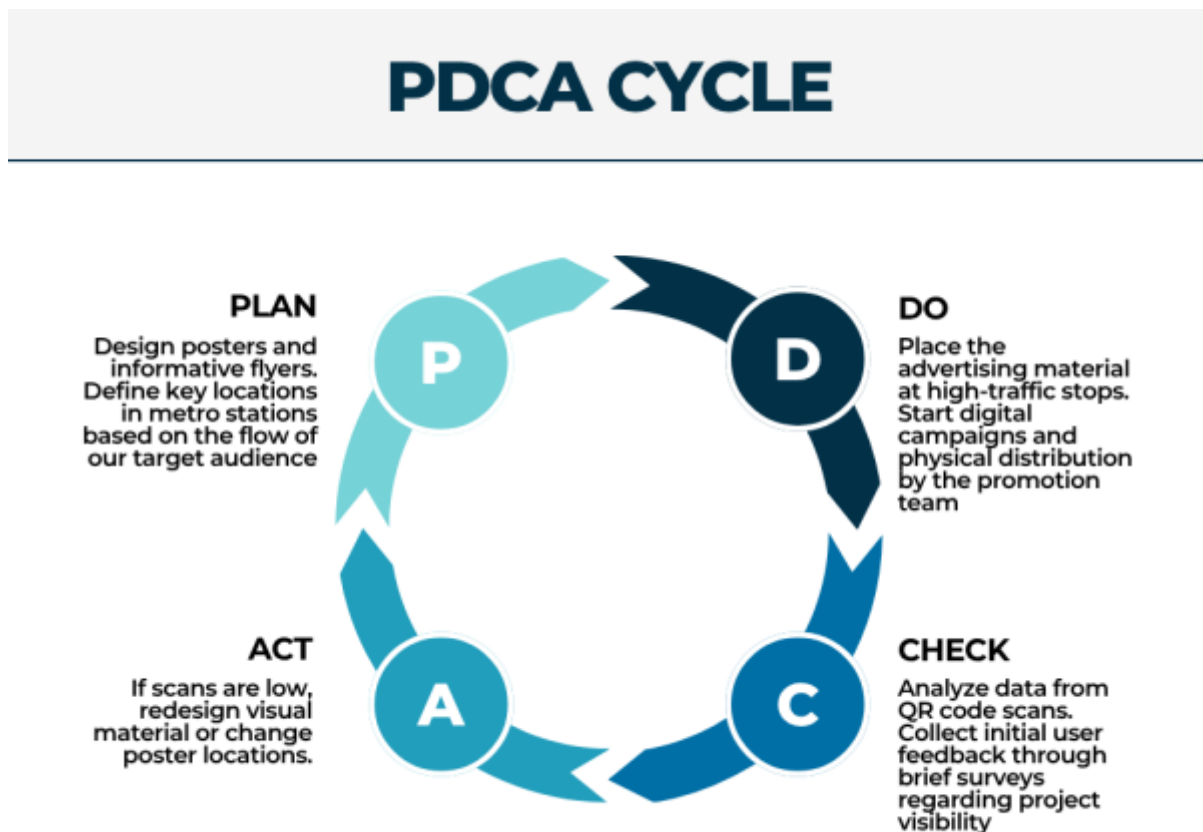


Figure 25: PDCA Cycle applied to CONNECT and share's marketing efforts

The control phase is divided into the following key elements:

Key Performance Indicators (KPIs)

We will measure the impact of the marketing program through four main categories:

- Interaction Rate: Number of activations per handle per hour to measure the physical engagement of the passengers.
- Behavioural Impact: Qualitative and quantitative measurement of the increase in eye contact and reduction of screen time, targeting from 30 to 60 seconds without looking at the phone.
- Content Growth: Number of new anonymous contributions submitted via QR codes, aiming to establish a solid baseline engagement rate during the first 30 days.

- Campaign Reach: Data from QR code scans on posters and flyers to analyze the visibility of the promotion.
 - User Satisfaction: Qualitative feedback collected via digital surveys to evaluate their experience.

Continuous Improvement

Following the PDCA cycle shown above, the marketing team will be responsible for keeping an eye on these numbers. If a campaign or a specific poster location doesn't reach enough people, the message or channel will be changed. If the interaction works better than expected, it will be expanded to other metro lines. This constant feedback ensures that the project adapts to the passenger behavior and situational needs in real time.

4.8. Summary

CONNECT functions as more than a technological installation; it is a strategic social marketing intervention designed to enhance urban wellbeing in Porto. By addressing the macro-trend of digital isolation through a stakeholder-centric 4Cs framework, the project delivers superior value while fostering 'Zero-Friction Socialising.' This approach redefines the commute, transforming it into a mindful experience that reinforces Metro do Porto's identity as a 'Smart City' leader and reclaims the social dimension of the urban environment.

To ensure this impact remains enduring, such social value must be synchronized with environmental and economic responsibility. Consequently, the following chapter details our eco-efficiency measures, exploring how life cycle assessments and circular economy models minimize the project's ecological footprint while maximizing its potential for sustainable development.

2026/02/16 21:08 · epsatissep · [0 Comments](#)

5. Eco-efficiency Measures for Sustainability

5.1 Introduction

This chapter explores eco-efficiency as a framework for sustainable development, examining how decoupling economic growth from environmental damage can reduce our ecological footprint. Drawing on tools such as life cycle assessments and circular economy models, it applies these frameworks directly to our project to evaluate its sustainability across every stage of development and deployment.

It covers:

- Sustainability Context: An overview of the historical impact of human consumption, the importance of circular economy models, and how the project aligns with the UN's Sustainable Development Goals (SDGs).
- Environmental Dimension: An analysis of the project's ecological footprint, highlighting the low-power operational benefits of LED technology alongside the upstream challenges of sourcing electronic components and synthetic materials.

- **Economical Dimension:** An evaluation of the prototype's cost-effectiveness, material affordability, and the potential for low-budget scalability within public transit infrastructure.
- **Social Dimension:** An examination of the project's core mission to disrupt the “together alone” dynamic of urban commuting, fostering inclusive, barrier-free human connections that support global goals for urban health.
- **Life Cycle Assessment:** A structured, five-phase evaluation spanning from raw material extraction (cradle) to end-of-life disposal (grave) detailing the environmental impacts, manufacturing processes, and logistical challenges of the project's hardware.
- **Summary:** Concluding reflections on how the project harmonizes low-waste, eco-efficient design with high social impact.

5.2 Theoretical Framework

Historically, human consumption has often prioritized resource extraction over preservation [36]. From the industrial era's exploitation of fossil fuels to large-scale mineral depletion, human activity has consistently pushed natural systems beyond their limits. The consequences of this kind of actions extend beyond the environmental impact: coal mining in Australia, for example, has placed significant pressure on regional communities, multiplying the magnitude and profile of cumulative impacts [37].

By adapting to nature rather than controlling it, we can minimize our environmental footprint through eco-efficiency doing more with less, and decoupling economic progress from ecological damage [38]. Tools like life cycle assessments help reduce energy waste and carbon emissions, while the circular economy treats waste as a valuable resource rather than a byproduct, ensuring greater long-term stability [39]. Underlying all of these approaches is a simple but powerful idea: we must find ways to thrive today without taking from tomorrow. This is the essence of sustainability, a concept that spans the health of the planet, the strength of economies, and the well-being of people, all of which are inseparable from one another. Sustainability is therefore not merely an environmental concern, but a fundamental framework for rethinking how societies produce, consume, and govern resources. The 17 Sustainable Development Goals, illustrated in Figure 26, establish concrete targets for global resource governance and equitable consumption.



Figure 26: The United Nations' 17 Sustainable Development Goals (SDGs), adopted as part of the 2030 Agenda for Sustainable Development.

5.3 Environmental

The project's environmental footprint is optimized through a high power-to-impact ratio. Operating at a peak consumption of ~ 300 W during active interaction and dropping to a 90 W when idle, the installation uses approximately 70 % less energy than traditional neon or incandescent public displays [40]. With an estimated operational carbon intensity of about 7.3 kg CO₂ equivalent per year based on Portugal's emissions [41], the installation represents a significant reduction in emissions compared to high-intensity digital signage. Furthermore, the selection of Polylactic Acid (PLA) over Acrylonitrile Butadiene Styrene (ABS) plastic results in a 60 % reduction in CO₂ emissions during the manufacturing phase, prioritizing bio-based feedstocks over petroleum derivatives [42].

However, a complete environmental picture must also account for the production and end-of-life stages of the project's components. The manufacturing of electronic hardware: sensors, microcontrollers, and lighting elements, typically involves the extraction of rare earth minerals and metals, processes that are resource-intensive and geographically concentrated in regions with significant environmental and labour concerns [43]. While the quantity of materials used in this prototype is small, scaling the installation across multiple metro poles and carriages would proportionally increase this upstream environmental burden. Similarly, synthetic materials used in the structural and handle elements of the installation are petroleum-derived, carrying an embedded carbon cost from their production. To mitigate these impacts, the project should adopt a responsible sourcing strategy from the outset, prioritizing suppliers with demonstrated environmental credentials and seeking components with longer operational lifespans to reduce replacement frequency.

5.4 Economic Evaluation and Scalability

While the current prototype demonstrates financial viability, a comprehensive economic evaluation for large-scale implementation is still forthcoming. Specifically, detailed cost modeling for full-scale deployment, longitudinal maintenance requirements, and precise return-on-investment (ROI) metrics remain areas for future study.

5.4.1 Prototype Cost Analysis

The total material cost for the prototype is under 100 €, positioning it as an exceptionally cost-effective public art intervention. This low entry point was achieved through component reuse and the utilization of off-the-shelf components, ensuring that replacement parts are affordable and easily sourced.

The comparative financial metrics between the current iteration and potential industrial scaling are summarized in Table 21.

Table 21: Economic Comparison and Scalability

Category	Prototype Scale	Large-Scale Implementation
Material Cost	< 100 €	Moderate (Scales per unit)
Component Sourcing	Bought from store / Workshop	In bulk purchases from recycled materials
Maintenance	None	Low (Standardized parts)
Economic Impact	High (Educational / Pilot)	High (Cultural / Ridership)

5.4.2 Long-term Value and ROI

Beyond direct costs, the installation offers “soft” economic benefits that contribute to the overall value of public transit:

- **Cultural Capital:** By enhancing the “experiential value” of the commute, the project may improve rider satisfaction and encourage people to use public transport hence reduce carbon footprint.
- **Indirect Benefits:** High-quality public environments are linked to increased ridership and reduced vandalism [44].

5.5 Social

The social dimension of this project is easily its most significant contribution. Modern urban life is defined by a weird paradox: we are more digitally connected than ever, yet feelings of loneliness and social isolation in public spaces are actually growing [45]. The metro is the perfect example of this contradiction: hundreds of people packed into a tiny space, shoulder to shoulder, yet every single person is absorbed in their own private digital world. This project disrupts that “together alone” dynamic by taking the handrail, one of the most mundane and universally shared touchpoints in the city, and turning it into a medium for spontaneous, visible, and playful social interaction.

The mechanic is deliberately simple and requires zero prior knowledge, tech literacy, or even a conscious decision to “participate.” A commuter touches a pole and sees their unique color travel upward to the ceiling; another commuter does the same, and the two colors meet and blend overhead. This moment of shared visual experience creates an implicit social connection between strangers, one that is fleeting, non-verbal, and non-threatening, yet nonetheless meaningful. By making the invisible visible, the simple fact that two people are sharing the same space at the same moment, the installation gently reminds commuters of their shared humanity in an environment that typically encourages total withdrawal.

This approach directly supports global goals for urban health and community building. The SDG which CONNECT and share supports are shown in Table 22.

Table 22: Sustainable development goals which are supported by CONNECT and share

SDG Goal	Direct Impact
SDG 3 (Good Health)	Fostering incidental social interaction in everyday environments contributes to reduced loneliness, improved mood, and better mental health outcomes.
SDG 11 (Sustainable Cities)	Reimagines transit infrastructure as a canvas for human connection, providing safe and inclusive public spaces that foster community cohesion.

Importantly, the installation is radically inclusive. It doesn't require a smartphone, an app, or a digital account. It is activated simply by touch; an action available to every metro user regardless of their age, background, income, or technical skill. This universality is essential to its social impact: any intervention designed to foster connection must itself be free of barriers to participation. Over time, the cumulative effect of these small, shared moments has the potential to contribute to a subtle but meaningful shift in the social atmosphere of the metro; moving it from a space of isolated transit to one of collective, shared urban life.

5.6 Life Cycle Assessment

Phase I: Raw Material Extraction (Cradle)

The following data in Table 23 details the inventory of primary materials required for initial fabrication.

Table 23: Raw Material Extraction Specifications

Component	Technical Specifications	Chemical Composition
Electronics	Extraction for Printed Circuit Board (PCB) traces and microcontrollers.	Au, Cu, Ag, Si
Sensors	Piezoresistive pressure sensing via carbon-impregnated polymer sheet (Velostat) with copper foil electrodes.	C (amorphous), Cu, PET (C ₁₀ H ₈ O ₄) _n
Housing	Bio-based Polylactic Acid (PLA); derived from plant starch.	(C ₃ H ₄ O ₂) _n

The extraction phase reveals a high concentration of high-impact minerals. While the bio-based PLA housing represents the largest mass fraction, the Abiotic Depletion Potential (ADP) is dominated by the electronics. Gold (Au) and Silver (Ag) extraction involves energy-intensive mining processes that contribute disproportionately to the unit's toxicological footprint. The use of carbon-impregnated polymer (Velostat) in sensors reduces critical raw material dependency compared to III-V semiconductors; however, the copper foil electrodes and PET carrier film still introduce upstream extraction and polymer synthesis burdens respectively.

Phase II: Manufacturing & Assembly

The manufacturing energy profiles and emission types are categorized in Table 24.

Table 24: Manufacturing Processes and Emissions

Process	Environmental Impact	Technical Notes
PCB Assembly	High-thermal energy consumption.	Localized Volatile Organic Compound (VOC) emissions from reflow.
PLA Molding	Lower processing temperatures vs. Acrylonitrile Butadiene Styrene/Polycarbonate (ABS/PC).	Reduced C_{offset} due to bio-polymer feedstock.
Integration	Low-impact mechanical assembly.	Robotic sensor/LED matrix alignment.

The primary analytical takeaway in this phase is the energy efficiency of the housing production. PLA molding occurs at approximately 180 °C - 210 °C, which is significantly lower than the 230 °C - 260 °C required for traditional petroleum-based plastics like ABS. This temperature differential results in a measurable reduction in the Cumulative Energy Demand (CED). However, the PCB assembly remains the carbon hotspot of Phase II due to the continuous operation of reflow ovens and the management of VOC emissions, which require specialized filtration systems to mitigate local atmospheric acidification.

Phase III: Transportation & Distribution

Table 25 outlines the logistics streams and the associated carbon intensity for global and local movement.

Table 25: Logistics and Carbon Footprint

Stream	Logistics Overview	Carbon Implications
Inbound	Global sourcing (East Asia) to assembly.	High freight dependency.
Outbound	Distribution to transit authorities.	Higher CO ₂ due to electronic mass vs. plastic.

The transportation impact is modeled using tonne-kilometers (tkm). An analytical tension exists between “Inbound” and “Outbound” streams; while inbound components travel longer distances via

sea freight, the carbon intensity is relatively low (about 120 g CO₂ / tkm). Conversely, “Outbound” distribution often relies on heavy-duty road transport (about 150 g CO₂ / tkm). Consequently, the geographical location of the final assembly plant relative to the transit authorities (end-users) is a more critical lever for carbon reduction than the location of the semiconductor foundries.

Phase IV: Operational Use

Operational durability and energy requirements, which dictate the long-term impact, are listed in Table 26.

Table 26: Operational Requirements and Structural Durability

Performance Factor	Operational Requirement	Ecological/Maintenance Impact
Energy Consumption	Continuous sensor polling and LED illumination.	Cumulative “vampire load” across fleet.
Surface Maintenance	Chemical cleaning (Sensor Clarity Protocol).	Periodic solvent runoff; risk of polymer stress.
Structural Integrity	Mechanical fatigue resistance (cyclic loading).	Engineered for >10 000 daily interactions.

Quantitative modeling shows that for a 5-year service life, the Use Phase is the largest contributor to the total Global Warming Potential (GWP). This is due to the “vampire load” of constant sensor polling.

Phase V: End of Life (Grave)

The recovery challenges and environmental risks associated with disposal are detailed in Table 27.

Table 27: Materials Disposal Challenges and Environmental Impacts

Component	Disposal Challenge	Environmental Impact
PLA Housing	Requires industrial composting (> 58 °C).	Low impact if processed; landfill persistence.
PCB & Sensors	Contains heavy metals (Lead, Arsenic).	Requires certified E-waste recycling facilities.
LEDs	Small form factor; contain toxic elements.	Frequently missed in bulk recycling streams.

The “Grave” phase analysis utilizes the Avoided Burden approach. While PLA is bio-based, it is not “home compostable”; without industrial facilities maintaining temperatures > 58 °C, it behaves similarly to conventional plastic in a landfill. The most significant environmental gain in this phase comes from the circularity of the electronics. By utilizing certified E-waste recycling, we “credit” the system with the avoided energy of primary copper and gold mining, effectively reducing the net GWP by approximately 15 % compared to a scenario of 100 % landfilling.

5.7 Summary

Sustainability is not a single solution but a lens through which every design decision can be evaluated. This chapter has shown that even a small, low-budget public installation carries environmental, economic, and social implications that extend well beyond its immediate function. The project's greatest environmental risks lie not in its operation, but in its material origins and disposal, a reminder that responsible design must think in full cycles, not just outcomes. Adopting certified e-waste processing and bio-based materials where possible are concrete steps that would bring the project closer to the circular economy principles outlined earlier in this chapter.

More fundamentally, the project illustrates that eco-efficiency and social value are not competing priorities. By doing more with less, both materially and technologically, the installation generates its most significant impact not through complexity, but through simplicity: a touch, a color, a moment of unexpected human connection in an otherwise isolated urban environment. In this sense, the project speaks to a broader truth about sustainable design, that the most enduring interventions are often those that cost the least, waste the least, and mean the most to the people who encounter them. That, ultimately, is what sustainable design looks like in practice.

Beyond sustainability and responsible material use, the ethical dimensions of this project are equally vital and will be detailed in the following chapter.

2026/02/16 21:09 · epsatissep · [0 Comments](#)

6 Ethical and Deontological Concerns

6.1 Introduction

This chapter examines the ethical, deontological, and legal dimensions of the CONNECT and share installation. It evaluates the project's impact on public transport users, ensuring that the design choices align with principles of privacy, inclusivity, and social responsibility.

It covers:

- **Engineering Ethics:** An analysis of passenger interaction and consent, focusing on data privacy (the non-collection of personal data in Phase 1 versus message storage in Phase 2) and accessibility concerns.
- **Sales and Marketing Ethics:** An evaluation of the project's funding models (public interest versus commercial sponsorship), highlighting the need for transparency and the protection of user-generated content from commercial exploitation.
- **Environmental Ethics:** Reflection on the ecological footprint of the chosen hardware and infrastructure. Addressing use of Nanovia PA Rail, the management of electronic waste, and the energy consumption of web hosting.
- **Liability:** A discussion on the distribution of responsibility regarding physical and electrical safety in a traffic transit environment, and accountability for moderating potentially harmful user-generated audio content.
- **Summary:** The final conclusions detailing the specific design, material, and technical choices implemented by the team to uphold these ethical standards.

6.2 Engineering Ethics

CONNECT and share is designed to interact with passengers in a shared public space. This raises questions about professional responsibility, user consent, and inclusive design. The Institute of Electrical and Electronics Engineers (IEEE) Code of Ethics requires engineers to hold paramount the safety, health, and welfare of the public, and to protect the privacy of others [46]. These principles work as a guidance when the team approaches passenger interaction and data handling throughout the project.

Informed interaction and passive consent

Passengers interact with the installation by gripping a handrail, which is an action they would perform regardless of the installation's presence. To ensure that passengers are aware of the installation, an informational notice is placed on the carriage door. This approach provides passive consent: passengers are informed before entering, and their engagement remains voluntary. No active sign-up or agreement is required. Since Phase 1 collects no personal data, the installation falls outside the scope of the EU General Data Protection Regulation (GDPR) [47], which applies only where personal data is processed.

Privacy and data minimisation

In Phase 1, the system uses velostat pressure-sensitive sheets to detect grip. Velostat registers physical pressure only: it does not identify who is pressing, collect biometric data, or transmit any personal information. No data is stored or logged at any point in Phase 1. This distinguishes the system from biometric sensing technologies and minimises privacy risk, in line with the principle of data minimisation established under the GDPR [48].

In Phase 2, passengers may voluntarily choose to submit a message via a web platform accessed through a QR code near the exit doors. Participation is entirely optional. However, messages constitute personal user-generated content, and the platform must handle this responsibly in accordance with the GDPR [49]. Messages are transcribed and reviewed through automated content moderation tools prior to being made available on the platform. Questions of data ownership and retention period should be clearly communicated to users on the platform.

Accessibility

The installation relies on passengers gripping a handrail. To ensure that the experience is accessible to all passengers, including those who use wheelchairs, mobility aids, or who cannot reach a standard handrail, a pressure-sensitive point is located at a lower position on the pole. This allows passengers to interact with the installation regardless of height or mobility. The visual output on the ceiling remains visible to all passengers whether or not they interact directly. Phase 2 is accessible to passengers with a smartphone.

6.3 Sales and Marketing Ethics

Although CONNECT and share originates as a student project within the European Project Semester at ISEP, it is developed and presented as a real product concept with potential for deployment in public transport systems. This framing means that ethical considerations around commercialisation are relevant. The IEEE Code of Ethics requires that engineers act in a manner that avoids deceptive acts and maintains honesty and integrity in all communications [50].

Potential customer types

Two types of customers have been identified. One is a municipality or public transport authority adopting CONNECT and share in the public interest represents a relatively unproblematic relationship: the installation's stated goal to reduce social isolation in public spaces aligns with the mandate of public institutions. A commercial sponsor introduces more complex considerations. If a private entity funds the installation, it is important that the sponsor's interests do not conflict with or overshadow the project's original purpose. Passengers should not be exposed to undisclosed commercial influence.

Transparency toward passengers

Regardless of who funds the installation, passengers should be clearly informed about the nature of the project and who is behind it. The informational notice on the carriage door serves this purpose. If the installation is commercially sponsored, this should be disclosed in that notice. Marketing the installation as a neutral public art piece while concealing a commercial interest would conflict with the principle of honest communication [51].

Data and commercial interests in Phase 2

In Phase 1, no user data is collected, which eliminates the risk of data monetisation. In Phase 2, messages are submitted voluntarily by users and constitute personal data subject to the GDPR [52]. A commercial sponsor must not have access to this content for marketing purposes. The team's position is that user-generated content in Phase 2 belongs to the platform and is used solely for the purpose of the installation, and not for commercial exploitation.

6.4 Environmental Ethics

Environmental responsibility was considered during the material selection and system design phases of the project. The choices made reflect an awareness of the environmental impact of the components used.

Enclosure material

The electronics enclosure is 3D printed using Nanovia PA Rail, a composite polyamide filament certified to NF EN 45545-2 for use in railway environments [53]. The material was selected for its fire safety properties, because it is non-flammable, low smoke, and low toxicity characteristics [54]. It is a petroleum-based polymer, which is not biodegradable, and end-of-life disposal should be handled accordingly. We were initially planning on using PLA, which would be biodegradable, but the safety requirements of the deployment was considered more important.

Electronic components

The system uses a WEMOS C3 Mini microcontroller (ESP32-C3-based), WS2812 addressable LED strips, MCP2551 CAN bus transceivers, and velostat pressure-sensing sheets, which are all electronic components. Their manufacture involves energy processes and can involve rare materials. As the system contains electronic components, it falls within the scope of the Waste Electrical and Electronic Equipment (WEEE) Directive (2012/19/EU), which requires that electronic waste is collected and processed through certified facilities rather than disposed of as general waste [55].

Phase 2 infrastructure

The web platform introduced in Phase 2 requires server hosting, which carries an associated environmental cost that should be acknowledged alongside the physical components of the installation.

6.5 Liability

Because CONNECT and share is installed in a public transport environment and involves direct physical contact by passengers, liability is a relevant concern. The following considerations apply to both phases of the project.

Physical safety (Phase 1)

Passengers grip handrails that contain embedded velostat sheets, wiring, and LED components. The materials must be safe for repeated physical contact and must not create electrical hazards. The electronics enclosure is designed to contain all active components, and the handrail surface presented to passengers should be free of exposed components. The General Product Safety Directive (GPSD) requires that all products placed in public use are safe and do not pose excessive risk to users [56]. The Low Voltage Directive (LVD) establishes safety standards for electrical equipment and applies to the electronic components used in the installation [57]. Responsibility for ensuring compliance lies with the team as designers, in coordination with the metro operator as the host environment.

User-generated content (Phase 2)

The introduction of a message platform in Phase 2 raises the question of liability for user-generated content. Passengers may submit messages that are harmful, offensive, or distressing to other users. Messages are reviewed through LLM content moderation API prior to being made available on the platform. The platform must also comply with the GDPR regarding storage, access, and retention of data [58]. While automated moderation reduces risk, it does not eliminate it entirely. What kind of content that is not permitted need to be defined clearly for the user.

Sponsor and operator responsibility

If the installation is commercially sponsored or operated by a transit authority, the distribution of liability between the team as designers, the sponsor, and the metro operator should be clearly defined prior to any deployment. This is particularly relevant for Phase 2, where the platform hosts user content over time. The data stored need to be separated from commercial interests.

6.6 Summary

This chapter has examined the ethical dimensions of the Connect installation across engineering ethics, sales and marketing ethics, environmental ethics, and liability. The analysis informed a number of concrete design decisions.

Based on this ethical and deontological analysis, the team chose velostat pressure sheets as the sensing technology which does not store data and Nanovia PA Rail as the enclosure material, due to safety reasons. The team also adopted automated content moderation for the Phase 2 platform to mitigate the risks associated with user-generated content.

The team decided to design a solution with passive consent signage on the carriage door, an accessible sensor point at a lower position on the pole, no data logging in Phase 1, and a content moderation pipeline in Phase 2. The following chapter describes the development of the project.

2026/02/16 21:10 · epsatisep · [0 Comments](#)

7. Project Development

7.1 Introduction

This chapter details the technical and conceptual evolution of the CONNECT and share project, from its initial ideation to the final tested prototype. It outlines the design choices, system architecture, and iterative development required to transform a standard metro carriage into an interactive, collaborative canvas that challenges digital isolation.

It covers:

- **Ideation & Concept:** The transition from identifying the core problem of digital passivity to defining the metaphors and the two-phase interactive solution (real-time ambient light tracking and delayed asynchronous messaging).
- **Design:** The visual and experiential design principles, focusing on invisible technology, dynamic color-blending algorithms, and the minimalist user interface of the web platform.
- **Structure:** The physical framework of the project, encompassing structural drafts, material selection, detailed technical drawings, and 3D models with stress analysis.
- **Smart System:** The core technological architecture, detailing the hardware integration of touch sensors and RGB LEDs, alongside the software use cases, platform selection, and component diagrams.
- **Packaging:** The conceptualization, technical drawings, and structural analysis of the installation's packaging.
- **Prototype:** A comprehensive breakdown of the modifications made during the physical build, documenting necessary adaptations in structure, updated hardware schematics, and software code flowcharts.
- **Tests & Results:** The validation of the system through rigorous hardware functionality checks (Pass/Fail) and software testing, including performance metrics and System Usability Scale (SUS) evaluations.
- **Summary:** Concluding reflections on the development and testing phases, bridging the technical outcomes to the final project conclusions.

7.2 Ideation

7.2.1 Collecting Digital Habits and Identifying the Problem

Our ideation process began by collecting the main friction points of current digital habits and identifying a broader problem in today's society: isolation, passivity, and a lack of real-world feedback. In today's society, digital technology often leads to isolation rather than connection. Many people spend a large amount of time consuming content alone on their smartphones or computers, interacting more with screens than with each other. Social media and digital platforms often promote passive consumption, comparison, and distraction, which can negatively affect mental well-being and reduce opportunities for genuine self-expression. Instead of encouraging creativity and real-life interaction, technology frequently replaces physical social experiences with shallow virtual ones. As a result, people often feel more disconnected, less creative, and less involved in their communities.

7.2.2 Metaphore:

We then developed several metaphors for the connection.

- The City's Veins: The metro network acts as the circulatory system of Porto.
- Human Energy: The passengers' interactions provide the heartbeat and rhythm.
- Mirrored Networks: The LED light trails on the ceiling visually reflect the actual metro lines of the city.
- Flowing Connection: Distributing life, emotion, and stories throughout the underground.

From this process, our final direction emerged. We focused on the handrail as the main point of interaction because it is a universal and necessary point of contact in a moving train. We moved away from screen-based interaction and instead turned to ambient media. The idea was to create a “visual echo” of a person’s presence. We realized that by blending colors on the ceiling, we could visually represent the “melting” of social barriers.

7.3 Concept

Phase 1:

On the metro, you touch a handrail. The handrail is a tube that contains a sensor and a light. The spot where you touch the pole lights up in a color: your color. Your color then travels visibly through the pole up to the ceiling of the metro. On the ceiling of the metro there are LEDs. Your color appears on the ceiling through these LEDs. If another person touches a different pole, their color also appears on the ceiling, and your colors blend together.

Phase 2:

Near the exit doors, there is a QR code that creates a bridge from the visual interaction to a more personal level. After scanning it, a minimalist webpage opens with two main options: “Send” or “Read”. If a passenger chooses the sending option, they are prompted with a reflective question such as “What is an experience you learned a lot from, and why?” encouraging them to write a short message with their story or a piece of personal advice. Alternatively, the “Read” option allows passengers to explore a message previously left by other travelers. An important detail is the accompanying note asking users to send or read the messages only after leaving the train. This intentional delay ensures that passengers remain present during the ride and enjoy the shared physical experience, rather than immediately retreating back into their smartphones. This extension continues the idea of connection between strangers and creates a deeper human exchange, while still keeping the focus on the shared space of the metro.

7.4 Design

In our design, we focus on making the technology invisible and the experience intuitive. During the ride, no smartphones or similar devices are required: simply holding the handles turns the metro journey into an adventure.

At the heart of the visual design is the interactive color mixing.

- Individual Identity: Each handrail (or each user) is assigned a specific color upon initial contact.
- Dynamic Convergence: As soon as multiple people touch different poles, the light streams on the ceiling migrate toward one another.
- Blending Algorithms: When two colors meet (e.g., blue and red), a new mixed color (violet) is created at the intersection. The more people participate, the more complex and vibrant the visual ecosystem on the ceiling becomes. This visually symbolizes how the presence of each individual alters the collective whole.

User Interface for the Message Page

The following Figur shows the 4 main screens of our web application. Screen one is the start screen, it includes the logo a two buttons to decide between “Send Message” and “Read Message”. In the second screen the people can type their messages and publish them. In screen three they can see their own published message, and the last screen shows the message of another person.

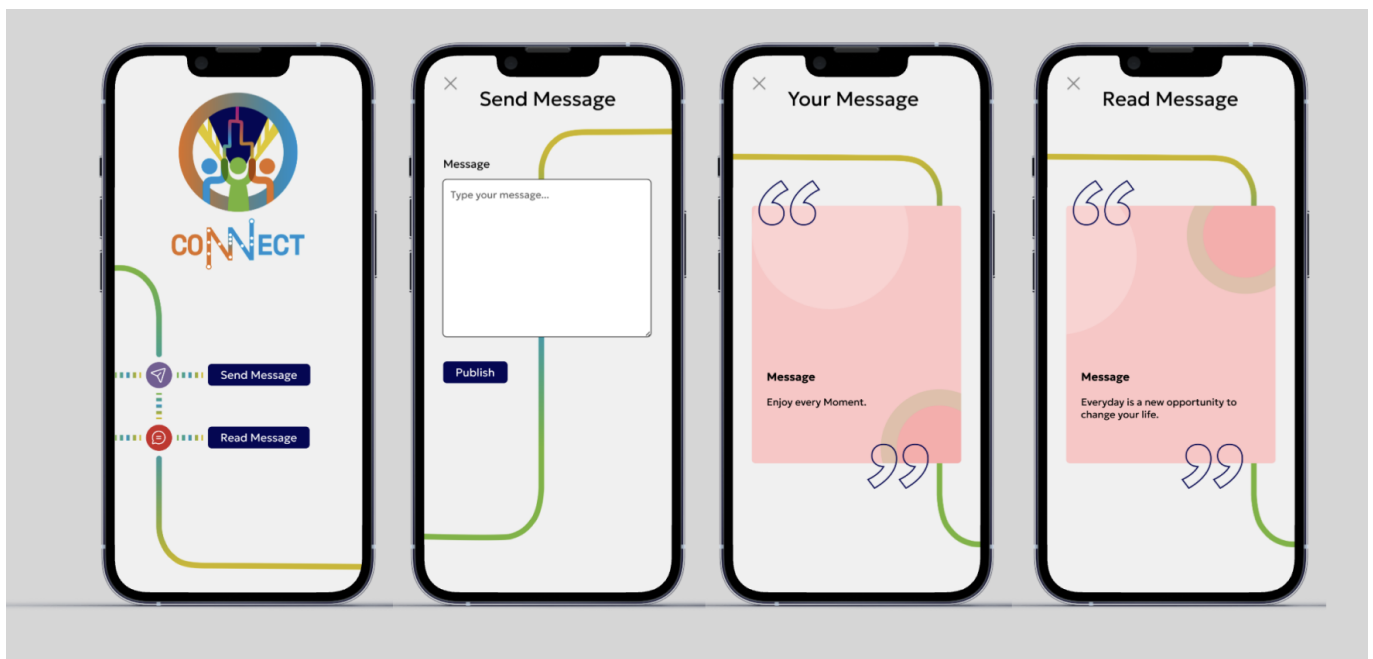


Figure 27: Mockups Message Page

The web interface, accessible via QR code, is designed in a minimalist style. After scanning the QR code, users are redirected to the web application's landing page. The CONNECT and share logo takes center stage here, accompanied by two clickable buttons that lead to the subsequent sections. Within the app, users can choose between composing a message for others or viewing messages written by the community. Our primary focus was to keep the application as simple as possible; we wanted to ensure that both young and old users can navigate it effortlessly. By eliminating the need for logins or complex navigation, we've made the experience accessible and time-efficient for everyone.

7.4.1 Structure

Figures 28, 29, and 30 present the evolution of the structural design across successive iterations. Each version reflects an increase in geometric precision, component integration, and manufacturability, progressing from early conceptual layouts to a fully defined enclosure suitable for system integration.

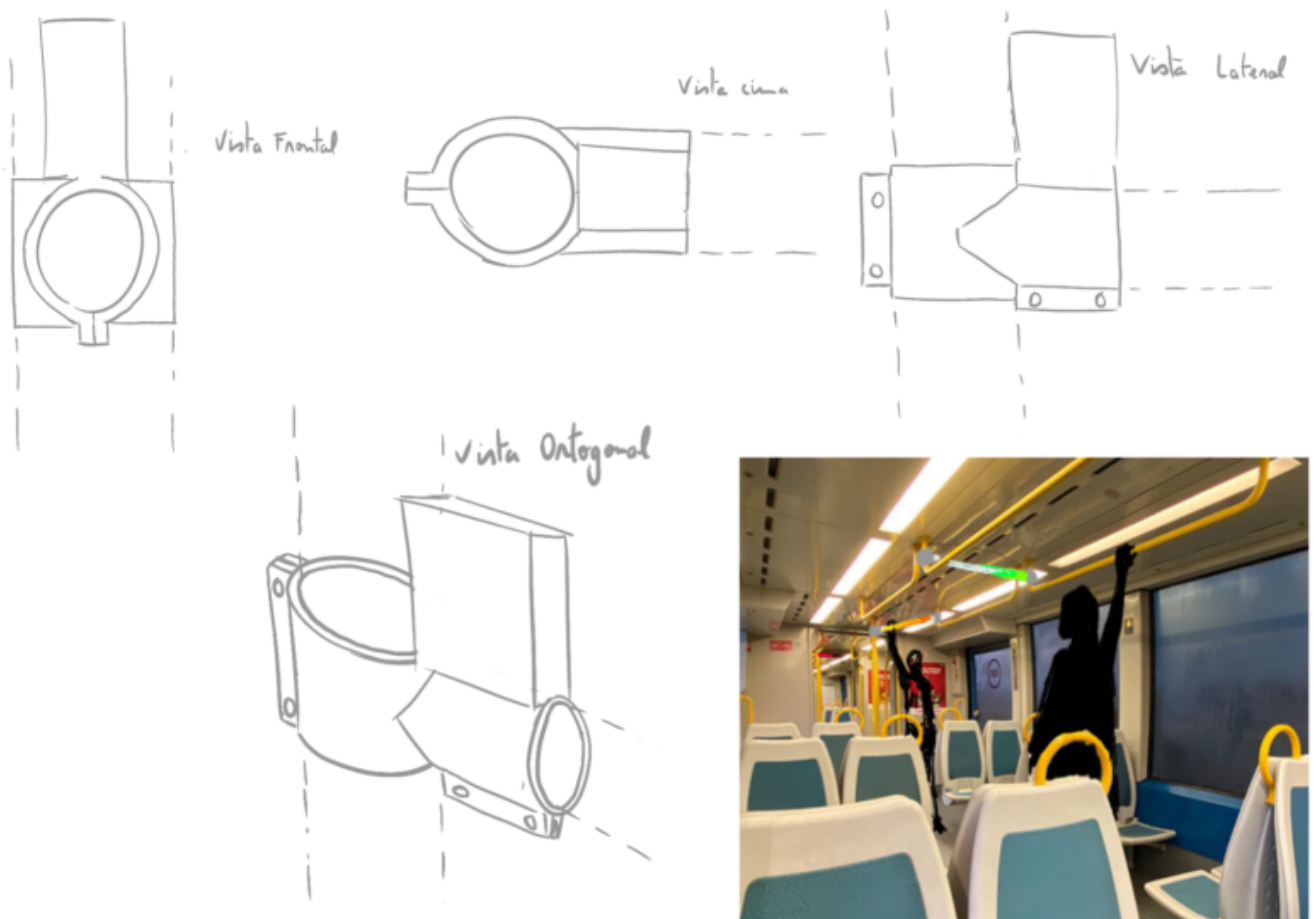


Figure 28: Initial structural drawing

Structural Drawings

Metro Ceiling

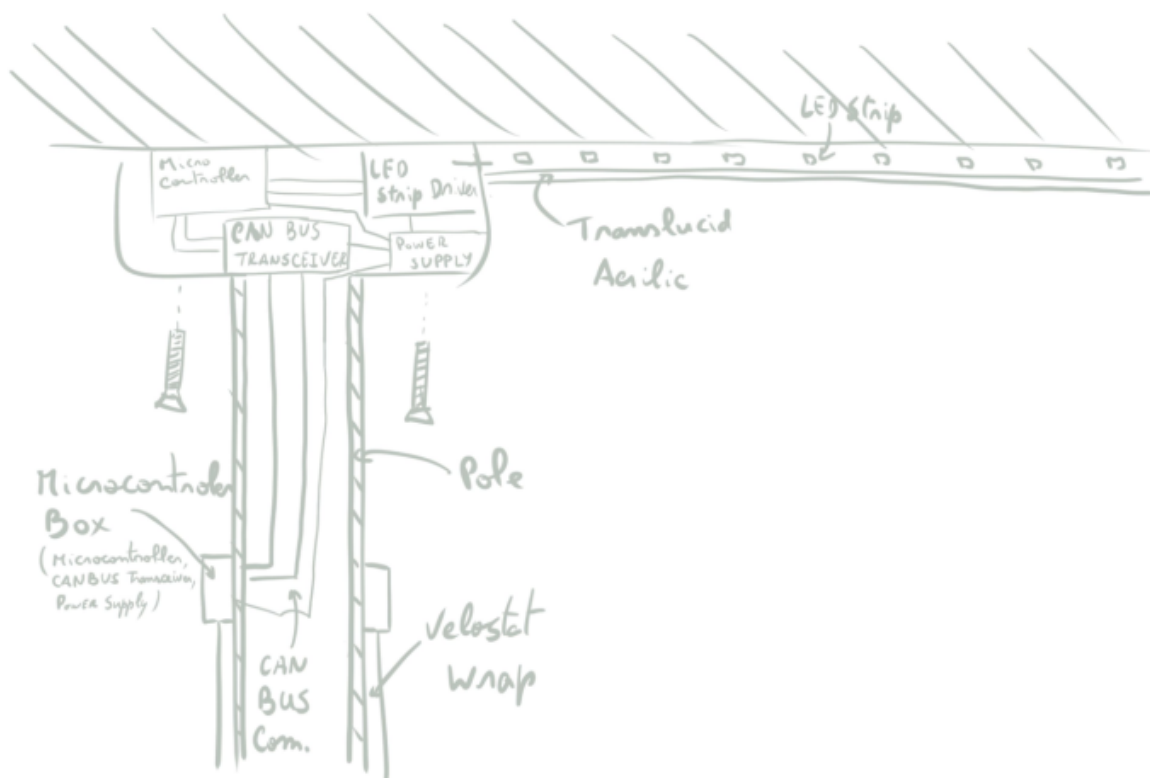
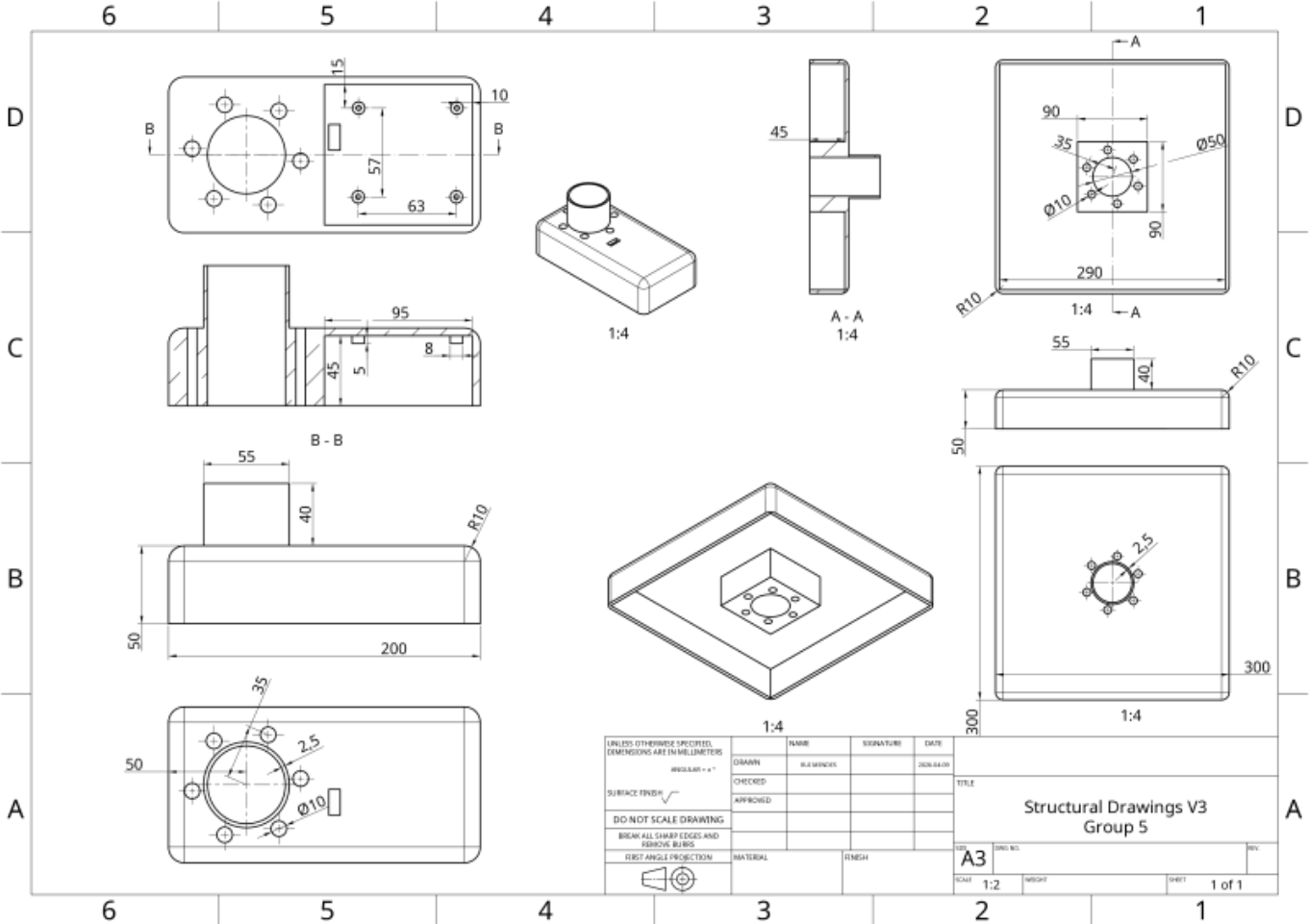


Figure 29: Intermediate structural drawing



The transition from preliminary sketches to detailed structural drawings (see Figure 30) marked a key milestone in the project. At this stage, the spatial constraints of all subsystems were clearly defined, including the placement of electronic components, routing of wiring, and mounting strategy. This enabled the development of a specialized Bill of Materials (BoM), as presented in Table 28, where component selection was directly informed by mechanical, environmental, and regulatory requirements.

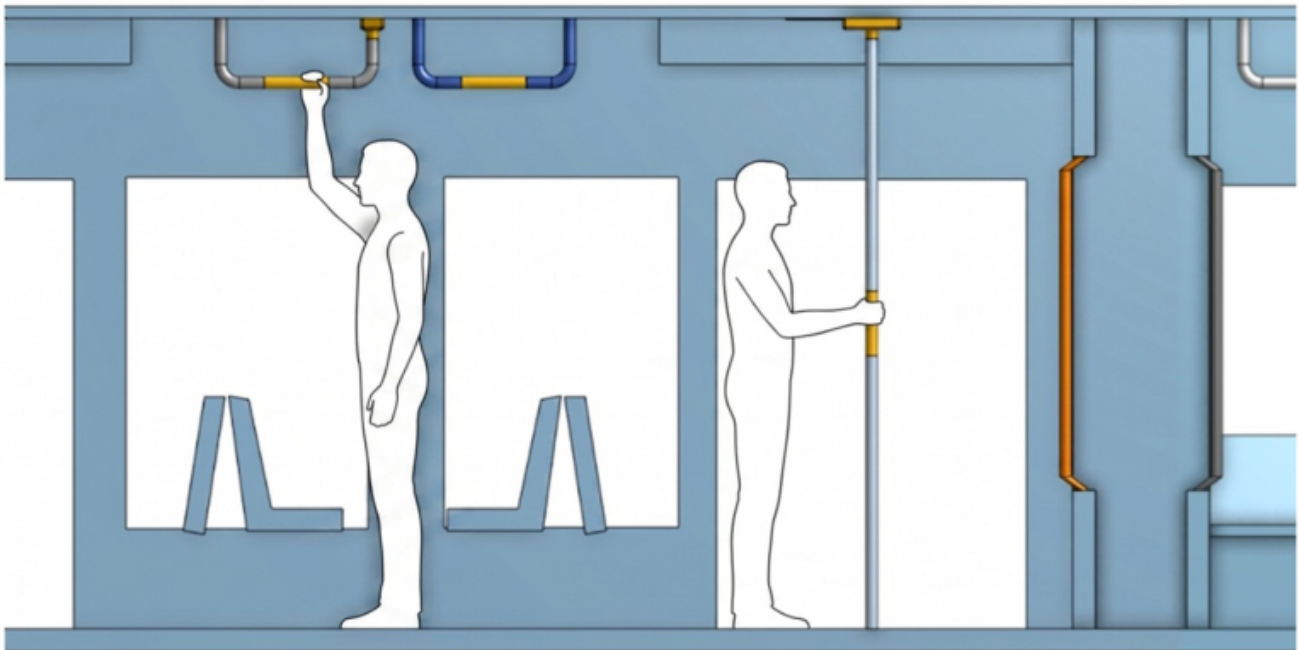


Figure 31: 3D spatial visualization of the fully integrated CONNECT and share system within the standard Porto Metro carriage architecture

To complement the mechanical drawings, the contextual 3D model (see Figure 31) illustrates how the physical framework populates the public space. This visualization confirms that the physical hardware respects the clearance boundaries required for passengers in a moving train, validating the scaling from a standalone enclosure to a macro-level vehicle installation.

Three primary constraints shaped the structural design: enclosure material selection and regulatory compliance, integration of communication hardware within a constrained geometry, and accommodation of power distribution components.

Enclosure Material and Regulatory Compliance

The enclosure design aims to ensure compatibility with metro environments, where safety requirements are critical. In particular, EN 45545-2 imposes strict constraints on material flammability and smoke emission. Initial concepts considered PLA due to its accessibility for rapid prototyping. However, due to its poor fire resistance, it is not suitable for real deployment. For this reason, the design considers Polyamide (PA) Rail as a future implementation material, as it meets railway fire safety standards. At the current prototype stage, this requirement is addressed conceptually, with the enclosure geometry designed to be compatible with such materials, while fabrication remains focused on accessible prototyping methods.

Mechanical Integration and Mounting

The structural design defines the placement and fixation of internal components, including PCBs, sensors, and power elements. Mounting points are incorporated to allow secure attachment of the PCBs using standard fastening methods (e.g., screws and standoffs), ensuring mechanical stability under vibration and movement conditions typical of public transport environments. The enclosure also considers accessibility for assembly and maintenance, allowing access to connectors and internal components without requiring complete disassembly.

Wiring and Internal Layout Considerations

Although detailed cable routing is not fully defined at this stage, the structural design accounts for basic wiring requirements. Dedicated entry and exit points for cables are considered, along with internal space allocation for routing. Particular attention is given to the separation of power and signal lines, in order to reduce potential electrical interference and improve system reliability. These considerations will guide future iterations of the design, where detailed routing and harnessing will be implemented.

Thermal and Environmental Considerations

The system includes components such as DC-DC converters and LED drivers, which generate heat during operation. At this stage, thermal management is addressed through basic passive strategies, including spacing between components and the potential inclusion of ventilation openings in the enclosure. Environmental protection (e.g., against dust and humidity) is considered at a conceptual level, with the enclosure intended to evolve toward a more sealed and robust design in future iterations.

The BoM presented in Table 28 reflects the current stage of the design, combining prototyping components with elements selected based on future deployment requirements.

While some components (such as enclosure materials) are specified with industrial standards in mind, others are selected to support rapid prototyping and testing. This hybrid approach allows validation of system functionality while maintaining a clear path toward a more robust, deployment-ready solution.

Table 28: List of components for the product

Name	Type	Supplier & more details	Additional notes	Price (€)	Quantity	Total (€)
Microcontroller	Wemos C3 mini	Link	1 is main board, others are support ones	6.20	11	68.20
Box for electronics equipment	PA Rail	Link	Fire resistant, could not find a Portuguese supplier (this one is French)	69.30	2	138.60
Copper tape		Link		8.86	15	132.90
Pressure sensor	Velostat	Link		7.90	15	118.50
CAN Transceiver	MCP2551-I-P	Link	At 26.03 not in stock, email store to check availability	1.99	10	19.90
LED strip with covers	Addressable RGB	Link		30.49	3	91.47
Power supply (12 V)	DC-DC converter	Link	2 m strips draw 7.2 A at full power (~30 % reserve)	24.67	6	148.02
Power supply (5 V)	DC-DC converter	Link		37.15	1	37.15
Wiring, resistors etc.		Link	Really cheap	10.00	1	10.00
Delivery cost		Stationary store	To be reviewed	0	1	0

Name	Type	Supplier & more details	Additional notes	Price (€)	Quantity	Total (€)
Total Project Cost						764.74

Structural Stress and Robustness Analysis

To guarantee the physical integrity of the distributed hardware infrastructure and validate compliance with strict public transit conditions, Finite Element Analysis (FEA) linear static simulations were conducted within SimScale. The analysis targeted the specific configurations of the ideal deployment, evaluating the mechanical behavior of both the ceiling-mounted Main Box and the vertical pole-mounted Secondary Node under operational stress and anti-vandalism scenarios (such as passenger impacts or sudden handrail load shifts). Both enclosures were modeled using the properties of the specialized Nanovia PA Rail (Polyamide) compound specified in Table 28.

For the ceiling-mounted Main Box, mechanical fixtures (Fixed Support) were applied directly to the internal cylindrical surfaces of the mounting bolt holes, replicating a rigid steel-fastened connection to the carriage ceiling framework. A distributed static structural load of 100 N was applied perpendicular to the lower face of the enclosure, simulating the mechanical force transmitted through the central support pole when handled by passengers.

As displayed in the optimized Von Mises stress plots for the Main Box (see Figure 32 and Figure 33), the visualization scale was tightly bounded to a maximum of 2.0 MPa ($2.0 \times 10^6 \text{ Pa}$) to map the precise path of stress propagation across the enclosure's geometry. The structural tension smoothly gradients from the safe, low-stress outer walls (blue zones) and securely concentrates around the anchoring junctions and sharp internal mounting features (green to red zones). Even with the absolute peak localized stress reaching 3.99 MPa ($3.993 \times 10^6 \text{ Pa}$) at the sharpest geometric interfaces, the entire infrastructure operates significantly below the yield strength threshold of industrial Polyamide (which typically spans between 50 MPa and 70 MPa), yielding an exceptional safety factor greater than 12.0.

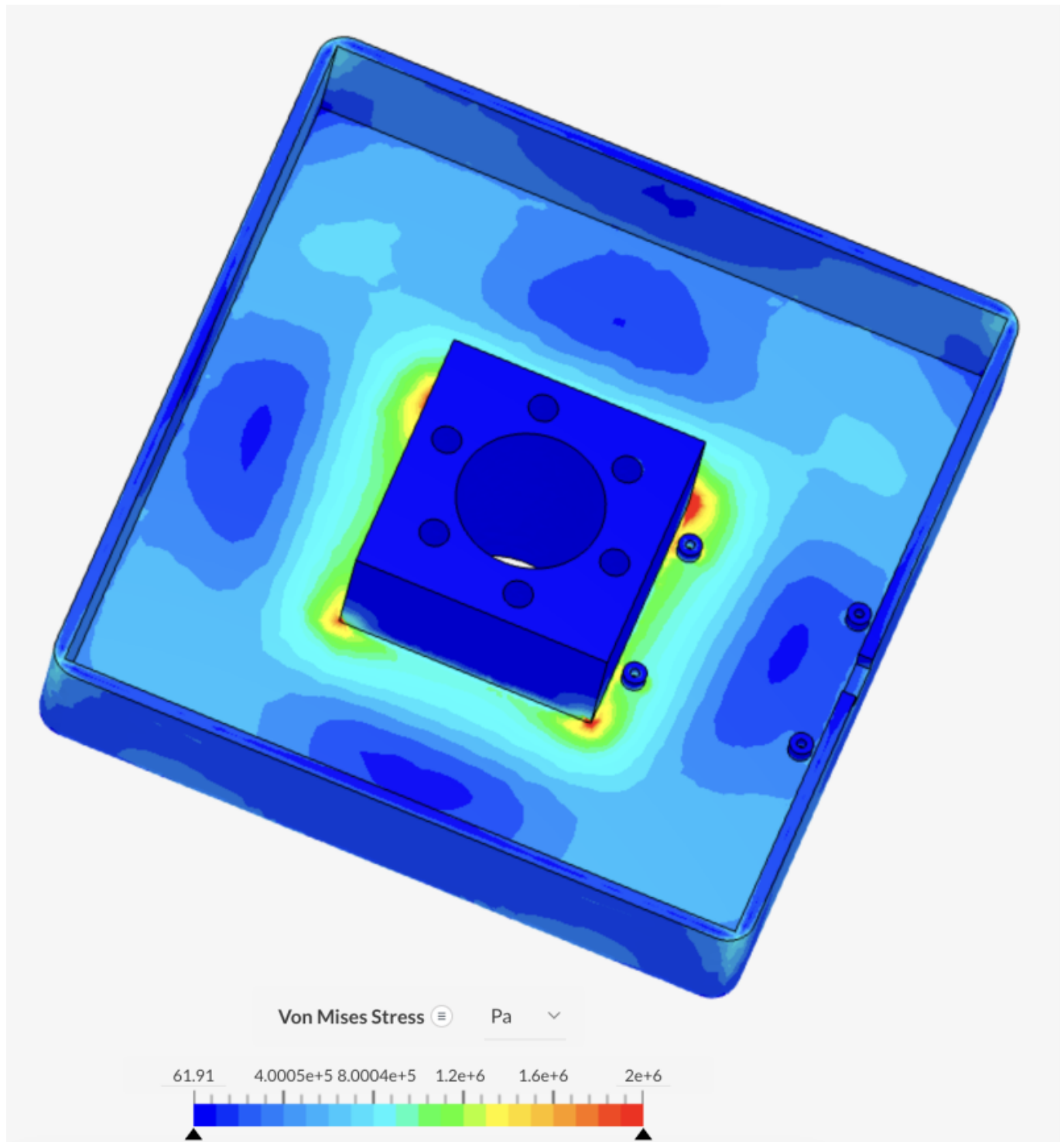


Figure 32: Top View of Von Mises stress distribution on the main ceiling-mounted PA Rail housing under a 100 N distributed load

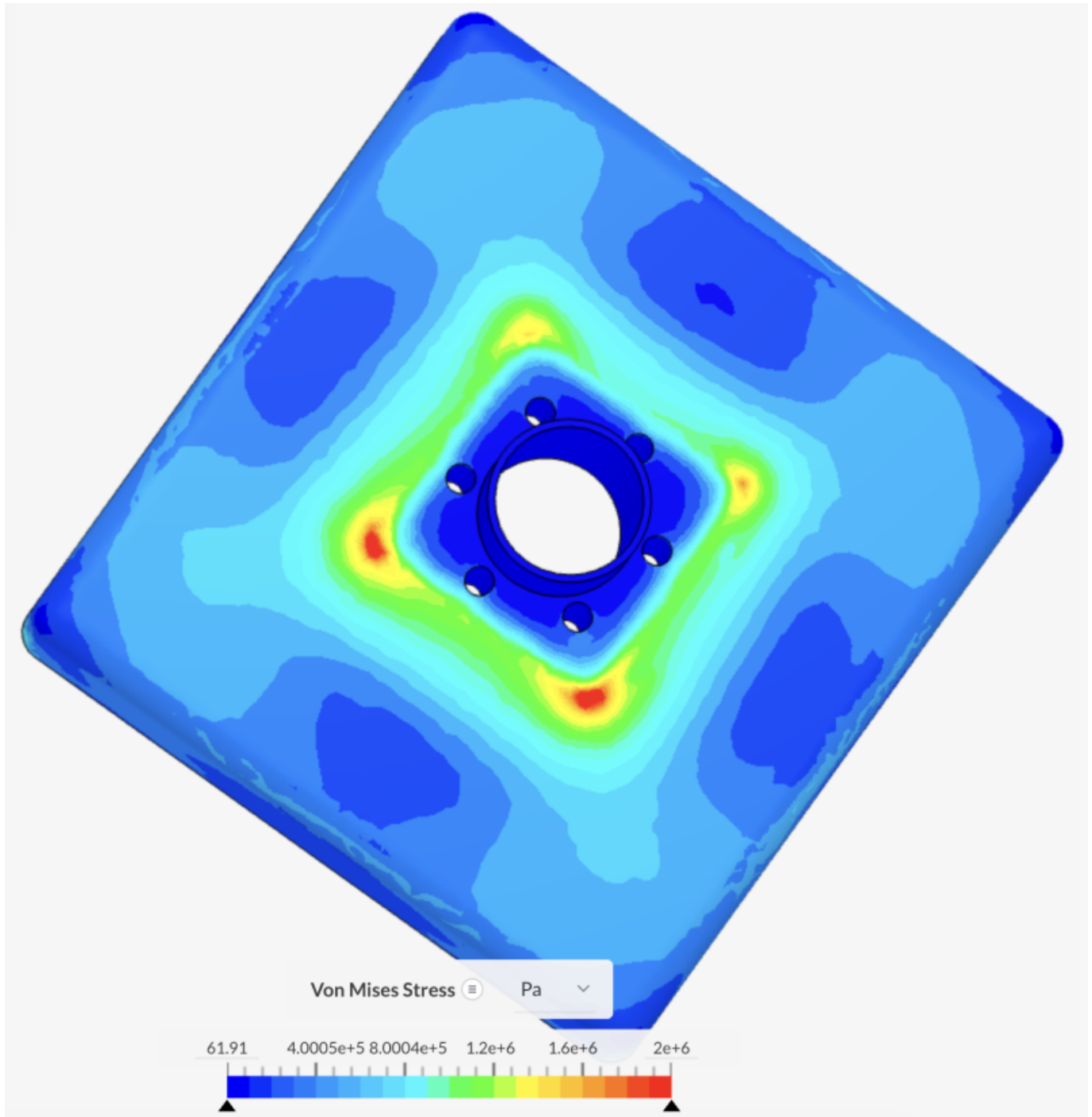


Figure 33: Bottom view of the main housing Von Mises stress distribution around the central pole interface junction

Simultaneously, the pole-mounted Secondary Node enclosure was subjected to an identical validation process to evaluate its resistance to direct side impacts and handling stress. Fixed support constraints were allocated to its interior hardware mounting bosses, while a 100 N impact-equivalent load was distributed across its interactive face shell.

As shown in Figure 34 and Figure 35, the stress distribution follows a highly stable path. Due to the smoothed filleted edges of the enclosure, stress accumulation is minimized, with minor localized concentrations rising around the rectangular cutouts and transitional fillets, reaching a maximum value of approximately 1.60 MPa ($1.6 \times 10^6 \text{ Pa}$). This configuration leaves the internal electronic component mounts completely isolated from external physical strain. Operating with an implied safety factor exceeding 30.0 against the material's elastic limit, the secondary enclosure demonstrates outstanding structural resilience.

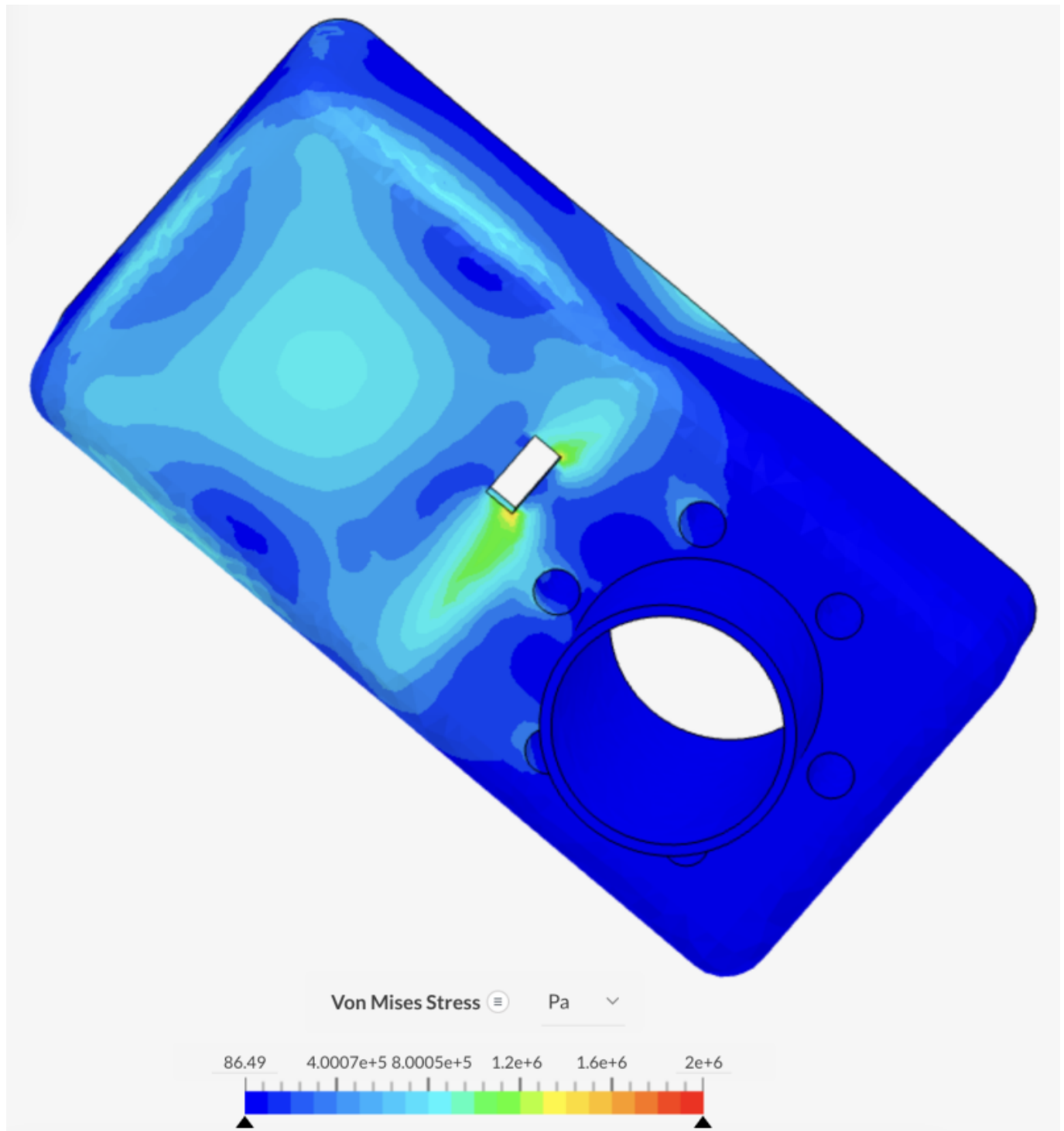


Figure 34: Bottom View with Von Mises stress distribution on the pole-mounted secondary node showing stress paths around geometric features

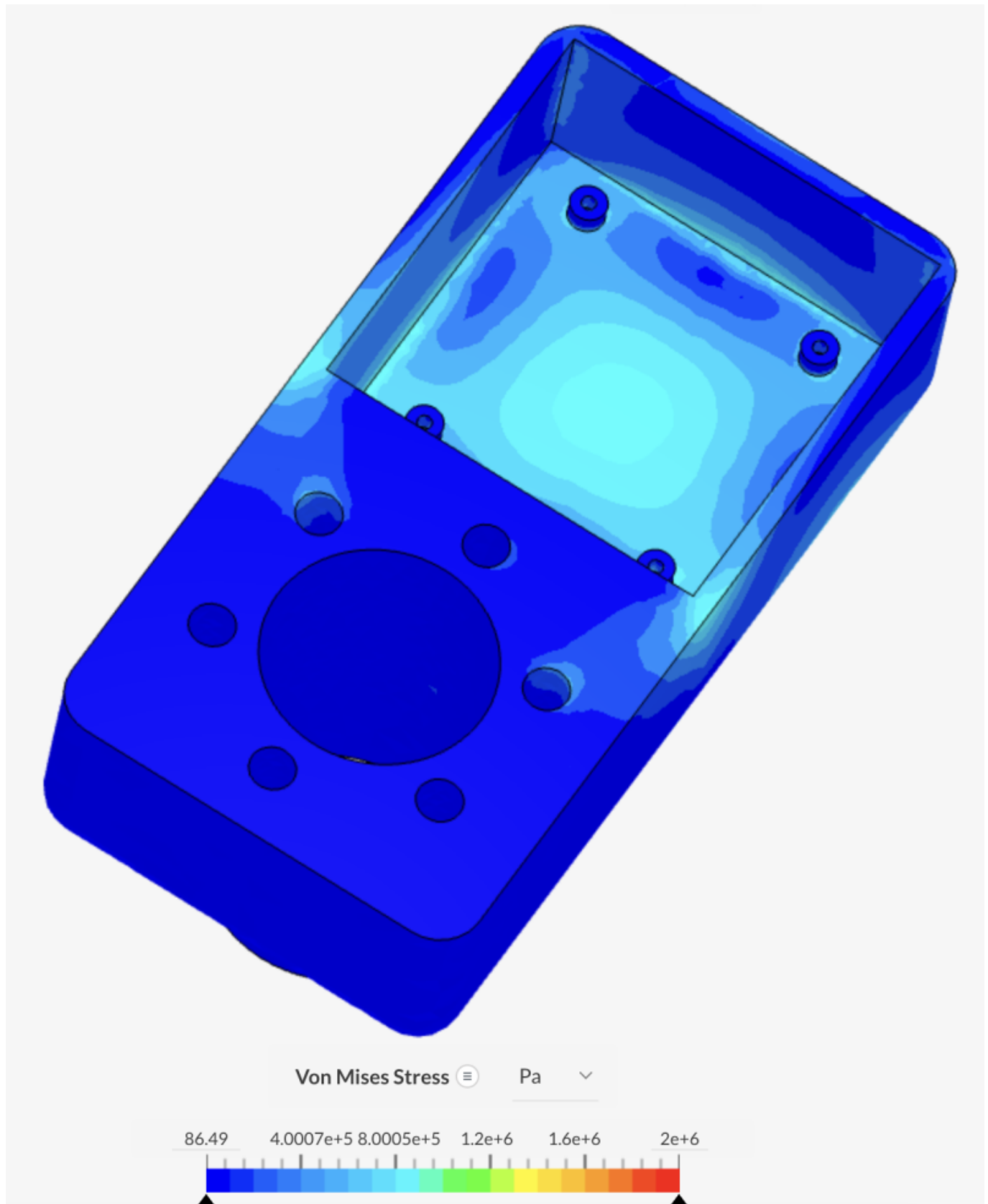


Figure 35: Top view of the secondary node simulation highlighting the stress isolation achieved inside the electronic casing compartment

The combined mathematical results from these FEA studies definitively validate the housing architectures against intense public interaction, deliberate vandalism, and the continuous mechanical vibrations typical of the Porto Metro transport ecosystem, proving that no further geometric optimisations are required before prototyping phases.

7.4.2 Smart System

Hardware

Figure 36 presents the black box diagram, which includes all the major systems that will be used for our Smart System.

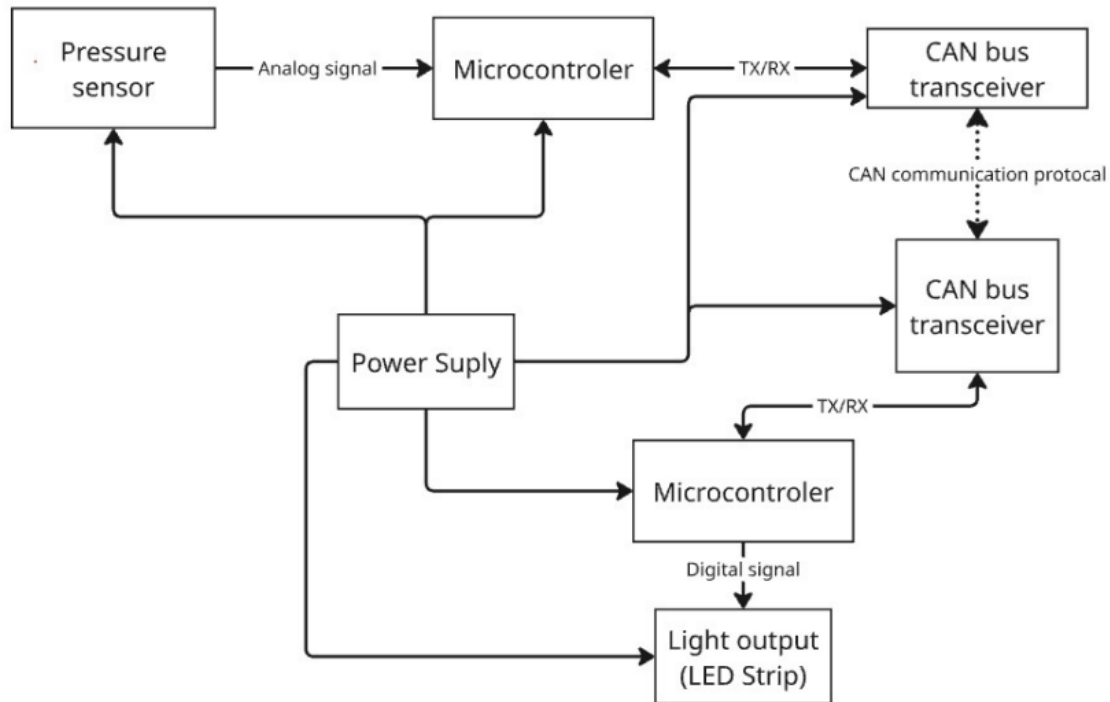


Figure 36: Black Box Diagram

- **Sensors:** We use touch sensors integrated into the handrails. Unlike traditional buttons, these respond to the natural grip passengers use to stabilize themselves.
- **LED Integration:** RGB LED strips are installed along the connections of the handles and distributed across the ceiling panels. If necessary, a screen may also be mounted on the ceiling of the metro car to provide additional possibilities beyond the light strips, such as creating a changing environment with lighting adapted to the time of day. The placement and structure of the LEDs are clear and organized, allowing passengers to follow “their light” and trace the connection to other people.

Tables 29 and 30 presents a electricity consumption of our hardware. Usage of interrupt based architecture and deep sleep modes decreases power consumption of installation significantly when not used, which helps to keep the system sustainable.

Table 29: Power budget table (typical usage)

Equipment	Qty	Rail U (V)	I per unit (A)	I total (A)	P (W)	
ESP32-C3 sensor nodes	10	5.0 V	5	0.120	1.200	6.000
ESP32-C3 central node	1	5.0 V	5	0.150	0.150	0.750

Equipment	Qty	Rail	U (V)	I per unit (A)	I total (A)	P (W)
CAN transceiver MCP2551	10	5.0 V	5	0.010	0.100	0.500
LED strips WS2812 (2 m, 120 LEDs each)	3	12.0 V	12	2.400	7.200	86.400
Velostat pressure sensors	15	3.3 V	3.3	0.001	0.015	0.050
Total						93.700
Total + 25 % safety margin						117.125

Table 30: Power budget table (peak usage)

Equipment	Qty	Rail	U (V)	I per unit (A)	I total (A)	P (W)
ESP32-C3 sensor nodes	10	5.0 V	5	0.300	3.000	15.000
ESP32-C3 central node	1	5.0 V	5	0.300	0.300	1.500
CAN transceiver MCP2551	10	5.0 V	5	0.010	0.100	0.500
LED strips WS2812 (2 m, 120 LEDs each)	3	12 V	12	7.200	21.600	259.200
Velostat pressure sensors	15	3.3 V	3.3	0.001	0.015	0.050
Total						276.250
Total + 25 % safety margin						345.313

The hardware implementation is realized through two dedicated PCB designs: the Sensor Node PCB and the Central Node PCB.

1. Sensor Node PCB

The Sensor Node PCB integrates all the components required for local sensing, processing, and communication. To convert physical pressure into data, the circuit utilizes a Velostat sensing interface in a voltage divider configuration. The detailed electrical connections are illustrated in the Sensor Node Schematic (Figure 37).

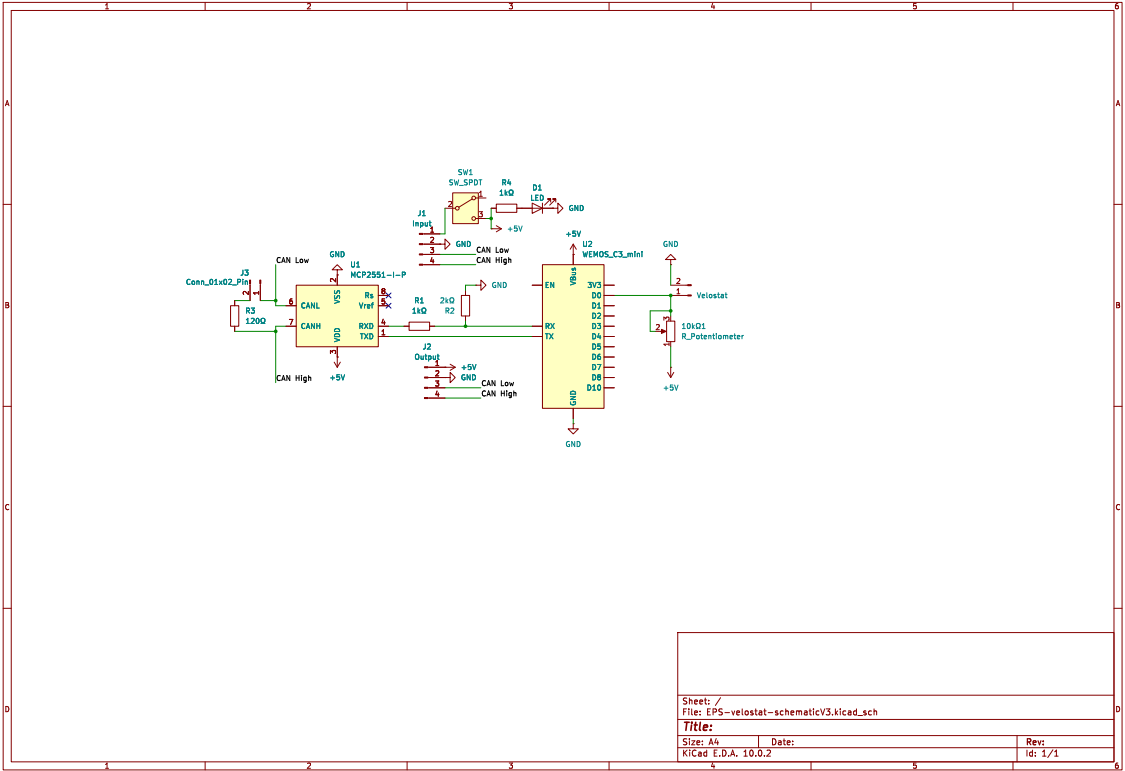


Figure 37: Sensor Node Schematic Diagram

The node includes an ESP32-C3 Microcontroller (Wemos C3 Mini) and an MCP2551 CAN Transceiver. A 10kΩ potentiometer is included to allow manual calibration of the sensor's sensitivity range. To ensure network versatility, the PCB includes a selectable jumper for the 120 Ω termination resistor. This allows the same PCB design to be used at any position in the bus, enabling termination only on the physical end-nodes of the network to prevent signal reflections. As shown in Figure 38, the PCB is designed to be embedded directly into a box that would be attached to the handrail structure for minimal visual impact and high mechanical robustness.

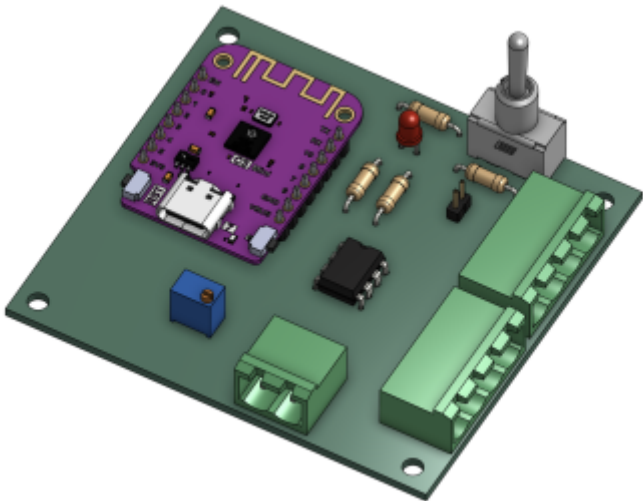


Figure 38: Sensor Node PCB Layout

Each Sensor Node PCB operates as an autonomous unit within the distributed system, transmitting processed sensor data through the CAN bus network to the Central Node.

2. Central Node PCB

The Central Node PCB acts as the main coordination unit. It is responsible for aggregating data from all sensor nodes and generating the corresponding visual output. The integration of the processing unit with the lighting infrastructure is detailed in the Central Node Schematic (Figure 39).

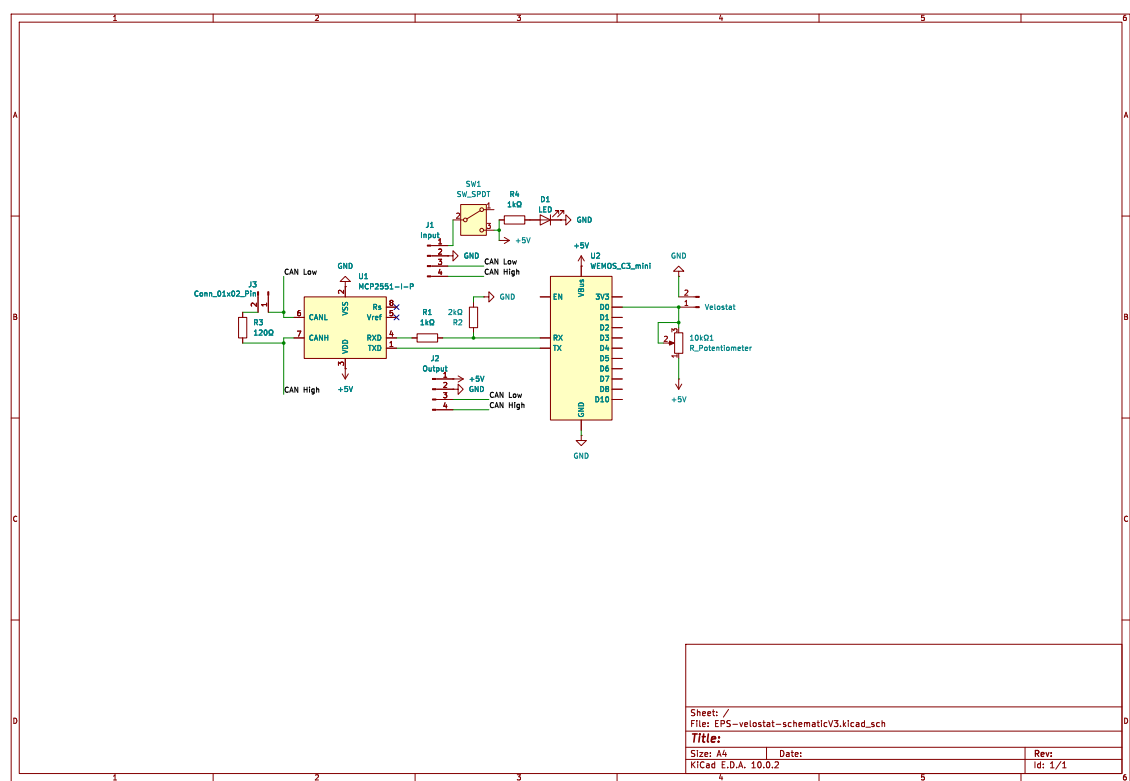


Figure 39: Central Node Schematic Diagram

As shown in Figure 40, this PCB consolidates communication and actuation. It features a dedicated WS2812 LED Control port with a 330Ω resistor (R1) in series to protect the data line and ensure signal integrity.

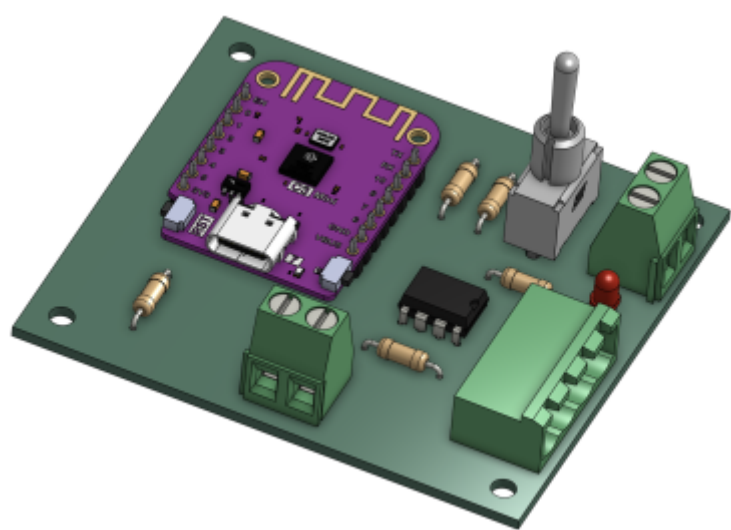


Figure 40: Central Node PCB Layout

This board processes all incoming CAN messages and translates them into real-time visual feedback through the LED infrastructure, ensuring synchronization between multiple sensor inputs.

Technical Implementation Details

A critical aspect of the design is the voltage compatibility between the ESP32-C3 (3.3 V) and the MCP2551 (5V). While the transceiver requires 5V to meet CAN standards, the ESP32-C3 GPIOs are not 5V tolerant. To address this, both schematics implement a voltage divider on the RX line, using a 1kΩ resistor in series and a 2kΩ resistor to ground. This scales the signal from the MCP2551 down to approximately 3.3V, ensuring safe operation. The TX line is driven directly at 3.3V, which the MCP2551 identifies as a valid logic “high.”

To ensure reliable data transmission within the electromagnetically noisy environment of a metro car, the system employs:

- **Differential Signaling:** Utilizing CAN High and CAN Low lines for high immunity to interference.
- **Bus Termination:** High-speed CAN networks require a 120 Ω resistor at both ends of the main bus to match characteristic impedance. By including a jumper on the Sensor Node PCB, the system can be easily configured during installation. Only the nodes at the extreme ends of the metro car's wiring will have the jumper closed, while intermediate nodes remain unterminated to maintain signal quality.

Software

The software architecture of the CONNECT and share project facilitates real-time interaction and asynchronous digital connection across two distinct modes of use.

I. Use Cases and User Stories

Real-time Ambient Interaction operates through the smart device installed in the carriage. When passengers grip the handrail, sensors detect resistance changes via Velostat and the ESP32 triggers a corresponding color trail on the ceiling LED matrix. When data streams from multiple users intersect, the software executes color-blending algorithms to merge the inputs into a shared visual response.

Asynchronous Connection is mediated through a web application. Passengers scan a QR code to access a web interface, where the application fetches messages from a database to read. The same interface allows users to send a message, which is then filtered through an LLM API and uploaded to a database for others to access.

II. Selection of Development Platforms

Platform selection (see Table 31) was guided by two priorities: low-latency hardware control and cross-platform accessibility.

Table 31: Selection of tech stack

Layer	Selection	Justification
Firmware	ESP32 (C++)	Superior task management and precise control over LED timing.
Web Interface	React	Immediate access via QR code without requiring app installation.
Backend	Supabase	Relational data management and real-time database subscriptions.
IoT Communication	CAN Bus	High noise immunity in metro environments via differential signaling.

III. Component Diagram

Figure 41 depicts the frontend flow of the CONNECT and share web interface. Starting from a QR code scan, the browser fetches and renders the website. The user is then presented with two interaction options: writing a message, which is transmitted to the backend, or reading a message, which triggers a random message fetch and displays it on screen.

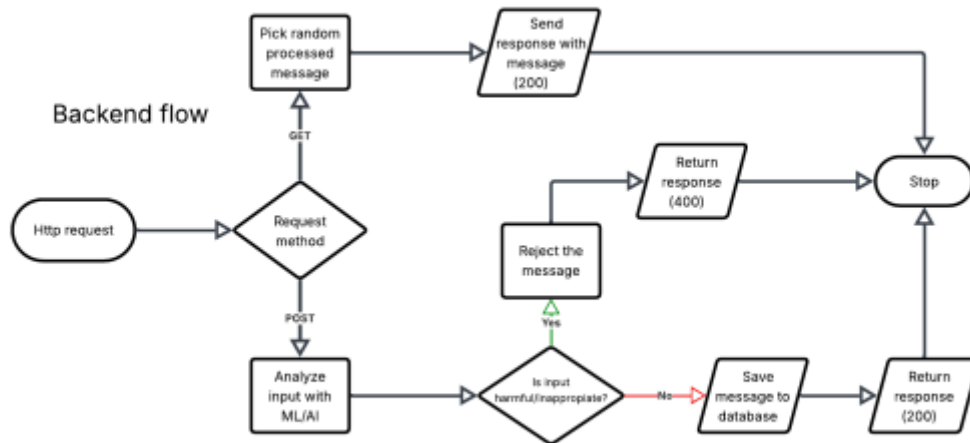


Figure 41: Frontend flowchart

Figure 42 illustrates the backend flow. Incoming Hypertext Transfer Protocol (HTTP) requests are routed based on method: GET requests retrieve a randomly selected stored message and return HTTP 200, while POST requests pass the submitted content through a Machine Learning (ML) / Artificial Intelligence (AI) moderation check. Content flagged as harmful is rejected with HTTP 400; clean content is saved to the database and confirmed with HTTP 200.

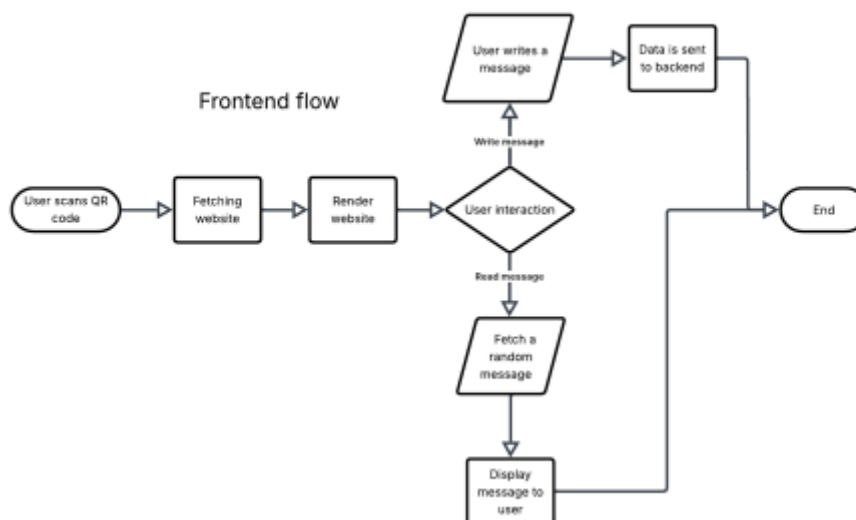


Figure 42: Backend flowchart

Figure 43 shows the firmware logic running on the two ESP32-C3 nodes. The upper flow covers the sensor node: it enters deep sleep after setup and wakes on a touch interrupt, transmits the event over CAN bus, then resets and loops. The lower flow covers the actuator node: it similarly sleeps until a CAN bus data frame is received, drives the LED strip, and resets. Both nodes share the same

interrupt-driven sleep cycle structure.

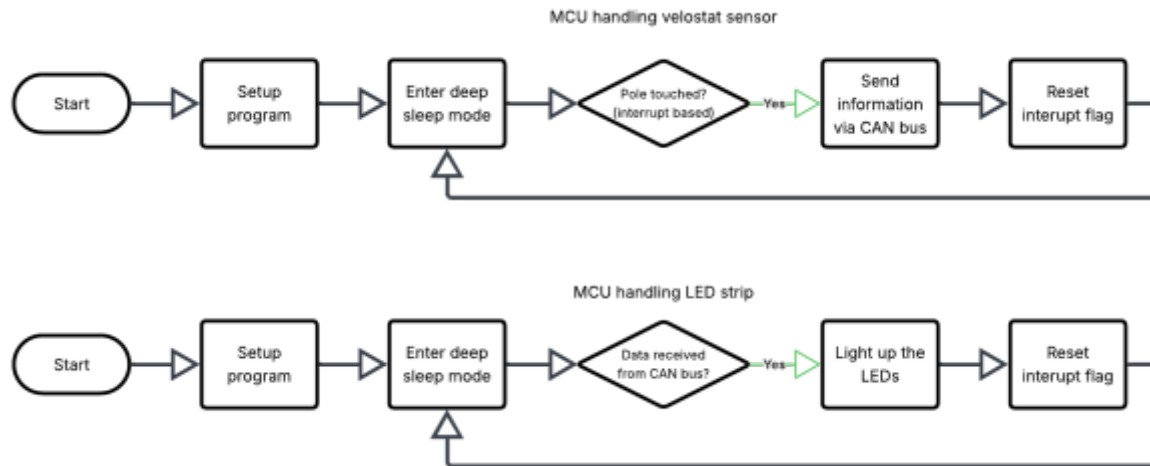


Figure 43: IoT phase flowchart

7.4.3 Packaging

Choice of Materials and Design

High-quality Portuguese cork was deliberately chosen for the packaging. This material is locally available, fully sustainable and fits seamlessly with Porto's cultural identity.

- **Protection:** Cork possesses excellent, natural shock-absorbing properties to transport the hardware safely.
- **Efficiency:** To minimise material use, we make the boxes precisely to the dimensions of the hardware. By stacking them later, we retain the functionality of a piece of furniture without wasting unnecessary material.

1. The Optimised, Stackable Design

- External dimensions: 36 x 33 x 26 cm (L x W x H).
- Internal dimensions: Approx. 33 x 31 x 21 cm.
- Wall thickness: A wall thickness of 2.5 cm remains all round, with a 3 cm lid (1 cm of which fits inside the box) and a 2 cm base. This is efficient in terms of material usage, yet more than sufficient to guarantee structural integrity during transport.

The 'Lego' Connection System: As the piece of furniture consists of stacked boxes, we need to prevent them from slipping during use. We solve this with a clever modular system:

- The bottom of each box has a slight 1 cm protrusion (part of the 2 cm base).
- The lid has a notch of exactly 1 cm.
- This allows the boxes to click together like Lego bricks, locking firmly in place when stacked.

Tolerance-Based Closure: To secure the lid without any additional materials, we utilise precise manufacturing tolerances. Because cork is naturally slightly compressible, the 1 cm inner portion of the lid is designed to fit snugly inside the box. The material compresses slightly when pushed closed, holding the lid firmly in place via natural friction. This eliminates the need for tape, glue, or metal fasteners, ensuring the packaging remains 100 % monomaterial and truly sustainable.

Structural Reinforcement: The 'Cross-Support' System To ensure a seamless transition from transport packaging to durable public furniture, the internal structure is specifically reinforced. While cork is naturally robust, the intensive demands of a busy metro environment require additional load-bearing capacity for long-term use.

- **The Reinforcement Cross:** Each packaging unit includes two additional wooden planks. These planks feature a central notch, allowing them to be slotted together into a sturdy “cross” (X-shape) configuration.
- **Sustainable Origin:** These supports are crafted from reclaimed timber (waste wood), aligning with our circular philosophy by avoiding the use of new raw materials.
- **Assembly and Function:** Once the hardware is removed and the box is empty, the wooden cross is placed diagonally inside. When the lid is replaced, it rests directly on this internal frame. This transfers the vertical load of a person (sitting or leaning) directly to the base of the box.
- **Load Integrity:** This internal bracing ensures the units can easily support the weight of an adult, preventing any deformation or structural fatigue during its second life in the 'Social Hub'.

Figure 44 presents a structural drawings of our packaging.



Figure 44: Packaging drafts

Figure 45 presents a 3D model of our packaging.

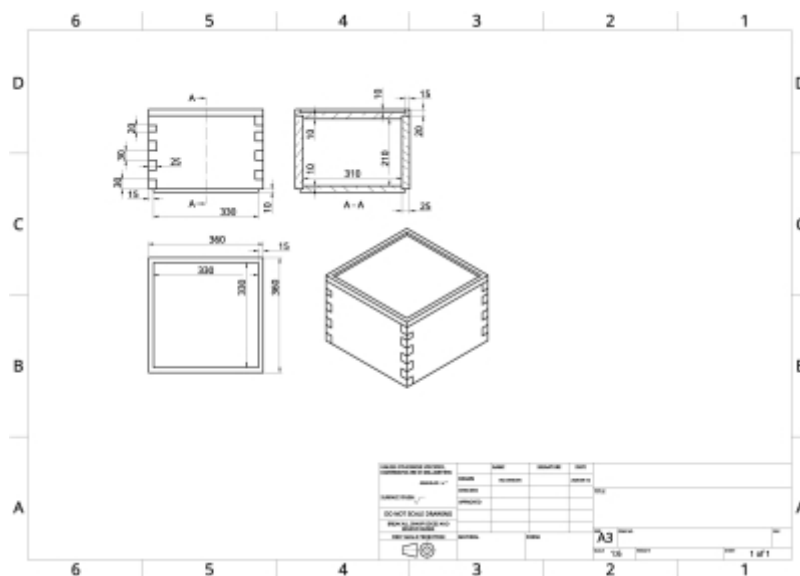


Figure 45: Packaging box

2. Secondary Function: The 'Social Hub'

The core idea behind this circular design is the complete elimination of waste. Once the technical installation in the metro is complete, the cork blocks are given a second life on the platforms or in the concourses (as at Trindade or São Bento stations). They are used as modular seating elements to encourage social interaction among passengers.

To create a functional and inviting 'Social Hub', approximately 10 to 12 packaging units are required. This allows us to immediately create 5 to 6 full-size seats and respond to the dynamics of the space:

- **Ergonomic seating height:** By stacking two boxes on top of each other, we achieve an exact seating height of 51 cm (26 cm + 25 cm, due to a 1 cm overlap). This is an ideal, ergonomic height for adults.
- **Playful heights:** A single box (26 cm) works perfectly as a footstool or child's seat. Three stacked boxes (76 cm) serve as a practical standing table or place to lean on.
- **The Circle or L-shape:** The blocks can be pushed together to form a large seating area. As travellers sit facing each other, this naturally encourages the sharing of experiences.
- **Scattered Islands:** In busier areas, the stools can be split into smaller, intimate arrangements of three or four seats.

Figure 46 is a poster which present our packaging solution in detail.

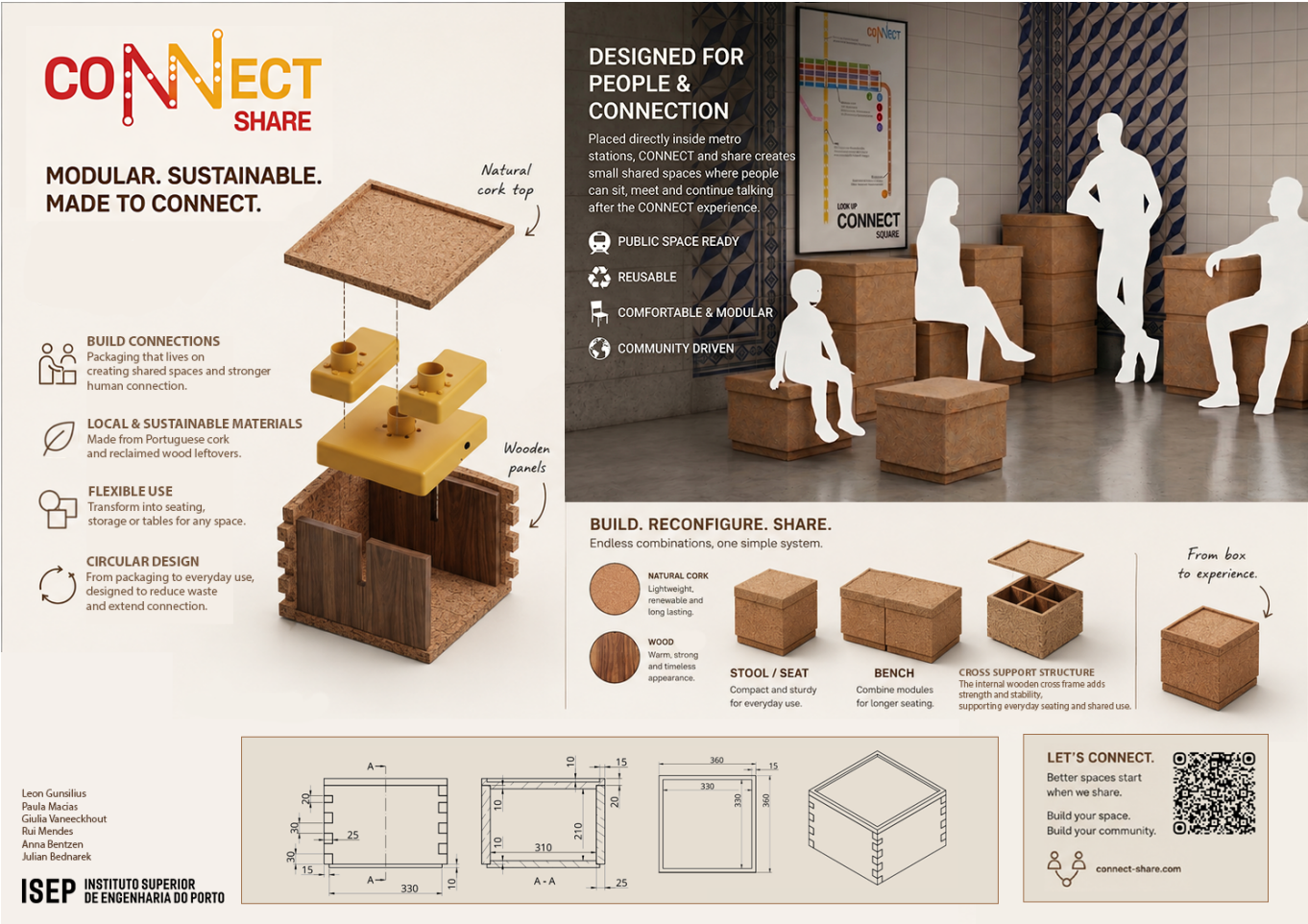


Figure 46: Packaging solution

7.5 Prototype

The prototype constitutes a deliberate functional reduction of the full designed solution. Rather than replicating the complete metro-carriage installation, it validates the core interaction cross loop — pressure sensing, CAN bus communication, and LED feedback — on a single handrail segment with two nodes. Total prototype cost is 97.92 €, within the 100 € budget constraint. The cost rose from the planned 97,37 € to 97,92 € after the planned MCP2551 transceivers were replaced by Joy-It MCP2515/MCP2562 CAN modules.

7.5.1 Structure

The complex industrial dual power rail (12 V and 5 V lines) anchored by six decentralized step-down switching converters is replaced by a single, centralized 5 V / 20 W switching power supply module. This single rail directly supplies the standard ESP32 development boards and satisfies the peak current demands of the 1-meter Sseed LED strip, eliminating the high-voltage conversion chain.

The table below summarizes the structural and component differences between the ideal deployment and the implemented benchtop prototype:

Table 32: Comparison of components for ideal version and the prototype

Parameter	Designed Solution	Prototype
Core Microcontroller	ESP32-C3 (XIAO Form Factor)	Standard ESP32 (NodeMCU DevKit)
Handrail Node Network	11 Nodes	2 Nodes
Handrail Coverage	Full Carriage Assemblies	Single Standalone Segment
Enclosure Material	PA Rail Polymer (EN 45545-2)	3D-printed PLA
Active Pressure Inputs	15 Velostat Sensor Grips	2 Custom Air-Gap Velostat Sensors
LED Strip Infrastructure	3 × 2 m Addressable Strips	1 × 1 m Sseed WS2813 IP65 Strip
Power Architecture	Dual Rail (12 V + 5 V)	Single Regulated 5 V / 20 W Power Supply
CAN Network Interface	10 Transceiver ICs	2 Joy-It SPI Modules (MCP2515/MCP2562)
Total Segment Cost	767.01 €	97.92 €

To conduct the laboratory evaluations safely and systematically without deploying a multi-metre carriage frame, a modular testbench architecture was modeled and assembled. The structural framework is anchored by a rigid, non-conductive MDF Base Plate, serving as the mechanical foundation for the subsystem groups. Two independent PLA handles mimic the geometric diameter of the physical metro handrails, each fitted with its respective custom-built Velostat sensing sheet to enable real-time dual-input interaction testing.

Centrally, two open-top 3D-Printed PLA Component Storage Boxes isolate the prototyping breadboards, the standard ESP32 microcontrollers, and the Joy-It CAN modules from the mechanical interaction elements, minimizing the risk of wire displacement during multi-cycle touch experiments. The visual feedback infrastructure is aggregated along the upper border, where an PLA LED Holding Rail secures the 1-meter Sseed WS2813 strip and its matching sliding diffuser profile. This structural design bridges the gap between digital modeling and raw hardware assembly, ensuring an organized workspace for the validation logs.

The overall layout of this physical bench setup is illustrated in Figure 47.

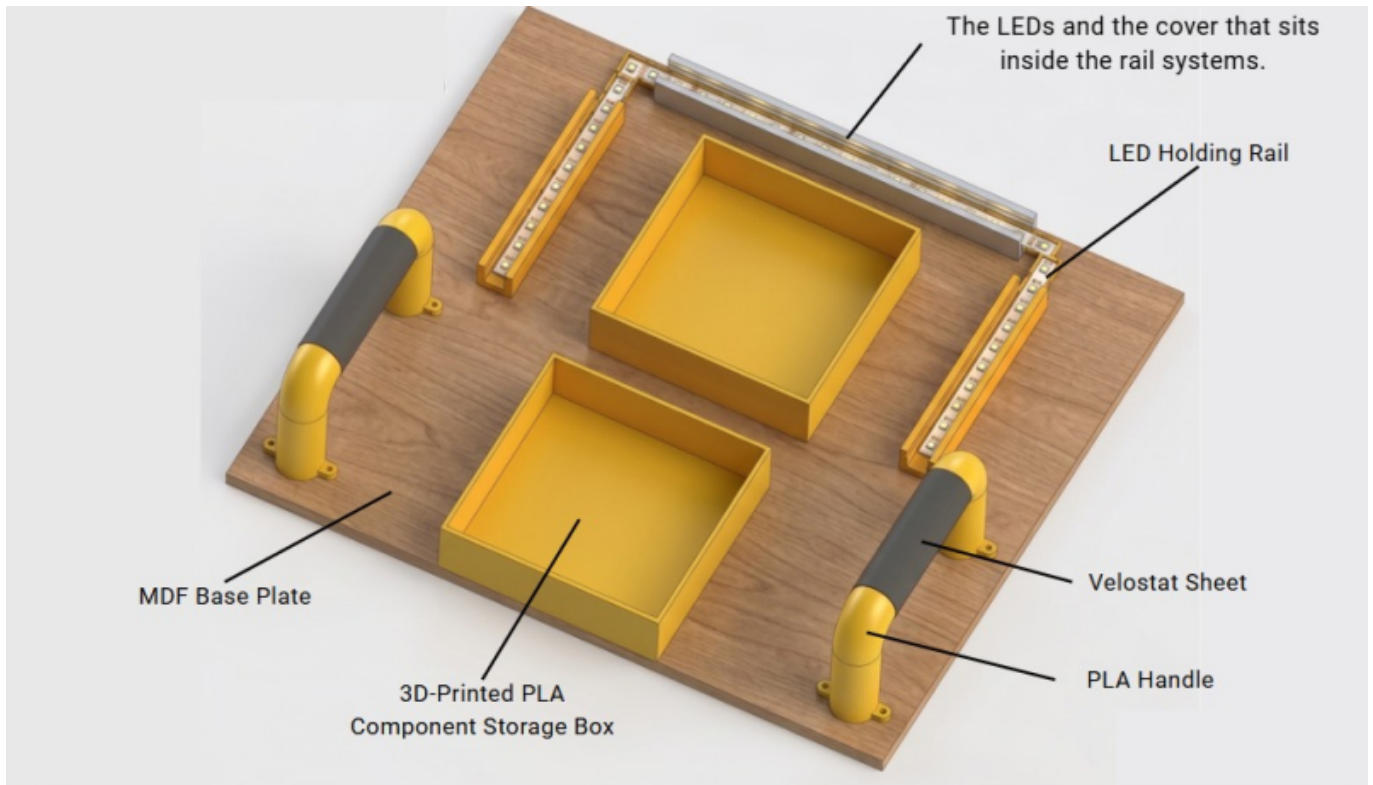


Figure 47: Planned physical design, component routing, and node placement for the final validation prototype assembly

7.5.2 Hardware

The core hardware architecture relies on industrial communication standards adapted for rapid benchmarking. Each node consists of a standard ESP32 development board (NodeMCU form factor) paired with a dedicated Joy-It CAN/SPI controller module. The interrupt-driven sensing and CAN frame transmission firmware runs identically on both prototype nodes, ensuring seamless scalability to the full multi-node network.

The custom manufacturing process, sensor conditioning electronics, and physical assembly layouts developed during the laboratory validation phase are detailed below:

1. Iterative Development and Assembly of the Custom Velostat Sensor

Developing a reliable pressure sensor on a round metallic handrail required several laboratory iterations. Standard methods found online—such as wrapping a basic Velostat sheet around a cylinder—resulted in inconsistent standby readings, continuous pre-compression stress, and a poor resistance range due to surface wrinkles.

To resolve these issues, the team developed a practical assembly method based on a structural air-gap. The iteration process is shown in Figure 48.



Figure 48: Velostat sensor prototypes developed during tests

The assembly process followed these practical steps:

- **Electrical Isolation:** A base layer of electrical insulation tape was wrapped around the metal handrail to prevent short circuits between the sensor and the vehicle framework.
- **Electrode Matrix:** Multiple thin, long strips of conductive adhesive copper tape were applied to uniformly cover the handrail interaction area.
- **Lateral Insulation Gap:** To stop the electrodes from touching the Velostat when the handrail is idle, thin strips of double-sided adhesive tape were placed strictly along the lateral edges. This created a small physical air-gap. When a passenger squeezes the handrail, the air-gap collapses, making the copper establish contact with the Velostat. This mechanical cushion stabilized the idle baseline.
- **Vertical Orientation:** The active Velostat sheets were placed vertically along the longitudinal axis of the pole. This orientation minimized mechanical wrinkles and maximized the resistance reading range.
- **Parallel Bus Connection:** Another copper tape was placed vertically on top of the Velostat sheet and then, all vertical copper strips were tied together in parallel using two horizontal copper tracks run at the top and bottom circumferences, forming two distinct electrical poles.
- **Thermal Protection:** Because Velostat melts easily around 300 °C, the 26 AWG signal wires were soldered directly onto the top and bottom horizontal copper tracks away from the polymer, preventing thermal damage.

Early iterations suffered from unstable data logs. Combining the vertical grain alignment with the lateral double-sided tape air-gap successfully delivered a clean, high-contrast resistance profile.

2. Physical Enclosure Assembly and Component Layout

The physical components of the Central and Sensor Nodes were integrated inside the 3D-printed PLA housings using a modular layout. The internal clearance of the enclosures was sized to fit a full solderless prototyping breadboard. The standard ESP32 development boards were plugged directly into these breadboards, anchoring all signal lines.

The electrical links between the ESP32 microcontrollers and the Joy-It CAN modules (incorporating the MCP2515 CAN controller via SPI along with the MCP2562 high-speed transceiver) were wired using short 26 AWG female-to-female jumper wires.

3. Sensor Conditioning Circuit

To translate the mechanical pressure applied to the Velostat into a reliable voltage curve, a classic voltage divider topology was implemented for each sensor. A stable 3.3 V rail provided by the ESP32 onboard regulator is routed through the Velostat sensor element, which exhibits approximately 5 k Ω of resistance at rest and drops down to a range of 200 Ω to 800 Ω under active passenger compression.

The sensor output is wired in series with a fixed 2.2 k Ω pull-down resistor connected directly to the signal ground (GND). The central node of this divider is split: one path routes directly to the ADC interface of the ESP32, while the other feeds the pull-down loop. The sensor from the first node is routed to GPIO 34 and the second sensor maps to GPIO 33. This hardware design ensures that when the handrail is idle, the analog input pin is pulled securely to 0 V. Upon compression, the sensor's resistance drops sharply, driving the analog voltage up toward 3.3 V in a predictable manner. The 2.2 k Ω termination successfully eliminated floating electrical noise, maximizing the dynamic range of the 12-bit Analog-to-Digital Converter.

4. Seeed LED Strip Connection

The visual feedback subsystem utilized a Seeed Studio 1-meter addressable WS2813 IP65 LED strip, containing 60 individually controllable RGB NeoPixels. The strip connected to the receptor node via its standard integrated Grove interface, with the primary digital data line (DIN) mapped directly to GPIO 4. The data connection path was restricted to a brief 15 cm jumper routing to mitigate data signal attenuation.

Power was injected externally into the copper rails of the strip using a dedicated 5 V / 20 W switching power supply module to prevent voltage sag across the 60 pixels. To maintain signal integrity for the 800 kHz data protocol, a common ground plane was established by tying the negative return line (GND) of the external power supply, the GND rail of the Seeed strip, and the GND pin of the ESP32 together. Structurally, the LED strip was mounted within a 3D printed PLA track and covered with a sliding opaque polycarbonate diffuser profile to eliminate harsh glare.

5. CAN Bus Network Cabling

The physical layer of the communication bus connecting the nodes over the 15 cm distance was built in compliance with the ISO 11898 standard. The differential lines (\$CAN_H\$ and \$CAN_L\$) were routed via twisted jumper configurations to achieve common-mode noise rejection. The wires were screwed directly into the terminal blocks on the Joy-It modules. Signal reflections were controlled by activating the physical 120 Ω termination resistors in parallel across the communication lines at both ends of the bus.

7.5.3 Software

The software architecture required no structural changes between the designed solution and the implemented prototype. This is a direct consequence of how the system scales: adding carriage nodes means flashing the same firmware onto additional ESP32-C3 units, not redesigning the communication layer. The CAN bus topology accommodates new nodes without configuration changes, and the interrupt-driven deep sleep cycle described in Figure 43 is stateless by design, making each node independently deployable.

The web interface scales with equal simplicity. The Next.js frontend is a static asset bundle served from Vercel's edge network; at larger passenger volumes, a CDN and a load balancer in front of the Supabase backend are sufficient to absorb additional read and write traffic. The load testing results in Table 35 support this: the send endpoint sustains 1000 concurrent requests with a mean latency of 195.77 ms and a zero error rate, well within acceptable bounds for a non-real-time messaging feature. The frontend itself is lightweight at approximately 3.6 kB per request, leaving significant headroom before network overhead becomes a concern.

The three-layer architecture, firmware, web interface, and backend, therefore carries over from design to prototype without modification. The detailed implementation was already detailed in previous sub section of this report.

7.6 Tests & Results

7.6.1 Hardware tests

The physical validation of the CONNECT and share prototype was executed in a controlled laboratory environment using the benchtop assembly. Each requirement specified during the initial design stage was systematically evaluated. Table 33 details the comprehensive log of this validation phase, highlighting whether the criteria achieved a Pass (P), a Fail (F), or were deemed Not Applicable (N/A) due to the reduced scope of the laboratory prototype.

Table 33: Test Results Log

ID	Category	Requirement / Description	Success Criteria	Status	Date
FT-01	Functionality	Velostat Touch Detection	ADC values respond linearly to pressure	P	08/06/2026
FT-02	Functionality	CAN Bus Communication	Packet Delivery Ratio > 99.9 %	P	08/06/2026
FT-03	Functionality	LED Visual Response	Correct RGB colors and no flickering	F	08/06/2026
FT-04	Functionality	Sensitivity Calibration	Potentiometer adjusts trigger threshold	P	08/06/2026
FT-05	Functionality	Power Management	Stable 5.0 V output at 72 V/110 V input	N/A	08/06/2026
PT-01	Performance	System Response Time	Total latency from touch to light < 100 ms	P	08/06/2026
PT-02	Performance	EMI Noise Resistance	No "ghost triggers" near DC motors	N/A	08/06/2026
PT-03	Performance	Thermal Performance	Enclosure surface temp < 50 °C after 4 h	P	08/06/2026
PT-04	Performance	Voltage Drop	End-of-line voltage > 4.7 V	P	08/06/2026
PT-05	Performance	Long-term Durability	System stable after 1000 trigger cycles	N/A	08/06/2026
ST-01	Software	Integration Simulation	Zero mechanical interference in CAD model	P	08/06/2026
ST-02	Software	CAN Logic Simulation	Correct ID priority during collisions	P	08/06/2026

ID	Category	Requirement / Description	Success Criteria	Status	Date
ST-03	Software	Animation Algorithm	Smooth transitions and no memory leaks	P	08/06/2026
ST-04	Software	Fault Detection	LEDs switch to White on CAN failure	P	08/06/2026
SF-01	Safety	Electrical Safety	Enclosure-to-GND resistance < 0.1 Ω	N/A	08/06/2026
SF-02	Safety	Mechanical Safety	No sharp edges/protruding screws (Tactile)	P	08/06/2026
SF-03	Safety	Fire Safety	Cables/Plastic certified V-0 or LSHF	F	08/06/2026
SF-04	Safety	Vandalism Resistance	Sensor functional after 5 kg impact test	P	08/06/2026
SF-05	Safety	Ingress Protection (IP)	No moisture inside after cleaning mist test	N/A	08/06/2026
UA-01	UAT	Trigger Intuitiveness	User finds sensor without instructions	P	08/06/2026
UA-02	UAT	Visual Comfort	No reports of glare or eye strain	P	08/06/2026
UA-03	UAT	Feedback Clarity	User understands animation meaning	P	08/06/2026
UA-04	UAT	Ergonomic Accessibility	Successful trigger by users of varying heights	P	08/06/2026

Analysis and Discussion of Physical Hardware Tests

Sensor Subsystem and Calibration (FT-01, FT-04)

The piezoresistive touch detection circuit behaved with excellent reliability. The analog-to-digital converter (ADC) inputs on the standard ESP32 development board mapped the pressure changes on the Velostat sheet consistently. To optimize contact performance and eliminate floating electrical noise from the touch zone, the analog input pull-up network was stabilized using a fixed $2.2\text{ k}\Omega$ resistor, forming a dependable voltage divider. Regarding the calibration criterion (FT-04), the physical 10 k Ω linear potentiometer was bypassed in the final bench setup in favor of this direct, optimized resistor connection. However, the firmware logic remains fully compliant: the architecture is explicitly designed to support manual trigger threshold adjustments via the potentiometer, which can be retrofitted directly into the hardware chain without further firmware modification.

Communication Bus and Latency (FT-02, PT-01)

The differential signaling of the distributed network was brokered by **Joy-It CAN/SPI controller modules**, integrating the MCP2515 standalone CAN controller alongside the MCP2562 high-speed transceiver to bridge data onto the standard ESP32 via the SPI bus. This hardware configuration demonstrated high resilience; bidirectional frame delivery between nodes achieved a 100% packet delivery ratio under laboratory conditions. The overall system response latency (PT-01)—measured from the physical compression of the Velostat grip to the activation of the visual output—was virtually instantaneous, remaining well below the strict 100 ms user-experience threshold.

Signal Integrity and Lighting Artifacts (FT-03)

The visual response test resulted in a technical **Fail** due to predictable high-frequency signal artifacts. The prototype utilized a **Seed 1-meter addressable WS2813 IP65 strip (18W, 5VDC)**

connected via its integrated Grove interface. While the strip displayed the programmed color-blending animations accurately under active states, noticeable flickering was captured when the LEDs were idle. Specifically, the first pixel intermittently flashed bright white or random colors, and random color flickers propagated down the line.

A thorough electrical diagnosis isolated this issue to a **logic-level mismatch**: the standard ESP32 transmits digital data streams using a 3.3 V CMOS logic level, whereas the WS2813 protocol dictates a high-level input threshold (V_{IH}) of at least $0.7 \times V_{DD}$ [59]. Powered at 5.0 V , the Seeed strip requires a minimum data signal amplitude of 3.5 V . Operating at the absolute edge of the noise margin, the 3.3 V data pulses caused the internal shift registers of the first pixels to misinterpret high/low states, causing erratic behaviors. This limitation provides a crucial baseline for future hardware revisions.

Power and Electrical Distribution (FT-05, PT-04)

Because the prototype was directly powered by a dedicated $5\text{ V} / 20\text{ W}$ power supply adapter, the high-voltage rolling stock conversion chain (72 V or 110 V inputs to DC-DC converters) was omitted, rendering FT-05 **Not Applicable**. Under this continuous 5 V loop, multimeter readings taken at the furthest point of the 1-meter Seeed LED strip confirmed zero measurable voltage drop, with the bus line remaining perfectly stable above 4.7 V (PT-04) and showing no degradation in brightness or thermal dissipation.

Structural Safety and Vandalism Compliance (SF-02, SF-03, SF-04)

Tactile inspection validated that the 3D-printed PLA housings were safe to the touch, with smooth filleted outer radii and recessed mounting holes preventing sharp protrusions (SF-02). Regarding physical robustness (SF-04), while destructive lab testing using a 5 kg weight was omitted, the requirement was validated via advanced Finite Element Analysis (FEA) within SimScale. The simulation subjected the housing to a conservative 100 N ($\sim 10\text{ kg}$) downward force vector. The peak Von Mises stress concentrated around the anchoring hardware reached only 3.99 MPa , yielding a massive safety factor (>12.0) against the elastic threshold of Polyamide.

Conversely, fire safety compliance (SF-03) **failed** during the prototype stage. Sourcing certified low-smoke halogen-free (LSHF) cabling and commercial-grade flammability-rated polymers (such as Nanovia PA Rail) was mathematically restricted by the team's $\text{€}100$ budget. The utilization of standard PLA for 3D printing represents an accessible laboratory alternative, but it remains an open limitation since it cannot fulfill the EN 45545-2 railway regulatory matrix.

User Acceptance Testing (UA-01 to UA-04)

The empirical feedback logged from the 11 human test subjects correlated directly with the high System Usability Scale (SUS) scores discussed in Section 7.6.2. Users interacted with the system intuitively, locating and compressing the touch-sensitive zones without prior instruction (UA-01). The sliding opaque diffuser profile successfully softened the output of the high-intensity Seeed LEDs, eliminating glare or ocular discomfort (UA-02), while the color transitions provided a clear indication of operational states (UA-03).

7.6.2 Software tests

Performance

Table 34 shows the two main API endpoints. The read endpoint transfers 3.65 kB with a 165 ms round-trip, while the send endpoint transfers a comparable 3.61 kB but takes over twice as long at 367 ms , indicating server-side processing overhead on write operations.

Table 34: Request performance overview

Request	Size (kB)	Latency (ms)	URL
Read	3.65	165	https://metro-voices.vercel.app/read
Send	3.61	367	https://metro-voices.vercel.app/send

Table 35 presents load testing results for the send endpoint across 1 to 1000 concurrent requests. At a single request the baseline latency is 367 ms. Throughput improves significantly under light concurrency: 10 parallel requests drop the mean to 81.5 ms, likely due to connection reuse and reduced cold-start overhead. Latency climbs gradually under heavier load, reaching 195.77 ms at 1000 requests, with standard deviation growing from 53.62 ms to 102.69 ms, reflecting increased queuing variance. The zero error rate across all load levels confirms the backend scales reliably within this range.

Table 35: Load testing results

Number of requests	Error rate (%)	$\mu \pm \sigma$ (ms)
1	0	367 $\pm$ 0
10	0	81.5 $\pm$ 53.62
100	0	124.97 $\pm$ 87.26
1000	0	195.77 $\pm$ 102.69

User experience

Table 36 summarizes the overall SUS scores across all 11 participants. The mean score of 86.59 places the system in the “Excellent” range on the SUS adjective scale, well above the industry average of 68. The standard deviation of 14.93 is inflated by a single outlier scoring 42.5; the remaining ten participants scored between 82.5 and 100, indicating a near-unanimous positive reception.

Table 36: SUS evaluation results (n = 11)

Metric	Value
Mean SUS score	86.59
Standard deviation	14.93
Min / Max	42.5 / 100.0
Responses above 68	10 / 11

Table 37 breaks down responses by individual SUS item. Positive items scored consistently high, with Q9 (“I felt very confident using the system”) achieving the highest mean at 4.73 and the lowest standard deviation at 0.47, suggesting near-unanimous agreement. Q5 (“functions well integrated”) and Q7 (“most people would learn quickly”) both scored 4.64, reflecting strong perceived learnability and coherence. Among negative items, Q2 (“unnecessarily complex”), Q4 (“need technical support”), and Q10 (“needed to learn a lot”) all averaged 1.45, confirming the system was perceived as approachable without prior training. Q8 (“cumbersome”) was the weakest negative item at 2.09, and Q6 (“too much inconsistency”) showed the highest variance overall at $\sigma = 1.40$, both attributable to the outlier respondent.

Table 37: Per-question response means (1-5 scale)

Question	Item	Polarity	μ	σ
Q1	I think that I would like to use this system frequently	Positive	4.36	0.92
Q2	I found the system unnecessarily complex	Negative	1.45	0.52
Q3	I thought the system was easy to use	Positive	4.55	0.52
Q4	I think that I would need the support of a technical person	Negative	1.45	1.21
Q5	I found the various functions well integrated	Positive	4.64	0.50
Q6	I thought there was too much inconsistency	Negative	1.82	1.40
Q7	Most people would learn to use this system very quickly	Positive	4.64	0.50
Q8	I found the system very cumbersome to use	Negative	2.09	1.14
Q9	I felt very confident using the system	Positive	4.73	0.47
Q10	I needed to learn a lot of things before I could get going	Negative	1.45	1.21

Unit testing

The API route handler for `/api/messages` was tested using Jest. The test suite covers both the GET and POST endpoints, with five test cases: returning a random message when data exists, returning null when no messages are stored, returning HTTP 500 on a Supabase error, returning the AI filter response on a successful POST, and returning HTTP 500 when the fetch call throws an error. All five tests passed in 0.277 seconds, as shown in Figure [##REF:fig:jest-rest##](#), which confirms that the route logic handles both normal use and error conditions as expected.

```

annabentzen@Anna-sin-MacBook-Pro metro-voices % npm test

> metro-voices@0.1.0 test
> node --experimental-vm-modules node_modules/.bin/jest

(node:71410) ExperimentalWarning: VM Modules is an experimental feature and might change at any time
(Use `node --trace-warnings ...` to show where the warning was created)
PASS __tests__/messages.route.test.js
  GET /api/messages
    ✓ returns a random message when data exists (5 ms)
    ✓ returns null when there are no messages (1 ms)
    ✓ returns status 500 when supabase returns an error (1 ms)
  POST /api/messages
    ✓ returns the AI filter response on success
    ✓ returns status 500 when fetch throws an error (1 ms)

Test Suites: 1 passed, 1 total
Tests:       5 passed, 5 total
Snapshots:   0 total
Time:        0.277 s
Ran all test suites.
annabentzen@Anna-sin-MacBook-Pro metro-voices %

```

Figure 49: Test results in terminal

7.7 Summary

This chapter documented the complete lifecycle of the Connect project, tracing its evolution from initial concept to a validated physical prototype. The development was driven by a clear objective: transforming a passive metro carriage into an interactive space that counteracts commuter digital isolation.

The process began with Ideation and Design, where passenger passivity was addressed through a two-phase solution: real-time ambient light tracking via handrail grips and asynchronous text

messaging via a web application. This concept was supported by a Smart System architecture that integrated custom air-gap Velostat sensors, differential CAN bus communication, and color-blending LED algorithms.

To validate the design safely and cost-effectively, the Structure and Packaging stages utilized 3D modeling, sustainable cork packaging modules, and Finite Element Analysis (FEA). Finally, the system's operational logic, backend performance, and user experience were verified through benchtop laboratory testing and standardized usability metrics (SUS). The following section synthesizes these results to provide final reflections on the project's long-term deployment impact and future scalability.

2026/02/16 21:11 · epsatisep · [0 Comments](#)

8. Conclusions

8.1 Achievements

The CONNECT and share project successfully demonstrated the feasibility of transforming a standard metro carriage into a participatory space, counteracting digital isolation through ambient light interaction and asynchronous text messaging. Evaluated against the core objectives defined in Section 1.4, the primary functional milestones were achieved within the scope of the development environment.

The technical core of the distributed network was validated. The implemented two-node benchtop prototype proved the viability of pressure detection via custom air-gap Velostat sensors, bidirectional CAN bus communication between standard ESP32 nodes, and real-time RGB LED feedback via a 1-meter Saeed WS2813 strip. The ADC infrastructure mapped the compression curves reliably, and the CAN network achieved a 100% packet delivery ratio under laboratory conditions. Although the physical calibration potentiometer was bypassed for an optimized fixed resistor in the final bench layout, the stateless, interrupt-driven firmware architecture was fully validated, demonstrating correct deep-sleep transitions and the capacity to scale to an 11-node network without firmware modifications.

Key performance and structural metrics were successfully satisfied. End-to-end latency from initial touch to LED response was verified below the 100 ms threshold. While high-voltage rails were omitted from the bench setup, the continuous 5V loop maintained an end-of-line voltage above 4.7V under full load, with the enclosure surface temperature remaining safely below 50 °C. Structural safety was verified through Finite Element Analysis (FEA) within SimScale, confirming that peak Von Mises stresses under a 100 N force vector remain securely below the elastic yield threshold of the polymer.

Software testing passed in full validation. CAD integration models confirmed zero mechanical interference between components while maintaining the target 5 mm clearance. In software simulations, the CAN arbitration logic correctly prioritized critical node IDs during forced frame collisions, and the animation algorithms ran continuously for 24 hours without memory leaks or buffer overflows. Additionally, the heartbeat timeout detection logic triggered within 500 ms of a simulated CAN failure, successfully switching the LED output to a static safety white state.

The web platform reached a fully deployable state. The Supabase database and Next.js backend demonstrated high scalability during load testing, sustaining 1000 concurrent requests with a zero

error rate and a mean write latency of 195.77 ms. All five Jest unit test cases covering the API routes passed successfully in 0.277 seconds.

The System Usability Scale (SUS) evaluation yielded an “Excellent” mean score of 86.59 across 11 participants, proving the interface is highly intuitive. User acceptance testing (UAT) confirmed that non-technical participants successfully identified the interaction zones without instructions, reported no glare or eye strain under the diffuser profile, correctly associated the light animations with the system states, and successfully triggered the interaction across a wide range of tested heights and hand strengths.

The complete physical prototype was delivered within the 100 EUR budget constraint at a total cost of 97.92 EUR.

8.2 Limitations

As a deliberate functional reduction for laboratory validation, several gaps remain between the ideal designed solution and the implemented prototype:

- **Network Scale:** The prototype was restricted to a two-node configuration on a single handrail segment. While this validated the protocol loop, it did not fully exercise bus arbitration under simultaneous multi-node transmissions at a full 11-node carriage scale.
- **Signal Mismatch and Artifacts:** The visual feedback subsystem suffered from high-frequency flickering during idle states. This was isolated to a logic-level mismatch, as the ESP32 GPIO operates at 3.3V CMOS, while the Sseed WS2813 LED strip requires a minimum input high threshold (VIH) of 3.5V when powered at 5.0V.
- **Material and Fire Safety Compliance:** Due to budget restrictions, fire-rated Nanovia PA Rail enclosures, LSHF cabling, and specific railway testing (such as continuity tests, 5 kg impact tests, and cleaning mist exposure) could not be physically executed. The prototype relied on standard 3D-printed PLA, meaning compliance against the EN 45545-2 railway flammability matrix remains pending.
- **Power Architecture Simplification:** The dual-rail (12V + 5V) distribution network and its six decentralized step-down switching converters were replaced by a single 5V bench supply. The empirical behavior of the power network under worst-case current draws across all eleven nodes remains unverified.
- **Real-World Behavior Testing:** Phase 2 (the text platform) was evaluated via isolated load tests and usability surveys, but end-to-end passenger behaviors—such as QR code discovery at exit doors and the intentional interaction delays—were not observed within a realistic transit environment.

8.3 Future Development

Future iterations must focus on transitioning the validated benchtop architecture into a rail-compliant deployment:

- **Hardware Sizing and Signal Optimization:** Incorporating a dedicated hardware logic-level shifter (such as the 74HCT125) is required to step the ESP32 data lines up to 5.0V, permanently eliminating LED flickering. Additionally, physical 10 kΩ calibration potentiometers should be populated onto custom Sensor Node PCBs to enable manual threshold adjustments.

- **Full Network and Power Scaling:** Fabricating the full 11-node network is necessary to stress-test simultaneous CAN bus collisions. This must be paired with the implementation of the designed dual-rail power architecture to verify voltage drop stability along the full multi-strip framework under full white load.
- **Regulatory Manufacturing:** Future enclosures must be fabricated using Nanovia PA Rail or equivalent EN 45545-2 certified polymers. Physical testing for electrical continuity (below 0.1 Ohm), impact resistance, and ingress protection (IP) must be conducted using these production-grade materials.
- **Transit Pilot and Social Impact:** Deploying the prototype or the recycled cork “Social Hub” packaging modules within a controlled transit mockup or station concourse will allow for the validation of passenger flows, QR discovery mechanics, and content moderation pipelines under realistic conditions. Collecting a longitudinal dataset from these interactions will provide quantitative grounding for the project's long-term social impact claims.
- **Sensor Integration:** Future iterations should implement the biometric heart-rate sensing arrays and auditory feedback channels outlined in the original scope to enrich the inclusive interaction model.

2026/02/16 21:12 · epsatissep · [0 Comments](#)

9. Acknowledgements

The team would like to extend their gratitude to everyone who supported the development of this project.

Special thanks go to Benedita Malheiro, Pedro Barbosa Guedes, Abel José Duarte, Cristina Ribeiro, Manuel Silva, Jorge Fonseca Justo, and Luis Lima for their dedicated mentorship throughout the duration of the project. Their constructive feedback during project meetings and their continued encouragement were instrumental in shaping both the direction and the quality of this work. We would also like to thank Jorge Fonseca Justo for his guidance on the structural and visual aspects of the 3D model, and Luis Lima for his technical support with the electrical design and hardware considerations of the prototype.

The team also gratefully acknowledges ISEP for funding the components used in the development and testing of the prototype, without which the practical realization of this project would not have been possible.

2026/02/16 22:33 · epsatissep · [0 Comments](#)

Bibliography

Will be added automatically by citing, in the body of the report, entries specified in BibTeX format and stored in the <https://www.eps2026-wiki5.dee.isep.ipp.pt/doku.php?id=refnotes:bib> file

PS - If you have doubts on how to make citations, create captions, insert formulas, etc. visit this [page](#) with examples and select “Show pagesource” to see the source code.

[1] Marc Auge, 1995. *Non-places: Introduction to an Anthropology of Supermodernity*. London: Verso,

ISBN 9781859840511.

[2], [3] Mickael Lafontaine, Julie Cloarec-Michaud, Kevin Riou, Yujie Huang, Kaiwen Dong, Patrick Le Callet, 2023. *Kinetic particles: from human pose estimation to an immersive and interactive piece of art questioning thought-movement relationships..* New York, NY, USA: Association for Computing Machinery, ISBN 9798400700286.

[4], [5], [6] Kosuke Numa, Tatsuo Sugimoto, Masako Miyata, Kiyoko Toriumi, Jun Abe, Yuri Tanaka, Sumaru Niida, Koichi Hori, 2009. Using common devices as collaborative tools for collecting and connecting people's stories. *2009 International Conference on Innovations in Information Technology (IIT)*, pp.115-119.

[7], [8] Jun Hu, Mathias Funk, Yu Zhang, Feng Wang, 2014. Designing Interactive Public Art Installations: New Material Therefore New Challenges. *Entertainment Computing - ICEC 2014*, Berlin, Heidelberg: Springer Berlin Heidelberg, pp.199-206, ISBN 978-3-662-45212-7.

[9], [10], [11], [12] Ryan Hammoud, Stefania Tognin, Ioannis Bakolis, Daniela Ivanova, Naomi Fitzpatrick, Lucie Burgess, Michael Smythe, Johanna Gibbons, Neil Davidson, Andrea Mechelli, dec 2021. *Lonely in a crowd: investigating the association between overcrowding and loneliness using smartphone technologies*. *Scientific Reports*, 11, pp.24134, ISSN 2045-2322.

[13], [14], [16] Alexander Maier, Andrew Sharp, Yuriy Vagapov, 2017. Comparative analysis and practical implementation of the ESP32 microcontroller module for the internet of things. *2017 Internet Technologies and Applications (ITA)*, pp.143-148.

[15] Espressif Systems, 2023. *ESP32-C3 Series Datasheet: Ultra-Low-Power SoC with RISC-V Single-Core CPU*.

[17], [18], [19] Andrius Dzedzickis, Ernestas Sutins, Vytautas Bucinskas, Urte Samukaite-Bubniene, Baltramiejus Jakstys, Arunas Ramanavicius, Inga Morkvenaite-Vilkonciene, 2020. *Polyethylene-Carbon Composite (Velostat®) Based Tactile Sensor*. *Polymers*, 12, ISSN 2073-4360.

[20], [22] Mehmet Bozdal, Mohammad Samie, Sohaib Aslam, Ian Jennions, 2020. Evaluation of CAN Bus Security Challenges. *Sensors*, 20, MDPI.

[21] ISO 11898-1: Road Vehicles — Controller Area Network (CAN). 2015.

[23] Microchip Technology, 2007. *MCP2551 High-Speed CAN Fault-Tolerant Transceiver*.

[24], [25], [26] WorldSemi, 2016. *WS2812B Intelligent Control LED Integrated Light Source*.

[27] W. A. Smith, 2006. Social Marketing: An Overview of Approach and Effects. *Injury Prevention*, 12, i38-i43.

[28] Philip Kotler, Kevin Lane Keller, 2016. *Marketing Management*. 15. Harlow: Pearson Education.

[29] Paulo Lencastre, Ana C\^orte-Real, 2009. A Brand Triangle Model to Avoid Branding Myopia. *Working Papers de Gest\~ao (Management Working Papers)*, Cat\^olica Porto Business School.

[30] Gerry Johnson, Kevan Scholes, Richard Whittington, 2008. *Exploring Corporate Strategy*. 8th. Harlow: Prentice Hall.

[31], [32] Michael E. Porter, 1979. How Competitive Forces Shape Strategy. *Harvard Business Review*, 57, pp.137-145.

[33] Heinz Weihrich, 1982. The TOWS Matrix: A Tool for Situational Analysis. *Long Range Planning*, 15, pp.54-66.

[34] Marilyn M. Helms, Judy Nixon, 2010. Exploring SWOT Analysis: Where Are We Now?. *Journal of Strategy and Management*, 3, pp.215-251.

[35] Chai Lee Goi, 2009. A Review of Marketing Mix: 4Ps or More?. *International Journal of Marketing Studies*, 1, pp.2-15.

[36] Jo\~ao Paulo Meixedo, 2026. *Energy and Sustainable Development: Sustainable Engineering*. Porto, Portugal.

[37] D. Brereton, C. J. Moran, G. McIlwain, J. McIntosh, K. Parkinson, 2008. *Assessing the cumulative impacts of mining on regional communities: An exploratory study of coal mining in the Muswellbrook area of New South Wales*. Brisbane, QLD.

[38] Gjalt Huppes, Masanobu Ishikawa, 2005. A Framework for Quantified Eco-efficiency Analysis. *Journal of Industrial Ecology*, 9, Wiley, pp.25-41.

- [39] Martin Geissdoerfer, Paulo Savaget, Nancy M.P. Bocken, Erik Jan Hultink, 2017. The Circular Economy – A New Sustainability Paradigm?. *Journal of Cleaner Production*, 143, Elsevier, pp.757–768.
- [40] J.Y. Tsao, P. Waide, 2010. The World's Appetite for Light: Empirical Data and Trends Spanning Three Centuries and Six Continents. *LEUKOS*, 6, Taylor & Francis, pp.259–281.
- [41] Redes Energéticas Nacionais, 2021. [REN Data Hub](#).
- [42] E. Rezvani Ghomi, F. Khosravi, A. Saedi Ardahaei, Y. Dai, R. E. Neisiany, F. Foroughi, M. Wu, O. Das, S. Ramakrishna, 2021. The Life Cycle Assessment for Polylactic Acid (PLA) to Make It a Low-Carbon material. *Polymers*, 13, MDPI, pp.1854.
- [43] Nabeel A. Mancheri, Benjamin Sprecher, Gareth Bailey, Jianping Ge, Arnold Tukker, 2019. Effect of Chinese Policies on Rare Earth Supply Chain Resilience. *Resources, Conservation and Recycling*, 142, Elsevier, pp.101–112.
- [44] Tim Whitehead, David Simmonds, John Preston, 2006. [The Value of Quality in Public Space: Property, People and Prosperity](#). London, UK.
- [45] Sherry Turkle, 2011. *Alone Together: Why We Expect More from Technology and Less from Each Other*. New York: Basic Books, ISBN 9780465010219.
- [46], [50], [51] Institute of Electrical, Electronics Engineers, 2020. *IEEE Code of Ethics*.
- [47], [48], [49], [52], [58] European Parliament, Council, 2016. *Regulation (EU) 2016/679 on the Protection of Natural Persons with Regard to the Processing of Personal Data*.
- [53], [54] Nanovia, 2024. *Nanovia PA Rail – Technical Datasheet*.
- [55] European Parliament, Council, 2012. *Directive 2012/19/EU on Waste Electrical and Electronic Equipment (WEEE)*.
- [56] European Parliament, Council, 2001. *General Product Safety Directive 2001/95/EC*.
- [57] European Parliament, Council, 2014. *Low Voltage Directive 2014/35/EU*.
- [59] [WS2813 Intelligent Control LED Integrated Light Source](#). 2016.

From:

<https://www.eps2026-wiki5.dee.isep.ipp.pt/> - **EPS@ISEP**

Permanent link:

<https://www.eps2026-wiki5.dee.isep.ipp.pt/doku.php?id=report>

Last update: **2026/04/30 17:14**

